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VOLUME 23, NUMBER 28

WEDNESDAY, APRIL 7, 1999

FIFTY CENTS

Former retail store now a 'Save' Mart

Collinsville church opens new facility

By Nicole Vaughn
Staff writer

The goal of the former Sav-Mart store in Collinsville was to save money for its visitors.

METRO EAST The building's new occupants are interested in a different kind of savings.

"I keep saying I'm going to make it 'Save' Mart," said the Rev. Jerry Casey, pastor of Midwest Community Church.

The 6-year-old congregation last fall renovated and moved into 17,000 square feet of

leased space in the commercial complex at 9500B Collinsville Road. The church is next door to the Home Improvement Warehouse, with which it shares common space.

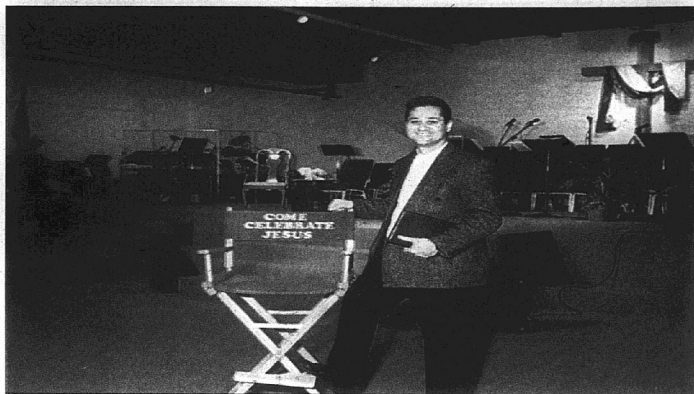
"They're in the home improvement business, we're in the soul improvement business," Casey said. "If God wants to have a church, he can do it anywhere. Just look at this."

Look indeed. Bright walls, decorative trims and borders, new carpeting, and a large, open sanctuary are just a few of the amenities the refurbished warehouse offers in its new life as a non-denominational church.

"And you've got a ceiling like this when you go to Wal-Mart," Casey said, pointing to the exposed metal high above him. "And that's OK. A church isn't a building — it's the people in it."

The people in this church come from all over the area. In addition to Collinsville and nearby Caseyville, members hail from Maryville, Troy, Belleville, Fairview Heights, O'Fallon, Granite City, Edwardsville, Glen Carbon, East St. Louis and even Mascoutah and Columbia. The church had been

See CHURCH, Page 5A



John Swistak Jr. photo

Rev. Jerry Casey, pastor of Midwest Community Church in Collinsville, stands in front of the bandstand at the former Sav-Mart store in Collinsville. The store was recently converted into a new facility for the church, which draws members from throughout the Metro East area.

Venice voters go to polls for school, park board

Recent education controversies may make election interesting for residents

By Scott Cousins
Staff writer

Venice voters will be going to the polls April 13 to elect candidates for the Venice School Board and Venice Park District. The School Board election is

expected to be especially interesting in the light of recent controversy over Venice School Superintendent James Doughty and the board's actions.

Voters throughout Madison County will be going to the polls in the first consolidated elections for all municipalities and boards.

In the Venice School District, five candidates are seeking three positions on the board. Incumbents Metro Pierson, Tyrone G. Echols and William Tyler are being challenged by newcomer Linda Matkins and Venice Alderman and former board member Ruby Johnson. Only one candidate, Matkins, 36, submitted information on

her campaign. She is a phlebotomist employed with Tri-Labs at St. Elizabeth Hospital in Belleville. Matkins is a graduate of Venice High School and is married to James Matkins. The couple have three children. "I would like to take part in the decision-making of the future of our school," Matkins

said. "As a parent, I am concerned about the future and well-being of the children and I would like to give something back to the school, if only my time." Matkins said she is an active member of the PTA, and if elected, would "make the best decisions I can" to improve the school for the residents

and children.

Voters in Venice will also have to choose between five candidates for three seats on the Park Board. Incumbents Harold Wilson, Joan Silas and Ricky Williams will face challenges from Celestine

See VENICE, Page 2A

IRS working on building friendly image

Office manager: We're not as intimidating today as we used to be

By Scott Cousins
Staff writer

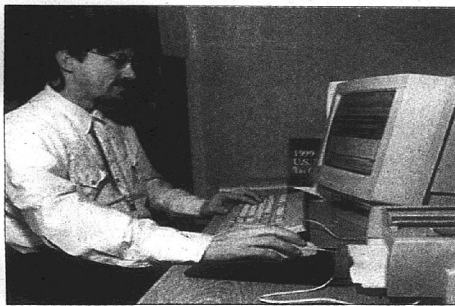
TAXES It's a sunny day, so what do you do, go outside or do your taxes? As April 15 approaches, people who opted to avoid working on their returns will be rushing around to make the filing deadline, and many of them will need help from the Internal Revenue Service. Never a popular agency, the IRS has made a strong effort to project a more friendly, customer-oriented image. And while there are still complaints and people still get nervous, the IRS appears to be succeeding, said Richard Knowles, a group manager at

the agency's Fairview Heights office, located at 13 Executive Drive, Suite 4. "We're really trying," he said. "We've had tons of training this year." Knowles said much of their work at the office is helping people file electronically and answering questions via e-mail. So far this year, he said they have filed 900 returns electronically and have stopped keeping track of walk-in customers. "We are busier this year than we've ever been," he said. Knowles said the agency — which was recently criticized very harshly by legislators and the media for overly aggressive collection tactics in some areas — is trying to change its mind-set.

"We have always been on the side of criticizing," he said. "We audit, we find things wrong." Now, he said, the agency is trying to solve problems. As an example, he said there have been major improvements with the agency's 800-number lines. "When you call the 800 number, if more you are on hold for 10 minutes, you are given the option to continue to hold or make a voice recording," he said. Someone will then research the question and get back to them as quickly as possible. "The idea is that you're not hanging on the phone lines forever," he said. E-mail is also becoming more popular for questions, and the agency is making a

major effort to respond. "If you ask a question on e-mail, our goal is to answer in two days," he said. Late last Wednesday afternoon, he said the oldest question they had not answered was from 2:30 p.m. that day. Knowles said he expects the office to be very busy over the next week. "Every day there is a warm sunny day, people don't fill out their taxes; that's just human nature," he said. The office is open from 8 a.m. to 4:30 Monday through Friday, and office hours will be extended to 7 p.m. Monday, April 12 through Thursday, April 15. Knowles said they have

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John Swistak Jr. photo
IRS agent Mike Gilmore of O'Fallon answers e-mailed questions at the IRS' web page in the Fairview Heights office recently.

Granite City Journal

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By Scott Cousins
Staff writer

GRANITE CITY Three men including two from Granite City — were charged after being arrested in a series

of drug raids last week that shut down a smuggling operation that brought in an estimated \$200,000 worth of cocaine and marijuana each month to Jersey and Greene counties. Police said last week that they also expected more

arrests to follow. Two of the men, Travis D. Mayes of the 2600 block of E. 23rd Street, Granite City, and Maximino Diaz of Dallas, were charged in Jersey County after being arrested in a buy-bust in New Delhi, about 10 miles north of Alton. Buford

Mitchell, 42, of the 1400 block of Chouteau Place, Granite City, was charged in Madison County. Mayes — who police identified as the suspected

See DRUGS, Page 5A

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Scottish dancers enliven Chouteau seniors meeting

Members: It's not as easy as it looks

By Mike Heli
Staff writer

People who enjoy traditional Scottish dancing would have enjoyed being at Chouteau Township Hall recently.

CHOUTEAU The reason: Members from Dance Calodania were performing a host of classical Scottish dances.

The troupe's performances delighted a roomful of the Chouteau Township Senior Citizens Club, who had gathered for their monthly meeting.

"These kids are really good. I really like seeing the younger ones dance. I got a kick out of them," said Roy Silverstone, 81, of Mitchell.

One member who belongs to the dance club is Mitchell's own Doris LaVelle. LaVelle, 52, said she became interested in Scottish dancing

a little more than two years ago when she saw girls from the dance club perform in Godfrey.

"It looked lively, fun and deceptively easy," LaVelle said. "I learned quickly that it wasn't as easy as it looked. I guess that's why I haven't seen people up there my age hopping up and down."

LaVelle performed a solo called "Flora McDonald's Fancy." After her performance, in which she received a stellar applause, she said she wished more adults would become involved in Scottish dancing.

"It's great aerobic exercise. I think if more people would try it they would like it," LaVelle said.

During the main performance, a handful of girls, ranging in ages 8 to 18, danced to "Barracks Johnny," "The Sword," "Seann Truibhas," "The Highland Fling" and other traditional

Scottish dances. The dances represented Scottish battle victories and stories of passion.

At one point, however, the girls strayed from their classical dancing to an upbeat, rock number that had the seniors tapping their feet and clapping their hands.

Katie Dixon, 18, a member of the club who lives in Alton, said she enjoys dancing to the fast-paced music.

"You can move to it, but it still has that classic Scottish sound," Dixon said. "If it has bagpipes, I like it."

The dance club is under the direction of Sandy Brown, who resides in Manchester but is a native of Aye, Scotland.

Maxine Duniphan, the club's president, said she was honored to have Brown's club entertain the seniors. "We truly enjoyed their performance and the energy they exhibited. They are very talented young ladies."



John Swistak Jr. photo

File these please...

Belleville's Bill Spicer, a tax auditor with the IRS office in Fairview Heights, shows off some of the federal and state income tax forms used to determine taxes. The IRS, after years of being maligned as a cold-hearted, forbidding bureaucracy, is making an effort to become more taxpayer-friendly.

National Library Week '99 using "Titanic" theme to promote books

By Mike Heli
Staff writer

The great ship *Titanic* sank in the cold waters of the North Atlantic Ocean on the night of April 14, 1912, during its maiden voyage.

The sinking, and the circumstances surrounding it, have become the stuff of legend. Even today, as the blockbuster movie proves, the disaster still stirs the imagination.

The *Titanic*'s sinking will be the theme this year as the Granite City Public Library is celebrating National Library Week April 11-17. Bookworms, casual readers or anyone who enjoys a good book who applies for a library card, renews a current card, checks out materials or becomes a member of the Friends of the Library (library supporters) at the main or branch libraries are eligible to sign up for daily prizes and one grand prize.

Daily winners will receive Walter Lord's paperback, "The Night Lives On," a book about the *Titanic*'s sinking. The grand prize winner will receive the 1997 Academy Award-winning movie "Titanic" on videocassette, the movie's soundtrack on compact disc, a commemorative edition of *The New York Times* issue that reported the ship's sinking and an illustrated hardcover book of the disaster.

Granite City Public Library Director Lester McKiernan said the *Titanic* was chosen as this year's theme because of the great interest in library materials relating to the subject.

"We have had numerous materials used by students,

high school and college, for class projects and research papers, even more so since the movie came out," McKiernan said.

In other news, the Summer Library Reading Program will begin June 7 and continue until to Aug. 14. Storytime at the main branch, located at 20th Street and Delmar, will be from 10:30 to 11:30 a.m. At the branch library, located on Johnson Road, it will be from 3:30 to 4:30 p.m.

For more information about the drawing or the summer reading program, call the main branch at 452-6238 or the branch at 452-6244.

Venice voters electing park, school boards

Continued from Page 1A

Williams and Vincent Valentine for three six-year terms.

Wilson, 55, is a lifelong Venice resident. He is a Madison County Sheriff's Deputy with an associate degree in law enforcement and a bachelor's degree in administration of justice.

Wilson — an ordained minister — and his wife, Lois, have three children. In addition to his position on the Park Board, he also serves as a Venice alderman.

Wilson said he wants to complete a "total recreational complex that will benefit all age groups...with year-round activity."

"My strength is having been a public servant for the citizens of Venice, having the integrity and honesty to do the right thing...and knowing people on a one-on-one basis within the community. My qualifications and experience speak for themselves, and I have the educational background to seek out

resources from other agencies."

His specific goals including working toward a multi-purpose building and completing the water slide, and adding a swimming pool and other activities to the park.

Silas, 60, is retired from Dillard's. A lifelong area resident, she and her husband, Howard, have two children. She is a graduate of Madison High School and Hubbard's Business College in St. Louis.

Silas said she is running "to continue to have a responsible leadership for the future development of the park district."

Silas said her qualifications include having served as both vice president and president of the park district for more than 29 years experience in parks and recreation. She plans to "maintain a high quality of recreational programs for the youth, seniors and all citizens, and encourage beautification, safety and good maintenance of park district equipment and buildings."

Valentine, 28, is toll manager

for the McKinley Bridge. He and his fiancée have three children.

"I am seeking this office to make a difference in the appearance of our city park and also to bring life back to our park," he said.

Valentine said he is "young, ambitious and determined to make a difference." He also said he is a "people person" with managerial skills and has worked with area children in sports programs.

"My goal, if elected, is to provide a beautiful park," he said. "(The park would be) a place of peace for the young and the elderly. I would also like to work with other commissioners so that we could provide an environment where families can go and escape the day-to-day troubles of the world."

Incumbent Ricky Williams and Celestine Williams, both Venice aldermen, did not return Suburban Journals questionnaires.

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Bowles keynote speaker at third County Youth Forum

By Curtiss A. Hartley
Staff writer

State Sen. Evelyn M. Bowles will be the keynote speaker at the third Madison County Youth Forum on the campus of Southern Illinois University at Edwardsville on April 12.

The Madison County Youth Forum is a joint effort of the Madison County Youth Board and the Eta Sigma Gamma National Health Education Honorary

Society at SIUE. Young people from all over Madison County will meet to discuss the topic, "How Alcohol Impacts Their Lives, Families and Communities," then will have the chance to come up with recommendations, according to Chae Li Yong of the Madison County Health Department. "It's not just the best students, or just athletes," Yong said. "They're students from all over the county representing a good cross-section of all students.

The young people will meet in smaller groups to talk about the issue, then present their suggestions to a panel of local officials.

The youth will ask the panel if their ideas are feasible and how to make those ideas work, according to Yong. It's a system that has already seen some results.

"It seems like the teen-smoking ordinance was one of the things that was mentioned last year and it was scoffed at," Yong said. "But now we've come a long way. The county board is actually considering it," she said.

The panel is made up of business people, school officials, law enforcement personnel and health care and religious leaders.

The forum will be held in the Morris University Center at SIUE beginning with registration at noon, April 12. Sen. Bowles will speak at 1:10 p.m., before the participants break into small discussion groups for the afternoon. The panel discussion will be held at 6:30 p.m., and is open to the public.

Madison, Fairmount City agree to new boundaries

Deal ends long-standing legal battles between towns

By Scott Cousins
Staff writer

An agreement to set boundaries between the city of Madison and village of Fairmount City was approved by both municipalities Wednesday.

The agreement settles several

years of battles over land, most recently over the former village of National City. "The region can start developing," said Madison Mayor John Hamm. "We don't have to wait two or three years for a lawsuit (to be settled)."

"I think we're at a point now where we can all work together," Fairmount City Mayor Alex Bregen said. "The feuds are over."

Attention has been focused on the area for several years, especially in light of several major recent developments.

First, National City was dissolved after St. Louis National Stockyards evicted residents, a move brought on, in part, by plans to bring strip

clubs and other sex industries into the village.

Then, the stockyards ceased livestock operations in favor of commercial development plans, plans that are still in the process of being developed.

Third, a new \$500 million bridge and the relocation of Illinois 3 are in the development stage, but no funds for construction have been approved.

The two municipalities, in addition to East St. Louis and Brooklyn, have fought for several years over National City land, although Madison and Fairmount City have been the most aggressive.

Both municipalities will approve a more detailed ordinance this week, Madison on Tuesday and Fairmount City Wednesday. The ordinances will then be taken to court in St. Clair County, settling a lawsuit filed by the St. Clair County State's Attorney's office over Madison annexations.

According to the agreement, the boundaries will be squared off along Interstate 55/70 to the south, the Landsdowne Ditch, Cahokia Canal, railroad tracks by the Cotton Belt Railroad and Illinois 3.

The agreement will give Madison exclusive rights to annex property just west of Gateway International Raceway. The land has been sought by the racetrack for use as a parking lot, but is now tied up in court over the Development Authority's use of "quick-take."

However, Madison Mayor John Hamm said the city

would lose any chance of annexing land next to the Mississippi River.

Hamm said one consideration was being able to provide services. "I feel confident that we can give services comfortably," Hamm said.

Fairmount City will get a 300-foot wide strip along the Landsdowne Ditch that will give them direct access to property owned by St. Louis National Stockyards, which they annexed in December.

"Ultimately, the significance is the gain of the land and the potential of the property," Bregen said. "It's so near the river and with the growth at Gateway International Raceway, a new bridge coming through and a new Illinois 3, it's a viable source of income."

He said that it is important to the village because the main source of revenue — the Millard Landfill — is expected to run out of space and close in about 10 years or so.

"We have that much time to develop something, to generate some revenue," he said. "The need we have is for business to generate some kind of revenue to enable us to provide the services."

He said they plan a tax increment financing district for the stockyards area. Although some preliminary work has already started, Bregen said that would accelerate after the ordinances are approved this week.

"It won't happen overnight," he said of development in the area. "We have a very good relationship with those folks out there. We're excited about it; I know the stockyard company is excited about it."

One issue that remains unresolved is last year's attempt by East St. Louis to annex the property west of GIR. While that city passed an ordinance annexing the land, previous overlapping annexations by Fairmount City and Madison would effectively block that.

At least 14 car windows were shattered and interior damage was reported. A strong possibility exists that other vehicles were vandalized without damage being reported.

The vandalism occurred from about 1:15 a.m. to 6:25 a.m. near Wilson Park and north of the park. Nothing was reported stolen from the vehicles, but damage to them was believed to be caused by a rounded object.

According to a police report, two persons heard a window being smashed on Washington Avenue about 1:30 a.m. When they looked from their apartment window, they observed someone running along the street. It is not known if the person was identified.

The report also stated that numerous windows were shattered on Davis and Colgate avenues from about 1:30 a.m. to 3:30 a.m. No one reported seeing the vandalism occur.

Detective Jeff Parker of the Granite City police has been investigating the case. He said he has strong leads and will continue to investigate them until the case is solved.

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Car vandals strike Granite
By Mike Heil
Staff writer

A rash of car vandalism that occurred last Sunday morning is being investigated by Granite City police.

At least 14 car windows were shattered and interior damage was reported. A strong possibility exists that other vehicles were vandalized without damage being reported.

The vandalism occurred from about 1:15 a.m. to 6:25 a.m. near Wilson Park and north of the park. Nothing was reported stolen from the vehicles, but damage to them was believed to be caused by a rounded object.

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Obituaries

Elizabeth L. Ashby

ELIZABETH L. (ULANSKY) ASHBY, 81, of Granite City, died Sunday, April 4, 1999, at Anderson Hospital in Maryville.

Mrs. Ashby was born July 18, 1917, in Madison. She was a co-owner with her husband of Ashby Agencies. After her husband's death, she continued to operate the business as Ashby-Roulund Inc. Mrs. Ashby was a member of Holy Family Catholic Church.

Survivors include her daughters, Judith Modrusis of Granite City and Patricia Byars of Redmond, Ore.; one sister, Alice Ebert of Medford, N.J.; one brother, Albert Ulanski of Annandale, Va.; seven grandchildren; and five great-grandchildren.

She was preceded in death by her husband, William "Ed" Ashby, whom she married Jan. 2, 1938; her parents, Emil and Josephine (Rogalski) Ulanski; and one son, Michael Ashby.

Visitation will be held from 5 to 8 p.m. today, Wednesday, April 7, at Irwin Chapel, 3050 Maryville Road, Granite City.

Services will be held at 10:30 a.m. Thursday, April 8, at the funeral home, with the Rev. Thomas Lieber officiating. Burial will be in Calvary Cemetery in Edwardsville.

Memorials may be made to the Granite City Public Library or St. Jude's Children's Hospital in Memphis, Tenn.

Mose Avalos

MOSE AVALOS, 77, of Pontoon Beach died Friday, April 2, 1999, at his residence.

Mr. Avalos was born Jan. 3, 1922, in Trinidad, Colo. He had been a truck driver for A.E. Stealey Co. and was a U.S. Army veteran.

Survivors include his wife, Kathryn (Lowder) Avalos; one son, Mark Avalos of Florissant, Mo.; one daughter, Cindy Ann of Skokie; three brothers, Sammy Avalos of Colorado Springs, Colo., Tony Avalos of Pueblo, Colo., and Buddy Avalos of Trinidad, Colo.; five sisters, Mary Trujillo, Virginia Sanchez, Daelee Vigil and Simone Mutay, all of Pueblo, Colo., and Cecilia Bolch of Yornant; and three grandchildren, Sonya, McKenzie and Madison.

He was preceded in death by his parents, Joseph and Sade Avalos. Services will be held at 9 a.m. today, Wednesday, April 7, at Werner Chapel in Granite City with the Rev. Francis Tobaguna officiating.

Memorials may be made to Hospice of Southern Illinois.

Emil Butkovich
EMIL A. BUTKOVICH, 83, of Maryville, died Friday, April 2, 1999, at

St. Elizabeth Medical Center in Granite City.



Mr. Butkovich was born Jan. 5, 1916, in Madison. He had been employed by Madison Packing Co. and Star Packing Co. and was a member of St. Cecilia Catholic Church and UFGW Local 655.

Survivors include his wife, Agnes (Meheti) Butkovich; two brothers, Andrew Butkovich of Granite City, and Walter Butkovich of Mitchell; and one sister, Zora Lesko of Mitchell.

He was preceded in death by his parents, Anton and Maria (Noska) Butkovich; and two brothers, Matthew and Rudolph Butkovich.

Services will be held at 10:30 a.m. today, Wednesday, April 7, at St. Cecilia Catholic Church, 155 N. Main, Glen Carbon, with the Rev. Steve Pohman officiating. Burial will be in Calvary Cemetery in Glen Carbon.

Memorials may be made to St. Cecilia Catholic Church. Thomas Memorial Mortuary handled the arrangements.

Nikolas Ely
NIKOLAS L. ELY, 21, of Edwardsville, died Wednesday, March 31, 1999, in South Roxana.



Mr. Ely was born Jan. 13, 1978, in Granite City. He was a student.

Survivors include his mother, Victoria (Kubelka) Ely of Edwardsville; his stepfather, John Piel of Edwardsville; and his fiancée, Monica Davis of South Roxana.

He was preceded in death by his father, Ronald Ely. Services were held Saturday, April 3, at Irwin Chapel in Granite City, with the Rev. Fredrick Wilson officiating. Burial was in St. James Cemetery in Edwardsville.

Memorials may be made to the Humane Society.

Delores Evans
DELORES E. EVANS, 82, of Gillespie, formerly of Granite City, died Friday, April 2, 1999, at Hitz Memorial Nursing Home in Alhambra.

Mrs. Evans was born Oct. 31, 1916, in Bolivar, Tenn. She had been a housewife.

Survivors include her daughter, Emma Carpenter of Pacific, Mo.; four grandchildren; 14 great-grandchildren; and two great-great-grandchildren.

She was preceded in death by her parents, John and Rebecca (Michael) Welch. The remains were cremated. Werner Chapel handled the arrangements.

John Kurosz
JOHN KUROSZ, 74, of Edwardsville, died Wednesday, March 31, 1999, at Sunrise Edwardsville.

Mr. Kurosz was born July 24, 1924, in Madison. He was retired from Laclede Steel in shipping and receiving, and was a member of St. Mary's Catholic Church, PRCU 1004, and AMVETS Post 204. Mr. Kurosz was a World War II U.S. Navy veteran.

Survivors include his sisters, Sophie Petrosky and Frances Kurosz, both of Madison, and Eva Wojcik of Edwardsville.

He was preceded in death by his parents, Sam and Helen (Gleczka) Kurosz; and two brothers, Stanley Kurosz and Joseph Kurosz.

Services were held Tuesday, April 6, at Thomas Memorial Mortuary, Granite City, with the Rev. Jim Koefner officiating. Burial was in Jefferson Barracks National Cemetery.

Memorials may be made to St. Mary's Catholic Church or the Alzheimer's Association of Madison County.

Clarice Laws
CLARICE F. (WOODWARD) LAWS, 68, of Granite City, died Saturday, March 27, 1999, at Colonial Care Center in Granite City.

Mrs. Laws was born Nov. 11, 1930, in Salem, Mo. She was a homemaker and a member of the Baptist faith.

Survivors include her sons, Roger Laws of Granite City and Ronald Laws of Chicago; two daughters, Carole Whitford of Granite City and Kathy Grant of East Alton; five brothers, John Woodward of Edgar Springs, Mo., Lynn Woodward of St. Louis, and Clint Woodward of Lucas, Ky.

She was preceded in death by her husband, Jessie Laws, and her parents, John and Bonnie (Schaefer) Woodward.

Services were held March 31 at Irwin Chapel, 3050 Maryville Road.

Granite City, with the Rev. Bill Fisherkeller officiating. Burial was in Lake View Memorial Gardens.

Memorials may be made to Holy Family Catholic Church.

Jo Lauenner
JO H. LAUENNER, 94, of Granite City, died Friday, April 2, 1999, at Colonial Care Center in Granite City.

Mrs. Lauenner was born June 14, 1904, in Joplin, Mo. She was a homemaker.

Survivors include her daughter, Betty Barr of Pontoon Beach; three grandchildren; four great-grandchildren; and one great-great-grandchild.

She was preceded in death by her husband, Tom and Minnie (Bader) Noe.

Graveside services will be held at noon today, Wednesday, April 7, at Ozark Memorial Cemetery in Joplin, Mo.

Werner Chapel handled the arrangements.

Zelma Norman
ZELMA M. NORMAN, 92, of Granite City, died Friday, April 2, 1999, at Colonial Care Center in Granite City.

Mrs. Norman was born Feb. 17, 1907, in Moark, Ark. She had been an assembler at JP and was a member of Word of the Tabernacle.

Survivors include her sons, Jesse Norman of Granite City and George Norman of DeSoto, Mo.; three daughters, Della Gean of Pontoon Beach, Violet Marcum of Madison and Vera Watson of New Caney, Texas; 13 grandchildren; and 16 great-grandchildren.

She was preceded in death by her husband, Delmar Norman; her parents, George and Mary (Goodman) Singlet; one son, Clarence Norman; two sisters, Dorothy Rice and Thelma Smith; and two brothers, Steve and Delmar Singlet.

Services were held Monday, April 5, at Werner Chapel in Granite City, with the Rev. Henry Crippen officiating. Burial was in Malden Cemetery in Malden.

Lena Reh
LENA E. (GEIGER) REH, 95, of St. Louis, died Sunday, April 4, 1999, at Colonial Care Center in Granite City.

Mrs. Reh was born Dec. 19, 1903, in Belleville. She had been a seamstress and a member of Holy Cross Lutheran Church.

Survivors include her cousins, Gloria Geiger, Alice Geiger and Janet Matcosian, all of Granite City.

James Geiger of Carverville and Sally Buse of Okawville.

She was preceded in death by her husband, Elmer Reh, whom she married in 1924; her parents, Gottfried and Louisa Geiger; and one half-brother, Herschel Bodenheiser.

Visitation will be 10 to 11 a.m. today, Wednesday, April 7, at Irwin Chapel, 3050 Maryville Road, Granite City.

Services will be 11 a.m. today, Wednesday, April 7, at the funeral home, with the Rev. Robert W. Loh officiating. Burial will be in Walnut Hill Cemetery in Belleville.

Memorials may be made to the donor's choice.

Thelma Smith
THELMA F. (SINGLETON) SMITH, 85, of Granite City, died Thursday, April 1, 1999, at Reynolds County Memorial in Ellington, Mo.

Mrs. Smith was born April 29, 1910, in Essex, Mo. She had been a housekeeper at Granite City Steel and St. Elizabeth Medical Center and was a member of Word of Life Tabernacle.

Survivors include her son, Charles Smith of Caseyville; two stepsons, James Smith of Pekin and John Smith of Ellington, Mo.; three stepdaughters, Hazel Sturgeon of Granite City, Elaine Rogers of Nebo and Alberta Rist of King City, Calif.; and several grandchildren, great-grandchildren, and great-great-grandchildren.

She was preceded in death by her husband, Gary Smith, whom she married in 1940; her parents, George and Missouri (Gooden) Singleton; and one daughter, Carrie "Pee Wee" Gresham.

Services were held Tuesday, April 6, at Irwin Chapel in Granite City, with the Rev. Henry Crippen officiating. Burial was in Lake View Memorial Gardens in Fairview Heights.

Cecilia Trachsel
CECILIA (BOCHANTIN) TRACHSEL, 84, of Granite City, died Sunday, April 4, 1999, at St. Elizabeth Medical Center in Granite City.

Mrs. Trachsel was born July 21, 1904, in Dubois. She was a retired nurse assistant for Dr. Harlan and a member of Holy Family Catholic Church, 3rd Order of Saint Francis.

She was preceded in death by her husband, Cary Smith, whom she married in 1940; her parents, George and Missouri (Gooden) Singleton; and one daughter, Carrie "Pee Wee" Gresham.

Services were held Tuesday, April 6, at Irwin Chapel in Granite City, with the Rev. Henry Crippen officiating. Burial was in Lake View Memorial Gardens in Fairview Heights.

Lena Reh
LENA E. (GEIGER) REH, 95, of St. Louis, died Sunday, April 4, 1999, at Colonial Care Center in Granite City.

Mrs. Reh was born Dec. 19, 1903, in Belleville. She had been a seamstress and a member of Holy Cross Lutheran Church.

Survivors include her cousins, Gloria Geiger, Alice Geiger and Janet Matcosian, all of Granite City.

and was a Girl Scout Leader.

Survivors include many nieces and nephews.

She was preceded in death by her husband, Ernest Trachsel Sr.; her parents, Frank and Julianna (Krzibolek) Bochantin; one son, Ernest Trachsel Jr.

Services will be held at 9 a.m. today, Wednesday, April 7, at Holy Family Catholic Church in Granite City, with the Rev. William Fisher officiating. Burial will be in Calvary Cemetery in Edwardsville.

Memorials may be made to the massed to the church or the 3rd Order of the Saint Francis.

Birth forms available
Birth announcement forms are made available to St. Elizabeth's Medical Center in Granite City and Anderson Hospital in Maryville; and they are available at the Press-Record/Journal office, 1815 Delmar, Granite City.

ADVERTISMENT
Arthritis Pain Mystery Solved
Horse Liniment is the secret to relief.

OCAL PL - An ingredient used to treat inflammation in thoroughbred racehorse legs, is now recognized as safe and effective for human use. The ingredient has been formulated into a product called ARTII-Rx™ and comes in a strength designed for humans. Researches are excited and say the formula can relieve arthritis pain for millions.

Developed by the Phillips Gulf Corporation, ARTII-Rx is a breakthrough in the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis, backache and more.

Scientists suggest that ARTII-Rx works by intercepting the pain messenger substance that sends pain signals to the brain. Although the mechanism is not totally clear, pain is relieved in the affected area because the pain signal actually disappears.

ARTII-Rx is the only product on the market with Neurocaine and is available in a convenient, pleasant scented roll-on applicator without a prescription. According to a spokesperson for the company, ARTII-Rx is available in pharmacies, nutrition stores, and even some food stores. ARTII-Rx can also be ordered by calling 1-800-725-1840, 1840 POC.

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and was a Girl Scout Leader.

Survivors include many nieces and nephews.

She was preceded in death by her husband, Ernest Trachsel Sr.; her parents, Frank and Julianna (Krzibolek) Bochantin; one son, Ernest Trachsel Jr.

Services will be held at 9 a.m. today, Wednesday, April 7, at Holy Family Catholic Church in Granite City, with the Rev. William Fisher officiating. Burial will be in Calvary Cemetery in Edwardsville.

Memorials may be made to the massed to the church or the 3rd Order of the Saint Francis.

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Two local men charged in drug imports

Continued from Page 1A

leader of the operation — was charged with unlawful criminal drug conspiracy, unlawful delivery of a controlled substance and two counts of unlawful delivery of cannabis in Jersey County last week. Mayes' bond was set at \$750,000. Diaz was charged with unlawful delivery of a controlled substance, unlawful trafficking and unlawful delivery of a controlled substance. His bond was set at \$500,000. Mitchell was charged with manufacture and delivery of cannabis, possession of a controlled substance, and having no valid Firearm Owners' Identification Card. His bond was set at \$150,000. As of Monday, all three were still in custody. Officers from the South Central Illinois Drug Task

Force, Metropolitan Enforcement Group of Southwestern Illinois, the Illinois State Police, Jersey County Sheriff's Department, and Jerseyville and Granite City police departments participated in the raids.

Police said the group brought in about 10 ounces of cocaine and 200 pounds of marijuana each month for the past three or four months. The drugs, estimated to be about half the cocaine and cannabis were in the Jersey/Greene county area and had a street value of about \$200,000.

Police said the drug shipments apparently originate in Mexico, were brought to Texas, then through a safe house in Granite City. Law enforcement agencies first learned about the group after a Jerseyville officer

arrested someone on an unrelated retail theft charge.

In the first raid, Mayes and Diaz were arrested in a buy-bust in New Delhi. Police seized about 200 grams — about a half-pound — of cocaine, and \$3,000 in cash.

While that raid was in progress, MEGSI, ISP and Granite City officers raided a mobile home in an unincorporated area of Granite City, where Mitchell was arrested. Police seized 10 pounds of marijuana, a small amount of methamphetamine and a handgun.

In the third raid, MEGSI agents executed search warrant on Mayes' home. Agents seized about two ounces of marijuana and \$200. No arrests were made.

Collinsville church opens new facility

Continued from Page 1A

meeting at Gateway Center after losing its lease on a former building in Hollywood Heights.

The members not only worship together, they work together, too. About 290 volunteers — in a church with 225 members — spent eight weeks working on the building. A complete makeover for the enormous building cost just \$60,000 because about 90 percent of the work was donated, Casey said.

Casey estimated that \$5,000 was saved through work by member Tim Redman of Fairview Heights, who built wooden stalls, including the swinging doors, in the restrooms. Del Embrich of Collinsville contributed by doing the plumbing.

Johnson's Carpet, Frost Electric, Lowe's and Home Improvement Warehouse owners Brad Durr and Mark Maggos are some of the commercial contributors who made the project happen. If a church in a warehouse seems somewhat unconventional, it fits Midwest's style. Lights were purchased from a former circus. An air

handler that helps air-condition the building came from atop a grocery store.

A large magnetic board with the message "Please pick up your name tag" greets its members. Dozens of tags, each bearing a member's name, are on it.

Upbeat, contemporary music — some of it live — is a staple. There's also a choir, currently touring to raise money to buy robes.

State-of-the-art lighting and sound systems are accompanied by computer-generated visuals on a giant screen.

"The cinema gave me a great idea with their trailers for (coming attractions)," Casey said. Casey projects messages about Bible study sessions or for groups that include "Women of Virtue" and "Company X," a group for the church's junior high and high school students. Or it may remind members to send a "care card" to a member who is ill or otherwise troubled.

"Jam sessions" for teens, musical productions and a variety of "ministers" who oversee everything from parking to doughnuts to mints are just some of the things Casey uses to make church "fun." Mints and notes are

given to visitors as a friendly, welcoming gesture.

Casey said his approach to religion isn't meant to vie for membership with other churches.

"I'm in competition with the saloons and the strip joints," Casey said. "We need a return in society to morals and ethics and raising children to be good citizens."

"That can be hard with everything going on around us. That's why when people come into a church it should be a haven."

And, for a while, Midwest's haven will be the renovated warehouse. The church is planning to begin construction on acreage half-donated, half-purchased, in about three years, Casey said. The land is near the northbound Interstate 255/270 changeover and on the opposite side of the roadway from the Gateway Industrial Complex.

"For me, (the church) is a tribute to Collinsville," Casey said. "The thing I hate is that my land isn't in Collinsville."

Casey and his family recently moved closer to the future site, from Fairview Heights to Glen Carbon, thanks to the donation of a home to be used as a parsonage.

IRS becoming taxpayer-friendly agency

Continued from Page 1A

copies of most tax forms already available, and what

they don't have in the office can be obtained from either the IRS web site or from CD-ROM.

People needing help can also call toll-free at (800) 829-4477 or visit the IRS web site at www.irs.ustreas.gov.

Phone lines will be staffed for extended hours until Tax Day, April 15.

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GC aldermanic candidates state positions

By Mike Heil
Staff writer

A story concerning the Granite City aldermanic races was published in the March 31 edition of the *Granite City Journal*.

Several candidates for office filled out Suburban Journals questionnaires concerning their positions prior to the publication of the story, but were not received before the story's publication. Here are the responses we received following the publication of the story:

BRENDA WHITAKER, candidate, Fifth Ward: Whitaker, who is running for a four-year term, would support ordinances resulting in stricter laws pertaining to the upkeep of rental properties and support economic projects that would bring new business to Granite City.

TED HOFFMAN, candidate,

Fifth Ward: Hoffman, who is running for a two-year term, would support measures to repair streets and alleys, address drainage problems and support measures for equal distribution of city funds.

Hoffman would also support a policy in which the downtown infrastructure would be restored to attract business and increase job opportunities in Granite City.

LARRY D. RUDDER, candidate, Fourth Ward: Rudder, who is running for a four-year term, would support measures relating to the upkeep of streets and sidewalks and address issues relating to drainage problems and the infiltration of rodents along the railroad tracks in his ward. Safety, trash concerns and creating new business for employment are on the list.

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An early holiday

Granite City Disabled American Veterans Auxiliary 53 recently presented a donation to the Granite City Christmas in April organization to help rehabilitate homes in the Tri-Cities area and in Madison County. DAV Auxiliary treasurer Mary Scarsdale, left, presents the donation to Butch Wojtowicz, Christmas in April Executive Director.

Simplicity best way to start vegetarian diets, group says

By Clayton Berry
Staff writer

Keep it simple. That's the message for people who are making the switch to a vegetarian diet. Many people become vegetarians instantly. Others make the change gradually. People are encouraged to do what works for them. Whatever the case, "The Vegetarian Starter Kit" from People For the Ethical Treatment of Animals (PETA) recommends people changing to a vegetarianism diet should make a simple start.

Experts say new vegetarians should avoid complicated, gourmet vegetarian meals at the beginning. They are encouraged to put a vegetarian spin on favorite meals, like making spaghetti with tomato sauce instead of a meat sauce, experts say.

There are many meat "impostors" available, and most can be found at regular supermarkets. Veggie burgers are popular, but also there are "ham" and "turkey" products made from meatless ingredients. Tofu hotdogs also can be a quick meal.

Vegetarians can find a number of types of meat replacements that can be used in favorite recipes for items such as lasagna and chili.

Tofu is made from soybeans. One of the best-known substitutes, tofu has a bland taste on its own but readily picks up the flavors with which it is cooked. Tofu can be used in nearly every dish and is especially suited for stir-fries.

• TVP, or textured vegetable

protein, is fat-free and has a texture similar to ground beef. It is best used in tacos, chili and spaghetti sauces.

• Seitan is a wheat-gluten protein. It is ideal for hearty dishes such as steaks. • Tempeh is a chewy, meat-like food made from fermented soybeans. It has a nutty, tangy taste and can be used in almost any recipe that calls for meat.

Cahokia Mounds gears up for spring Kahok Dancers, guest speakers on slate for April

By Val McDowell
Staff writer

CAHOKIA MOUNDS

Historic Site is gearing up for its spring schedule. It is highlighted by a performance by the Kahok Dancers, a non-native interpretive Indian-style dancing group, at 2 and 3 p.m. April 18.

The event, which is free and open to the public, takes place at the Interpretive Center Auditorium, 30 Ramsey St.

A free lecture, "Dynamics of Northwest Coast Art: Masks, Totem Poles and Bear Mother," will be presented by Carol Lasky at 2 p.m. April 25, also at the center.

For many years, Lasky

has studied native cultures, specifically those on the Northwest Coast.

Bill Iseminger, a spokesman for the center, said Lasky is a compelling and dramatic professional speaker.

In her talk she discusses how to identify objects from that area, and the meaning of figures and symbols that dominate art from the region," he said.

Another guest speaker, professional story-teller Tilley Dewey, will speak at the center at 2 p.m. Saturday.

"She is a native Cherokee, and will speak on various Cherokee myths and talk extensively about the Cherokee heritage and lifestyle," Iseminger said.

A display titled "Mounds of the Eastern U.S.," continues at the center

"She (Tillie Dewey) is a native Cherokee and will speak on various Cherokee myths and talk extensively about the Cherokee heritage and lifestyle."

Bill Iseminger

Cahokia Mounds State Historic Site

through April 25. It features maps, photographs and other information about the 24 mound sites built by different cultures in the Eastern Woodlands between 3500 B.C. and 1700 A.D.

The exhibit examines Illinois sites, as well as those in other states such as Wisconsin, Iowa, Arkansas, Tennessee and Mississippi. Guided tours are offered Saturdays and Sundays in April, starting at 1:30 p.m. Self-guided tours of the Mounds are available

year-round with assistance of a loaned cassette player or through purchasing a guidebook. The guidebook, available in 13 languages, is on sale in the Museum Shop.

Visitors with disabilities may use a Braille guidebook. A 17-minute video tour of the Mounds may be reviewed upon request at the center.

Cahokia Mounds State Historic Site is administered by the Illinois Historic Preservation Agency.

Judge rules against county in 'horse hotel' lawsuit

By Paul Mackie
Staff writer

A judge has dismissed Madison County's plea to close a "horse hotel" just outside the village limits of Glen Carbon.

Karen Fritchen is the owner of Majestic Stables in the 100 block of Oaklawn Cemetery Road in an unincorporated part of Madison County.

After nearly four years of court battles, she will be able to keep her horses and operate her business.

God-sent. It turned out the way it was supposed to. I can raise my horses and do what I bought the property for," Fritchen said Wednesday.

Since purchasing the property in 1995, Fritchen

and co-owner Ron Stevens have invested thousands of dollars into their arena barn, which is used for riding lessons, breeding and training.

"All this started three weeks after I bought it," Fritchen said. "I haven't been able to give lessons and train my horses for the last three-and-a-half years."

County officials began their investigation after a few neighbors had made complaints about the horses on the 8.6-acre property. At a hearing last year before the Madison County Zoning Board of appeals, most neighbors approved of the stable. Only a few complained about the former owner's alleged inability to keep his horses restrained and land clean.

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Several felony cases filed in Madison County Circuit Court

The following felonies recently were filed in the 3rd Circuit Court in Madison County:

Jack L. McCall, 53, was charged with escape by the Troy Police Department. McCall failed to return from furlough Dec. 10 after a 1998 conviction for aggravated driving under the influence and aggravated driving while his license was revoked. Bond was set at \$30,000.

Kristen K. Martin, 24, was charged with one count of

retail theft over \$150 and one count of retail theft under \$150 by the Highland Police Department. On March 14, Martin allegedly took clothing from Glik's in Highland, and videotapes and clothing from Wal-Mart in Highland. Bond was set at \$30,000.

Kara R. Heath, 27, was charged with one count of retail theft over \$150 and one count of retail theft under \$150 by the Highland Police Department. On March 14, Heath allegedly took clothing

from Glik's in Highland, and videotapes and clothing from Wal-Mart in Highland. Bond was set at \$25,000.

Latosha A. White, 26, was charged with conspiracy and unlawful sale of a firearm by the Madison County Sheriff's Department. White allegedly gave a .25-caliber automatic pistol to Tommie Rounds, a convicted felon, on March 5. Bond was set at \$100,000.

Lakisha R. Steel, 21, was charged with conspiracy by the Madison County Sheriff's

Department. Steel allegedly attempted to gain money for Tommie Rounds March 5 to assist with a planned murder. Bond was set at \$100,000.

Stephen F. Wasser, 20, was charged with theft over \$300 by the Collinsville Police Department. Wasser allegedly took \$340 in cash from another individual Jan. 12. Bond was set at \$30,000.

Marion D. Hartwick, 38, was charged with unlawful possession of a controlled substance by the Pontoon

Beach Police Department. Hartwick allegedly was in possession of less than 15 grams of a substance containing cocaine Dec. 4. Bond was set at \$20,000.

Mark D. Pellazari, 38, was charged with unlawful possession of a controlled substance by the Pontoon Beach Police Department. Pellazari allegedly was in possession of less than 15 grams of a substance containing cocaine Dec. 12. Bond was set at \$20,000.

Robert D. McAninch, 20, was charged with unlawful production of cannabis sativa plants by the Metro East Enforcement Group of Southern Illinois. McAninch allegedly was growing eight cannabis sativa plants in his apartment, located in the 400 block of East Main in Collinsville, June 29. Bond was set at \$15,000.

John E. Hadley, 53, was charged with unlawful possession of a controlled substance by the Madison Police Department. Hadley allegedly was in possession of less than 15 grams of a substance containing cocaine Dec. 6. Bond was set at \$10,000.

Kathy J. Gatewood, 44, was charged with unlawful possession of a controlled substance by the Madison Police Department. Gatewood allegedly was in possession of less than 15 grams of a substance containing cocaine Dec. 4. Bond was set at \$10,000.

Otilio Valencia Jr., 72, was charged with driving while license revoked by the Granite City Police Department. Valencia allegedly was driving on West Pontoon Road in Granite City March 20. A previous conviction for the same offense was based on a 1984 conviction for driving under the influence. Bond was set at \$15,000.

Linda J. Grotz, 49, was charged with unlawful possession of cannabis by the Granite City Police Department. Grotz allegedly was in possession of more than 30 grams but less than 150 grams of cannabis Dec. 18. Bond was set at \$10,000.

Alfred M. Mahan Jr., 19, was charged with retail theft under \$150 (second subsequent offense) by the Granite City Police Department. Mahan allegedly took a pair of women's Nike tennis shoes from Crown Shoes in Granite City Dec. 7. He previously had been convicted of retail theft under \$150 on Nov. 26, 1997. Bond was set at \$25,000.

Carl Allen Bandy, 40, was charged with unlawful possession of a controlled substance by the Granite City Police Department. Bandy allegedly was in possession of less than 15 grams of a substance containing cocaine Jan. 7. Bond was set at \$10,000.

Boy's death leads to fund-raiser

By Paul Mackie
Staff writer

The death of a 2-year-old boy in January saddened his relatives in Glen Carbon, but now some good has come from the tragedy.

Ryan Scott Jacoby of Granite City died after spending two weeks at SSM Cardinal Glennon Children's Hospital in St. Louis. He had a rare form of meningitis called meningococemia that turned his blood brown and his skin purple.

A memorial benefit was held recently at American Legion Post 435 in Glen Carbon. It raised more than \$3,000 to donate to Cardinal Glennon for research into rare childhood diseases.

"There was a pretty good turnout," Sgt. Roger Proffitt of the Glen Carbon Police Department, who was Ryan's uncle.

"After all our expenses, we cleared over \$3,000. We want to have another benefit at the (Cottonwood) bowling alley this spring. We'll try to raise more money before we turn it in," Proffitt said.

There was a silent auction, and Jerry's Catering provided food. There also was a cover charge.

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Glen Carbon officials fear tax caps would badly hurt village

By Paul Mackie
Staff writer

Glen Carbon will likely have to search harder for revenue sources if voters approve "tax caps" on the April 13 ballot, officials say.

MADISON COUNTY

Madison County officials have estimated Glen Carbon will lose between \$38,000 and \$40,000 in the next year if the Property Tax Extension Limitation Law referendum is approved by voters countywide.

"I presume it's going to pass because people are pretty negative on property taxes, and I can understand that," he said.

"In the long run, the community will have to search for other sources of revenue, like sales taxes and grants. We'd be forced to rely less on property taxes," Foster said.

"My guess is that it's going to pass, but for all the wrong reasons," said Village Trustee David Brammeier.

He said the complicated wording on the ballot will lead voters to believe they're putting a limitation on their property taxes when, in effect, property tax rates almost will certainly increase.

"The communities that have allowed PTELL (in Illinois) have all seen their tax rates increase the next year," said Trustee Ben Maliszewski, who also serves as chairman of the village's Finance Committee.

"We would protect our tax rate and probably not have a tax reduction this year, which is something I'm not in favor of," Maliszewski said. "We would be foolish to try to reduce our tax rates, because we have a growing community."

He said village officials are proud of the small declines in tax rates that Glen Carbon residents have enjoyed for the past dozen or so years.

PTELL would not affect a community such as Fairview Heights as much as it would Glen Carbon, Maliszewski said. He said other taxes there absorb much of what a village such as Glen Carbon, which relies heavily on property taxes, depends upon.

Brammeier said the village

doesn't need such a law to "do the right thing" because officials have kept taxes down.

"We don't want urban sprawl, but on the other hand, people will be voting for a law that will force the community to seek Wal-Marts

and Casey's to subsidize our income. It will prove not to be a wise thing," Brammeier said.

"We've got to have sales tax to balance a community. Every bedroom community has problems."

Tax caps are needed more so in communities that recently have lost industry and are suffering from stagnant economies, officials said.

Brammeier said the recent barrage of "tax-cap" referendums originated in

Chicago areas that were facing tax increases each year.

According to a report from the Taxpayers Federation of Illinois, 32 of the state's 102 counties have approved tax caps.

If voters approve the

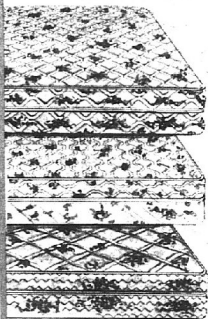
referendum, Glen Carbon and many other taxing bodies in the county would not be

allowed to raise their tax levies more than 5 percent or above the inflation rate — whichever is less — each year.

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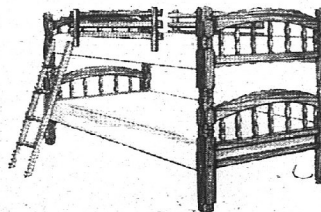
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Tax cap forum set Thursday

By Curtiss A. Hartley
Staff writer

Citizens have an opportunity to ask questions and voice concerns about the so-called "tax-caps" issue Thursday night at the county administration building.

The Legislative Committee of the Madison County Board will hold a public forum to discuss the Property Tax Extension Limitation Law (PTELL) that will appear on the April 13 ballot.

The meeting will be held in the board room at the Madison County Administration Building, 157 N. Main Street, Edwardsville, at 7 p.m. April 8.

"The purpose of this forum is to provide an opportunity for the public and news media to hear how the proposed PTELL provisions will impact local governments," said James Monday, Director of Administration for the county.

Board Chairman Rudy Papa is hoping that voters will take advantage of this opportunity. "I'm not sure what the format will be," he said. "But there will be speakers there on the pro side of the issue, and speakers there on the con side. We're looking forward to some good discussion," he said. "We would like to have a good crowd there."

The PTELL is a local option property tax limitation that is intended to limit increases in property tax extensions for non-home rule taxing districts. There are 136 such taxing districts in the county that would be covered by the law, if it is approved by voters next week.

The new law would not reduce or freeze personal property taxes. It will limit each tax district's tax receipts to an annual 5 per cent increase or to the Consumer Price Index, whichever is lower.

The ballot wording for the tax referendum will read, "Shall the Property Tax Extension Limitation Law (35 ILCS 200/18-185 through 18-245), which limits annual property tax increases,

Briefs
Tryouts, registrations,
events in Metro East
Page 2B

Sports

sports on-line, www.yourjournal.com

All-Journal
Flyers represented
in boys basketball
Page 4B

Hoop-y recap

Columnist
rambles about
basketball

Ramblings after another
high school boys basketball
season:

While fans of East St. Louis High still must be wondering what happened in the fourth quarter when Westchester St. Joseph came back from an 11-point deficit with a 30-point fourth quarter in the IHSAA Class AA state quarterfinal, an observer from southwestern Illinois can only wonder how long Landon "Sonny" Cox, coach of the Chicago King team, will get by with his gig.



Art Voellinger
Sports Views

Surely, you recall reading here that Cox is a musician. If you watched any of the boys Class AA state tourney, you know he dresses the part. Yet, as a coach, I question how he can continue to play on. Mentioned here previously for wanting front money to play in the Coca-Cola/KMOX Shootout, Cox now is being ridiculed in the Chicago area for receiving free shoes and basketball equipment from shoe companies.

According to a Chicago Sun-Times report, King received \$3,000 this year when it finished second in the city-sponsored tournament in December. Westinghouse also received \$3,000 and gear from a shoe company. Now Westinghouse coach Chris Eland, who led his team to a 31-1 record, wants appearance money or he will pull from the prestigious Proviso West holiday tournament....

If being outscored 30-14 in the final quarter is a sad memory for East St. Louis, the fact is the winning team won the state title and had no starter taller than 6-foot-6. East Side's 6-9 Darius Miles proved why he is among the nation's elite as a junior with 20 points, nine rebounds, nine blocked shots and eight assists, making me wonder if he might not have been the best player in the state this year. His blocks against St. Joseph were one shy of the state record set by Effingham's Uwe Blab in 1980....

Leon Smith, the 6-10 King center, garnered Player of the Year honors according to Chicago publications, but both the Sun-Times and Chicago Tribune recognized Kent Williams of Mount Vernon as a first-team all-star.

When you consider how East St. Louis prevailed in handing Mount Vernon its only loss of the season in the Carbondale Super-Sectional, you must appreciate even more Williams, whose single-game high was 49 points.

While Smith, who considered transferring to a high school in California last fall, joined King Junior guard Imari Sawyer as first-team all-stars, Illinois-bound 6-10 Brian Cook of Lincoln completed the list....

Williams, who hopes to play basketball and baseball at Southern Illinois University-Carbondale, claimed he has been shooting a ball since he was 3 years old and tossed a rubber ball at a 6-foot hoop in the family room of his home.

"My mom didn't mind as long as I did not break anything," he was quoted as saying.



Granite City's Sean Courtney delivers a pitch for the Warriors, who dropped to 1-3 with the loss Thursday against Edwardsville.

Tigers tear up Granite City

Warriors pounded 13-3

By Greg Shashack
Staff writer

The long, proud and storied history of Granite City baseball suffered a painful hit Thursday.

PREP BASEBALL 4½ innings, consuming more than two hours of a sunny afternoon at the Edwardsville Sports Complex, that left Warriors coach Gus Lignoul groping in vain for anything positive from Edwardsville's 13-3 Southwestern Conference rout.

"We don't play defense very well, we don't catch it very well, our pitching's not very good and our hitting's not very good," Lignoul said. "That's a pretty bad combination. Right now, we're just not very good."

Edwardsville, which made

its runs on eight hits, six walks and four Warriors errors, improved to 4-0 and 1-0 in the SWC. Granite City, coming off of a 6-1 SWC defeat to Collinsville on Tuesday, is 1-3 and 0-2 in the conference.

For the third consecutive game, the Tigers fell behind early. Granite City got to Tigers starter Nick Seibert for two runs in the first inning after the Edwardsville ace fanned the first two hitters he faced. The damage would have been worse, but the Warriors' Matt Pistorius was called out for missing third base on a hit, negating a run that would have given Granite a 3-0 lead with runners at first and third.

It was the beginning of the end for the Warriors as Edwardsville answered with four runs in the bottom of the

See WARRIORS, Page 5B

Miles shouldered immense load

Junior lived up to expectations

By Brian Bretsch
Staff writer

Darius Miles entered the 1998-99 boys basketball season with a little more pressure than most high school basketball players.

Considered the best player in the Metro East and one of the best junior centers in the nation, Miles was burdened by the expectations of fans and was under the watchful eyes of many college recruiters. He had to deal with a new situation as his old school, East St. Louis Lincoln, was closed and merged with East St. Louis Senior.

It was not always an easy season for Miles as the Flyers struggled to a 4-3 start. But when it ended, with a share of the Southwestern Conference championship and a berth in the IHSAA Class AA state tournament, it had been rewarding.

"My game elevated in the playoffs," said the 6-foot-9 Miles. "I had to step up and be more of a leader. A lot of people were testing my skills to see if I really was the player with the big name and could live up to it."

Miles lived up to the billing in the big games. He led the Flyers to titles in the Galesburg Tournament and the Collinsville/Schnucks Holiday Classic and to a victory against MSHSAA Class 4A state finalist St. Louis Vashon in the Gateway Classic Foundation's Martin Luther King Jr. Classic.

In the postseason, he led East St. Louis past Edwardsville and then Mount Vernon before eventual state champion Westchester St.

ALL-JOURNAL BASKETBALL

CLASS AA BOYS
Player of the Year
Darius Miles, East St. Louis.
First team
Terry Tessary, Collinsville;
Dan Lytle, Edwardsville;
Gretchen Hairston, Belleville East;
Daniel Hawkins, East St. Louis;
Kyle Wyatt, O'Fallon.

Joseph rallied to overcome Miles' heroics. For his performance this season, Miles is the Class AA Player of the Year for the Journal Newspapers of Southern Illinois.

Miles' lone game in the state tournament earned him a spot on the all-tournament team. He scored 20 points, grabbed nine rebounds, blocked nine shots and doled out eight assists.

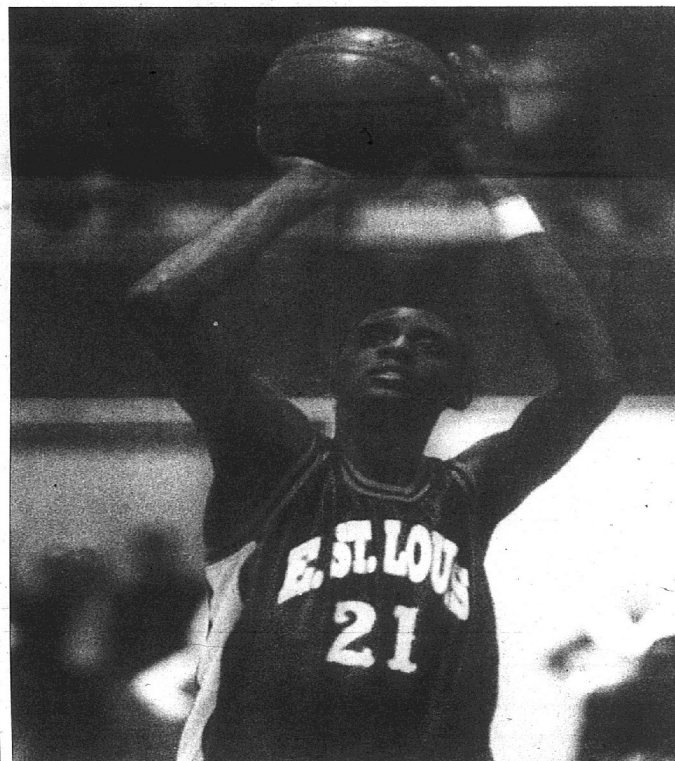
"I'm glad my best game was my last game of the season," said Miles, whose team built an 11-point lead before being outscored 30-14 in the final quarter. "They (St. Joseph) just came back on us. It was a good game."

"The season was a nice run. I'm pleased we made it up there and put East St. Louis back on the map where it should be."

Miles averaged 16.6 points, 12.8 rebounds and 8.3 blocked shots per game for the Flyers.

"He had an outstanding season," East St. Louis coach Bennie Lewis said. "He did

See MILES, Page 4B



East St. Louis' Darius Miles is the Class AA Player of the Year for the Journal Newspapers of Southern Illinois.

Foster leads Granite City past Edwardsville

Squad gaining confidence with big wins

By Rick Broome
Staff writer

Staci Foster had a strong game on the mound and at the plate to lead Granite City to an impressive 7-5 victory over the Tigers at Edwardsville Thursday.

Foster held the Tigers' big sticks to five runs and went 1 for 3 batting. Rightfielder Amanda Pashea went 2 for

2, scored two and drove in two for the Warriors.

"We've never been really strong offensively in years past," Granite City coach Deb Germann said. "We have had several nice hitters, but our total team batting average has never really been that high. The girls have taken the initiative this year and they've

gone to batting cages. Plus we purchased some different hitting aids, we raised some money through fundraising and we purchased stroke trainer and different items.

"The kids in practice, rather than doing defensive drills, we have been taking a little bit more time hitting, and hopefully, that has had a little bit

of something to do with it. Overall, concentration and them going to batting cages and taking the time to work on it has made a difference. As long as they are coming up with the key hits, in years past that hasn't happened too often. It makes it easier on us."

Robyn Slater and Emily Douglas had clutch hits as the Warriors took out a Tiger team who had its experience

See FOSTER, Page 3B

Coaches clinic planned for May 1 in Collinsville

An ASEP Coaches Clinic is set for May 1 in Collinsville for anyone interested in becoming certified to coach middle school or high school athletics. The successful completion of the ASEP leader level program is an Illinois High School Association requirement for all non-faculty coaches. For more information or to register for the clinic, call Jeff Kyle at (217) 586-4799.

SPORTS BRIEFS

Golf league

The Thursday Morning Ladies League will begin the golf season 9 a.m. on April 15 at Indian Mounds Golf Course, Tee-Up Golf Center in Fairmont City. All levels welcome. For information, call 667-6294.

Golf tourney

Legacy Golf Course will conduct a two-person scramble May 2. The cost is \$50 per player, which includes greens fees, cart and prize money. Legacy also is starting a Thursday Night two-person scramble league, beginning May 4. The cost is \$15 per person with a cart, or \$7 per person walking. For more information on either event call 931-4653 or (314) 726-4653.

Soccer camps

The second annual Touch on the Ball youth soccer camps will take place this summer in various local communities. The camps are for both boys and girls who are entering grades 1-5 in the fall of 1999. The camp dates and locations are as follows:

- June 21-25, Maryville (St. John Neumann School);
- June 28-July 2, Edwardsville (SIUE fields);
- July 18-23, Belleville (Belle Claire Soccer Complex);
- July 25-30, Edwardsville (SIUE fields).

Team camps for boys and girls entering grades 7-12 are available upon request. The camps are directed by Dale Schilly and Dave Fernandez, both USSF "A" licensed instructors. For more information on any of the camps please call 667-8333.

Prairie State Games

Applications for team competition are available for the 16th annual Prairie State Games, June 25-27 in southwestern Illinois. Sports offered are basketball, soccer, volleyball and football. To obtain an application, call the Prairie State Games office at 632-1002.

Coaches clinic

The Metro East will have a new junior hockey team this fall. The Belleville Junior Blackhawks, a Junior C team, will start play in September. The coach and general manager for the Junior Blackhawks will be Bill Bismak, currently in his fourth season as head coach at Southern Illinois University-Edwardsville. The traveling team, which will play its home games at the U.S. Ice Sports Complex in Fairview Heights, is for players under 20. The purpose of the team is to prepare players for collegiate and/or professional hockey. The team is endorsed by NHL Enterprises and has permission to use the name and logo of the NHL's Chicago Blackhawks.

Tryouts will be 12-15 p.m. on May 22 and 3 p.m. on May 23 at the U.S. Ice Sports Complex. The roster will feature up to 25 players, including three goaltenders. Any high school player is eligible. The team is also seeking a trainer. For more information about the Junior Blackhawks, call Bismak at 650-2159.

Golf tourney

Belleville Economic Progress, Inc. is holding the "Otto" Classic Golf Tournament on Thursday, May 6 at Clinton Hill Country Club in Belleville. The entry fee for the four-person scramble tournament is \$80 per player and \$320 per foursome (\$85 and \$340 after April 15) and includes green fees, cart, beverages, a goody bag, lunch and admission to a "Business After Hours" program from 5-7 p.m. The registration deadline is April 29.

For a registration form, call 233-2015 or visit the Belleville Economic Progress office at 216 E. "A" St.

Softball leagues

The Belleville Parks and Recreation Department is offering co-ed recreational softball leagues on Wednesday and Friday night at Citizens Park. The fee is \$35 for a 14-game season and playoffs. Games start the week of April 26. For more information, call

233-1416.

Soccer club

Metro FC, a youth select soccer club based in Edwardsville, has announced dates for the second season of the Metro FC Instructional Soccer League. The Metro FC Instructional League is offered to all boys and girls who are currently in grades 1-4.

Players can play in the IYSA sanctioned instructional league

as well as other recreational or select leagues. All games and training sessions for this in-house program beginning in March take place at the Metro FC Soccer Complex on the campus of Southern Illinois University-Edwardsville. League training will be conducted by Metro FC

Coaching Directors and USSF "A" licensed coaches Dale Schilly and Dave Fernandez and staffed by other Metro FC coaches.

Training will be on Wednesday nights and games will be on Sundays.

The program is designed to provide appropriate training to young players who are in their

initial stages of development and provide quality players additional insight to continue their development.

The program has limited enrollment. For more information on registration please call Dale Schilly or

Dave Fernandez at the Metro FC office at 667-8333.

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Margrabe, Williams will team up again at Lindenwood

By Rick Broom
Staff writer

The strength at either end of the 1998 Southwestern Conference-winning Granite City soccer team has signed letters of intent with Lindenwood University in St. Charles, Mo.

Dave Margrabe, the scorer of frequent and timely goals, and Brandon Williams, the rock between the pipes, will take their respective talents to Lindenwood together. "Both of them are such terrific students and we are supposedly instilling traits like honesty, fortitude, loyalty, being good, ethical, moral people. These two guys represent that. The school of Lindenwood just cannot miss on the two of them. They are just great young men, and Granite City should be proud of sending two student-athletes on like Brandon Williams and David Margrabe."

Williams knew right away that he would like

the chance to get to play at Lindenwood.

"Coach Baker let me know that they had a really good program and (Lindenwood) Coach (Carl) Hutter came over and talked to about four of us," Williams said. "Then we went over and took a visit, and we decided that we liked it. I looked at a few others, but they weren't as good as Lindenwood."

Whether or not he will get to play next year, Williams knows that he will have to continue concentrating on the thing that got him to this point — hard work.

"I've talked to (Hutter) and he said I have a really good chance if I go out there and play real hard," Williams said. "I don't know. It's going to take a lot from me, but if I can play like I have been playing, hopefully I'll get to play. It's not going to hurt me if I don't play because my freshman year in college I don't expect to start or anything. But I'm sure I'll get some playing time, I hope."

"With Brandon, it just depends on the situation," Baker said. "His play as a goalkeeper is that he has courage, he is attentive, he will run through the wall for you. He needs quality game time with and against

real good people to grow, and he has all the tools that will complement that situation."

"Margrabe ought to play right away. He's an excellent finisher. He push-passes to score with the best of them, he has excellent speed, he has next to nothing in the way of body fat. He is so much more incredibly strong than defenders realize until they are on the field against him. He scores with the head. He is primarily a finisher, and in our season last year, he finished in the good games all the time for us when we needed him. He can be a good target player, he could play the wing."

Last year was a huge coming-out party for both.

"Dave kind of came out of nowhere," Baker said. "We just got him up front the year before. In the latter part of the previous season we started moving him up, he had always been a back. The situation wasn't there for him to start in the backfield despite the fact that there was so much potential there for him to be a good senior. Then he comes on to be such a good finisher and that's where his game will be in college. I'm really happy for him."

Williams did himself a favor with his play last year. The senior was the backbone of the conference-winning side, a leader on the field at the position where leadership is most necessary. And it wasn't a sure thing that Williams would even get to play. But when summer and had to sit out the season, Baker turned to Williams and was richly rewarded.

"I broke my arm going into my sophomore year, so that set me back at least a whole

year," Williams said. "I had probably I thought my best year freshman year, played my heart out and it just happened that I got kicked in the face and almost got a broken nose. The next day I came back to practice and I got moved up to junior varsity. I had a pretty good year for junior varsity, but then I broke my arm and I didn't play at all my sophomore year. Junior year I was just getting back into it and for senior year I worked my butt off all summer long."

Aside from athletic excellence, both young men bring the strength of character any program would kill for.

"Brandon and I have become very good friends," Baker said. "He has done so much for this program beyond just being a player."

"And they are going to be getting a real good one in Dave. He has excellent ACT scores, excellent GPA. Brandon has an outstanding GPA. They both come from very supportive families and both of them are the types where you aren't going to have to worry about whether or not they are working in the classroom, or what they are doing off the field."

"Bringing along a fellow Warrior will make the transition to the university smooth for both."

"I always wanted to go with somebody because coming from Granite City and having Coach Baker coach us is going to help everybody," Williams said. "It's going to help me going with somebody I know. I was wanting to go there pretty much the whole time, but it's nice that Dave is going there with me."

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Foster leads Warriors past Tigers

Continued from Page 1B

guttered by last year's graduations. "They are always strong," Germann said. "They graduated quite a few seniors last year. They had a few defensive lapses throughout the game, but they always fought back. It just happened to end up that we ended up being on top. We had a few defensive miscues ourselves, but it doesn't make any difference. In the last inning we shut them down 1-2-3. We gave up one run in the sixth inning, but whenever you can shoot them down 1-2-3 and get them

thinking a little bit, get their heads dragging a little bit, that helps us."

Granite City opened the season with two big Southwestern Conference victories that the coach hopes will lead to consistency and confidence for the rest of the season.

"It's a conference win, you better believe we'll take it," Germann said. "We beat Collinsville the other night (16-4 in six innings) and now we beat Edwardsville. We have East St. Louis (Tuesday) night and then we play Belleville West on Thursday night, so yeah, if we can ride it as long as we can we'll take it."

"Belleville West, Belleville East are always tough. We have Alton, Edwardsville, and then O'Fallon is coming into our conference next year, and they are always strong in softball. We don't have to go very far to play the best in the state. They are all pretty much right around here."

"We are still having a few mental errors, but again, we have kids playing that don't have a whole bunch of varsity experience. But that will come just through playing games. That's why I'm hoping we don't get rained out at all this week because we need as much under our belt as we possibly can get early on."

"She would be an outstanding candidate. There is going to be a woman president one of these days and we might as well start the new century, I think, with a woman in the White House."

Nan Wyatt

Doug McElvein

Former senator and presidential candidate, Bob Dole on his wife running for the Oval Office, as heard on KMOX.

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Warriors baseball squad hammered 13-3 by Edwardsville

Continued from Page 1B

first, with Matt Turner

delivering a two-out single that drove in two runs and erased Granite's only lead. "We'd rather get out ahead and go from there,"

Edwardsville coach Tim Funkhouser said. "We've had some tough innings at the beginning, but Nick settled down and our bats came around. We executed, for the most part, fairly well."

Seibert worked 4½ innings, giving up three runs on five hits and three walks while striking out seven to run his record to 3-0. Ben Hosto recorded the final two outs, escaping a bases-loaded situation to end the game in the fifth inning. Granite starter Dustin Murphy took the loss,

though six of the seven runs he allowed in his two-inning outing were unearned.

Seibert launched a towering two-run homer, his second of the season, to left to highlight a three-run second inning, and the Tigers completed the job with four runs in the third and two in the fifth.

"We've got a pretty good offense and we know we're going to have to score runs to win, anyway," Seibert said. "I feel pretty good at the plate, but I've got a lot of stuff I still need to work on."

Edwardsville's Matt Bogle went 2-for-4 and drove in three runs to give him a team-leading eight RBI, while Seibert, Turner and Andrew Honegger each had two RBI for the Tigers. Honegger and Turner both finished with two

hits. Ted Millas had two hits, including a fifth-inning home run, to lead the Warriors' six-hit offense. His solo shot provided only a sliver of a silver lining in Granite's black cloud at the Sports Complex.

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Baseball standings

METRO EAST BASEBALL			
Southwestern Conference		Columbia	
Team	Conf	Team	Conf
Bellville East	20	Red Bud	0-0
Alton	10	Frederick	0-0
Collinsville	1-1	Greece C.	0-0
Edwardsville	1-0	New Athens	0-0
Bellville West	0-1	Carlyle	0-0
East St. Louis	0-1	Lebanon	0-0
Granite City	0-2		0-3
Mississippi Valley		South Seven	
Team	Conf	Team	Conf
Waterloo	1-0	Wes	0-0
Triad	0-0	Althoff	0-0
Highland	0-0	Marquette	0-0
Mascoutah	0-0	Charville	0-0
Civic Memorial	0-0	Roxana	0-0
Jerseyville	0-1	Valmeyer	0-0
Cahokia		Independents	
Team	Conf	Team	Conf
Westlin	0-0	Wood River	0-0
Dupo	0-0	Glouff	0-0
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News

GC Park District sponsoring overnight trip to Kansas City

The Granite City Park District will sponsor its third overnight trip of the year to Kansas City, Mo., the weekend of May 13 to 15.

The trip will go on sale at 8 a.m. Thursday at the Wilson Park Ice Rink. This is the same time as a scheduled St. Louis Cardinals baseball trip May 10 against the Philadelphia Phillies will go on sale. One line will be used to allow people to sign up for both events.

The cost of the trip to Kansas City is \$285 for a single room, \$210 per person for two to a room, \$188 per person for a triple room and \$175 each for a quad room. One person can register for one room with up to four persons. Residents of the Granite City Park District will have priority, with non-residents being placed on a waiting list and notified one week later of any availability.

The group will leave early May 13 and travel to Independence, Mo., where they will have lunch at Harry T's restaurant, which is adjacent to the Harry S. Park District Museum. It is said that Harry had lunch at this restaurant so that he could watch his museum being constructed. A drive through Independence will be made after the museum visit, with the

Truman home and other highlights pointed out.

Dinner on Thursday will be at the famous Hereford House, which has been rated as the best steakhouse in the Kansas City area many times. Time will be allowed after dinner to browse Country Club Plaza, the premier retail restaurant and entertainment district of Kansas City. If time allows, a carriage or boat ride will be available for those wishing to do so on their own.

The two nights of lodging will be at the Country Hearth Inn.

Friday will begin with a tour to the entire Kansas City area, with many things pointed out that are hidden treasures and unknown to many local residents. The Hallmark Visitors Center and the three-level shopping complex Crown Center will be on the agenda for Friday before the 2 p.m. meal at Stroud's Oak Ridge Manor, an area landmark famous for pan-fried chicken family-style meals.

The remainder of the afternoon will include a stop at the Negro Leagues Baseball Museum, which will probably be a pleasant surprise for those familiar with past days in baseball history.

Dinner on Friday will be at one of the fine dining

establishments or the spectacular buffet at Station Casino Kansas City. For those wishing to visit the casino, arrangements would have to be made on their own for return to the hotel.

On the day of departure, the first stop will be at the City Market, located on the southern bank of the Missouri River and the largest open-air farmer's market in Missouri. Also located at this market is the Arabia Steamboat Museum, with more than 200 tons of recovered "treasures" from a sunken 1856 steamboat. A guided tour will be made of this attraction.

Lunch will be at the market at Winslow's featuring award-winning Kansas City barbecue. After lunch, the group will head for home with a stop at an outlet shopping mall.

The cost of the trip includes motorcoach fare, two nights' lodging, two breakfasts and three meals at Kansas City's finest restaurants, as well as the tour of the Truman Museum, Hallmark Center, Crown Center, Steamboat Museum, Negro Leagues Museum and a guided tour of the area. Breakfast and lunch on day one and dinner on day two are the only meals not included in the trip fee.

Crop revenue coverage insures against low yields, disasters

Crop revenue coverage (CRC) is a new insurance product for corn, soybean producers. Farmers considering insurance protection should review what CRC can offer.

CRC is unique because it allows a farmer to insure income per acre rather than bushels. The level of income protection is determined by selecting a percentage of the annual production history (APH), and multiplying the protected bushels by a price determined by the market.

The percentages of protection start at 10 percent and end at 75 percent in 5 percent increments. The base market price is determined during February by using the monthly average new crop futures prices for corn (December futures contract) or soybeans (November futures contract).

This year's spring price for corn is \$2.40. The \$2.40 average December futures price are adjusted by multiplying them

by 95 percent (100 percent price option is available).

For example, if a producer has an APH of 130 bushels of corn and selects a coverage level of 65 percent, they will have 84.5 (130 x .65) times a spring bushel price of \$2.28 (\$2.40 x .95). For this example, the spring price would be \$2.28. The bushels multiplied times the spring price establishes the minimum revenue per acre protection. In this case, a producer's per acre revenue would be protected at \$193 per acre.

The unique feature of CRC is how the guaranteed revenue per acre can automatically increase. The revenue guarantee is recalculated in the fall using the averaging the new crop futures prices during November for corn or October for soybeans.

If the fall price is higher than the spring price, then the revenue guarantee is recalculated using the higher

fall price. For example, if the November average of the December futures corn contract ends up being \$2.80, the revenue guarantee increase from \$193 per acre to \$220 per acre.

The \$2.80 price is multiplied times 95 percent to find the fall price is used for calculating the revenue guarantee.

If fall prices are lower than spring prices, then the original revenue guarantee remains intact.

Indemnities are determined by multiplying actual yields times the fall price. If the revenue is lower than the guarantee, then the farmer is paid the difference.

CRC offers some price protection as well as yield protection. The cost per acre will be higher than Multiple Peril Crop Insurance policies. Producers should compare this new risk management tool with their insurance needs.

Christmas comes early for 80 area residents

By Glen Sparks
Staff writer

Christmas 1999 will be coming early for about 80 area residents.

The present home improvement.

Christmas in April of Metro St. Louis, an affiliate of Christmas in April USA, rehabilitates houses of low-income, elderly and disabled residents.

About 2,500 volunteers will renovate, paint or repair 63 homes in St. Louis and St. Louis County on April 17. Another 17 homes will get some fixing up on April 24 in Metro East.

Lynn Rajani is executive director of the St. Louis chapter of Christmas in April, an organization that was started 27 years ago in Midland, Texas. The St. Louis office is at 12350 Gravois Road in Sunset Hills. It was started here six years ago.

Rajani said she and other Christmas in April officials look at stacks of applications and visit hundreds of houses before choosing the organization's yearly rehab projects.

The group already has decided on this year's houses.

"We're looking at something you can do in a day," Rajani said. "We do some major repairs, but you can't do something like put on a roof in one day."

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NEW TO...

Follow a chiropractor's about whiplash . . .

Injuries to the neck caused by the sudden movement of the head, backward, forward, or sideways, is referred to as "whiplash."

The Tragic Result Of Front - Or Rear-end Collisions

Whiplash is most commonly received from riding in a car that is struck from behind or that collides with another object. When the head is suddenly jerked back and forth beyond its normal limits the muscles and ligaments supporting the spine and head can be over stretched or torn. The soft, pulpy discs between spinal bones can bulge, tear or rupture. Vertebrae can be forced out of their normal position, reducing range of motion. The spinal cord and nerve roots in the neck can get stretched and irritated. While the occupants can suffer considerable soft tissue injury, the car may be only slightly damaged. Your neck thrown out of balance.

The resulting instability of the spine and soft tissues can result in **neck pain, headaches, dizziness, blurred vision, pain in the shoulder, arms and hands, reduced ability to turn and bend, and even low back problems.** As the body attempts to adapt, symptoms may not appear for weeks or even months later.

Impact And Your Spine

When one automobile is struck by another, thousands of pounds of force or exerted upon the neck and spine of the passengers. The head, which is very heavy compared to the neck, is thrust toward the hitting vehicle. The muscles then stretch and react with a violent spasm in the opposite direction. The painful result is injury to the muscles, ligaments, nerves and, on occasion, broken bones.

A wreck victim isn't necessarily all right if he or she doesn't have any broken bones. Painless chiropractic treatment is necessary to realign bones of the spine and restore integrity to the ligaments, muscles and joints.

When a bone is broken, it heals with bone and becomes stronger than before. **Soft tissue, however, heals as scar tissue which is weaker and less resistant. Just like a bruised apple, it never returns to its original state.**

* Studies have shown most cars can sustain a 10 mph accident, but the occupant can sustain injuries at only 2 1/2 mph.

The doctor of chiropractic is trained to determine if a problem in the spine may be the cause of pain in the back or elsewhere.

Chiropractic doctors will usually provide rapid relief from the symptoms of accident distress and treat the cause of the problem by employing comfortable corrective measures.

After The Accident Health Check List

Take just two minutes to check for any symptoms you may have in the days and weeks following an accident. If you have any symptoms, call immediately for an appointment.

- Migraine Headaches
- Muscle Spasm
- Early Arthritis
- Numbness in limbs
- Nervousness
- Anxiety
- Stiff or painful neck
- Pinched nerves
- Nausea
- Loss of neck motion
- Dizziness
- Painful Joints

Chiropractic Treatment

Using spinal adjustments and related treatment, your chiropractor helps to restore your neck's balance and heal your injured neck. This relieves symptoms and improves your neck's ability to move and support your head. Because whiplash injuries can produce a "domino effect," one problem leading to another, early treatment helps to prevent further deterioration in your spine working relationship with other health care professionals should a referral be necessary. Most insurance companies will also reimburse for this service.

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This is what Whiplash can cause. . . Don't let it happen to you!



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If you have any of the above symptoms. You need to be seeing a doctor of chiropractic!!

OUR NEW OFFICE HOURS

STARTING MAY 1ST

MON-WED-FRI:
9:00-12:00 TO 2:30-6:00

TUES - 9:00-1:00

THURS - CLOSED

Don't miss our next back class on Monday, April 19 7:00 p.m.

Movie Schedule

Film timetable for Wednesday, April 7. For times on other days or to confirm these times, check local theaters.

CHASE PARK PLAZA CINEMA
Kingshighway & Lincoln, 387-0161
Out of Towners (PG-13) 5:00, 7:00, 9:00
Ed TV (PG-13) 4:45, 7:15, 9:30
Life Is Beautiful (PG-13) 5:00, 7:40, 10:10
Gods and Monsters (R) 5:05, 9:25
Central Station (R) 7:10
Shakespeare in Love (R) 4:55, 7:20, 9:55

CARMIKE PETITE
I-70 and Hwy. 157, Collinsville, Ill. 344-1708
Baby Geniuses (PG) 7:15
Crash (PG-13) 9:20
The Matrix (R) 7:00, 9:45
The Mod Squad (R) 7:00, 9:35
10 Things I Hate About You (PG-13) 7:10, 9:30

EASTGATE CINEMA
Eastgate Plaza, E. Main, 254-2289
The Matrix (R) 4:10, 7:00
10 Things I Hate About You (PG-13) 4:50, 7:10
Ed TV (PG-13) 4:40, 7:20
Out of Towners (PG-13) 4:30, 6:50
Doug's First Movie (G) 4:20, 6:40
Forces Of Nature (PG-13) 5:00, 7:30

COTTONWOOD EDWARDSVILLE CINEMA
Edwardsville, Ill., 856-4390
My Favorite Marlin (PG) 7:15
October Sky (PG) 6:45
8 MM (R) 7:00

ESQUIRE CINEMA
8706 Clayton Road, 781-3300
The Mod Squad (R) 1:55, 4:40, 7:45, 9:50
Baby Geniuses (PG) 1:40, 3:50, 6:00
The Corruptor (R) 1:20, 3:30, 5:40, 7:50
The Matrix (R) 1:30, 4:20, 7:30, 10:20
True Crime (R) 1:45, 4:30, 10:05
Analyze This (R) 2:00, 5:35, 7:55, 10:15
Forces Of Nature (PG-13) 1:50, 5:30, 7:45, 10:00
10 Things I Hate About You (PG-13) 1:35, 3:40, 5:50, 8:00, 10:10

HALLS FERRY 14 CINEMA
2600 Target Drive, 822-4800
The King and I (G) 5:35
True Crime (R) 7:35
The Matrix (R) 5:00, 7:50
Out of Towners (PG-13) 5:05, 7:20
Ed TV (PG-13) 5:25, 8:05
10 Things I Hate About You (PG-13) 5:30, 7:45
8 MM (R) 5:10, 7:30
8 MM (R) 5:45, 8:10
Carrie 2 (R) 5:30, 8:00
The Mod Squad (R) 6:10, 7:30
Forces Of Nature (PG-13) 5:25, 8:05
Analyze This (R) 5:50, 8:15
Payback (R) 5:55, 8:20
Baby Geniuses (PG) 5:40, 7:40
Doug's First Movie (G) 5:15, 7:15

LINCOLN THEATER
103 E. Main, Belleville, 233-0123

NAMEOKI CINEMA
30 Nameoki Village, Granite City, 827-6630
The Mod Squad (R) 7:15
Analyze This (R) 7:00
O'FALLON 15 CINE
1329 Central Park Dr., O'Fallon, Ill., 822-4800
Forces Of Nature (PG-13) 1:00, 3:20, 5:40, 8:15
Crash Intentions (R) 2:15, 4:30, 7:00, 9:15
Carrie 2 (R) 2:15, 4:35, 7:10, 9:25
10 Things I Hate About You (PG-13) 1:30, 3:15, 5:00, 7:55
10 Things I Hate About You (PG-13) 2:10, 4:15, 7:05, 9:55
Deep End Of The Ocean (PG-13) 1:00, 3:20, 5:45, 8:10
Ed TV (PG-13) 1:15, 4:10, 7:00, 9:40
Ed TV (PG-13) 2:15, 5:00, 7:50
Payback (R) 2:30, 4:50, 7:15, 9:35
The King And I (G) 1:15, 3:30, 5:50, 8:10, 10:30
Wing Commander (PG-13) 1:00, 3:20, 5:45, 8:10
Life Is Beautiful (PG-13) 1:30, 4:15, 7:15, 9:50
Shakespeare in Love (R) 2:00, 4:30, 7:20, 9:55
The Other Sister (PG-13) 1:20, 4:20, 7:00, 9:45

QUAD CINEMA
Belleville, 233-1220
Forces Of Nature (PG-13) 4:20, 6:50, 9:20
Doug's First Movie (G) 4:30, 6:40, 9:45
The Matrix (R) 4:10, 7:00, 9:50
10 Things I Hate About You (PG-13) 4:45, 7:10, 9:40

ROXANA CINE THEATER
Roxana, 254-6746
Baby Geniuses (PG) 7:00
ST. CLAIR 10
89 Ludwig Drive, Fairview Heights, 398-8383
Baby Geniuses (PG) 1:35, 4:35, 7:35, 9:55
Analyze This (R) 1:15, 4:15, 7:25, 9:55
Doug's First Movie (G) 1:05, 4:05, 7:05, 9:30
The Mod Squad (R) 1:45, 4:20, 7:00, 9:15
The Corruptor (R) 1:40, 7:20
8 MM (R) 4:40, 8:45
The Matrix (R) 1:10, 4:10, 7:15, 10:00
The Matrix (R) 2:00, 5:00, 8:00
True Crime (R) 1:30, 4:30, 7:30, 10:05
Out of Towners (PG-13) 1:00, 4:00, 7:10, 9:20
Saving Private Ryan (R) 1:20, 4:40, 7:50, 10:10

SHOWCASE 12 EDWARDSVILLE
6933 Center Grove Rd., 659-7459

WEST OLIVE 16
1297 Olive, 514-6116
Ed TV (PG-13) 1:45, 4:45, 7:30, 10:15
Ed TV (PG-13) 2:30, 5:15, 8:00, 10:05
The Mod Squad (R) 2:00, 5:40, 7:50, 10:05
Doug's First Movie (G) 1:50, 5:15, 7:40
Doug's First Movie (G) 2:20, 5:45, 8:30
The Out of Towners (PG-13) 2:00, 5:15, 7:40, 9:55
Deep End Of The Ocean (PG-13) 1:50, 10:10
True Crime (R) 5:40, 8:20
The King And I (G) 1:35, 5:50
Forces Of Nature (PG-13) 7:55, 10:15
Forces Of Nature (PG-13) 2:10, 5:30, 8:30
The Matrix (R) 1:30, 4:30, 7:30, 10:20
The Matrix (R) 2:15, 5:30, 8:30
Crash Intentions (R) 7:15, 9:35
10 Things I Hate About You (PG-13) 1:40, 9:00, 7:20, 9:40
10 Things I Hate About You (PG-13) 2:20, 6:00, 8:15
Analyze This (R) 2:25, 5:05, 7:35, 10:05
Baby Geniuses (PG) 2:25, 6:00, 8:05
Shakespeare in Love (R) 1:55, 5:50, 8:30

UNION STATION CINEMA
Union Station, 241-4444
Carrie 2 (R) 1:00, 3:30, 6:30
Doug's First Movie (G) 12:45, 3:45, 6:45
Analyze This (R) 1:00, 4:00, 7:00
10 Things I Hate About You (PG-13) 1:15, 4:15, 7:00
8 MM (R) 7:15
The Mod Squad (R) 1:00, 3:30, 6:45
Baby Geniuses (PG) 12:30, 3:30, 6:30
The Matrix (R) 12:45, 4:50, 7:15
Ed TV (PG-13) 12:30, 3:30, 6:30
Forces Of Nature (PG-13) 1:15, 3:45, 7:00
The Corruptor (R) 12:30, 3:30, 6:30

WATERLOO CINEMA
Route 3, 838-9887
Forces Of Nature (PG-13) 5:10, 7:20
Out of Towners (PG-13) 5:30, 7:30
Ed TV (PG-13) 4:45, 7:00
The Matrix (R) 4:45, 7:15
Doug's First Movie (G) 5:00, 7:00
Analyze This (R) 5:15, 7:15
Baby Geniuses (PG) 1:15, 3:15, 5:15
Ed TV (PG-13) 7:20
10 Things I Hate About You (PG-13) 5:30, 7:30

WESTPORT
910 Westport Plaza, 822-4900
Saving Private Ryan (R) 6:30
Life Is Beautiful (PG-13) 5:00, 7:30

Horoscope

WEDNESDAY, APRIL 7
The lunar shift into cool Capricorn provides much-needed grounding as complex aspects play with our sense of priority. The Capricorn moon helps us order our thoughts and map out a cohesive journey. Our feelings of affection are tied to shared goals and a belief that someone will fit nicely into the plans we've made for ourselves.

TODAY'S BIRTHDAY (April 7). Luck and romance are always with you this year if you choose to embrace them. You leap up to a new career level when you accept added job responsibility this month. Artistic choices are confusing, but an expert helps you make up your mind in July. Be open to new love in August; your prospects are fabulous. Taurus and Cancer are particularly sexy!

ARIES (March 21-April 19). Your achievements lead to new responsibilities. Mentors, employers and family members expect more of you, but what right do they have, really? Take romance slowly. You're increasingly popular in your community.

TAURUS (April 20-May 20). Alternative methods of education are enlightening. Balance checkbooks and pay bills before noon or there are complications. Friends introduce potential love interests; you don't necessarily approve, but hold your tongue.

GEMINI (May 21-June 21). Collaborations are successful when you speak up for yourself and defend your ideas. Chance encounters lead to love with a water sign (that's Cancer, Pisces and Scorpio). Ignore

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petty remarks — they stem from jealousy.
CANCER (June 22-July 22). Take plenty of time to adjust to new surroundings; you deserve the same patience you give to a loved one. Pass on career information to a deserving colleague. Work piles up quickly if you don't ask for help. Love is close by.

LEO (July 23-Aug. 22). Acquire a new skill to increase your job options. When you share new activities with a lover, your romance becomes deeper and more complex. Find ways to interweave your lives. It's a lucky time to set up an exercise plan.

VIRGO (Aug. 23-Sept. 22). You could discover lucrative work through a new associate. Derive artistic inspiration from solitude and a change of scenery. Records and other documents are important to a relationship. Spend time outdoors with a love.

LIBRA (Sept. 23-Oct. 23). Social gatherings lead to confrontations. Work out a problem by discussing it with someone close. An admirer will not take no for an answer.

'Disappointment TV' a real letdown

Surely you know what disappointment TV is. It's programming you make a special effort to see.

But what do you call television that lets you down? Let's call it disappointment TV. For instance: This year's Oscars telecast. Interminable, boring, and, thanks to potty-mouthed host Whoopi Goldberg, raunchy. It was an award-winning disappointment. So was the only one these days.

Moderator Ken Bone getting bounced from PBS' "Washington Week in

Review." That was disappointing. ABC axing the romantic drama "Cupid." Very disappointing.

Barbara Walters' interview with Monica Lewinsky. Rosie O'Donnell's cold shoulder to that high school band from Georgia. O.J. Simpson's new TV gig doing commercials for lawyers. Way disappointing.

And what about that disappointing new trend where TV networks — and I don't mean the Home Shopping Network — have become product retailers, pitching stuff directly at you while you're watching their shows? Remember NBC's toll-free number to order the soundtrack CD for its recent miniseries "The '60s"? The network's goal, said one of its execs, "is to lure viewers into buying customers."

Behold the new NBC Must-See TV! From now on, don't watch the programs, watch your wallets. Meanwhile, raise one last colorful note to Tom Snyder, who disappointingly gives up the reins to his four-year-old "Late Late Show" after Friday's appearance.

For Your Next Event RENT

At A-1 Rental we do parties for all age groups. We now have available a children's party package which includes a 10' adjustable height table, 12 child size chairs, 1 plastic table cover, 12 helium filled balloons, balloon centerpieces and 12 bottles of fun bubbly. Call or stop by our store and see our complete line of party supplies and balloons.

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Sunday, April 25, 1999
Noon - 6:00pm
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From the moment you enter the Creative Elegance Bridal Fair, you'll have the opportunity to view and sample what St. Louis' most prominent wedding companies have to offer, as you were a wedding guest.

Come prepared to sample products and services, listen to music view the latest wedding fashions and even have your engagement photo taken, courtesy of Esquire Images, Matrix Imaging and Trotter Photo.

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LADIES DAY (THURS)	\$15	\$25

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April Specials

Monday - Meatloaf, potatoe, veg & roll \$3.50
Hamburger 60¢

Tuesday - 2 Pork chops, potatoe, veg & roll \$3.50
Wednesday - Peel & Eat Shrimp 10¢
Beef tips & noodles w/dinner roll \$2.50

Thursday - Taco's 75¢
Polish Sausage, Kraut & pot \$2.50

Friday - Cod & Catfish
Saturday - BBQ Pork steaks w/potatoe salad \$3.50

Sunday - 3pc chicken w/potatoe wedge \$3.00
Lottery & Banquet Room

BANDS APRIL

2-3 DA JA WHO

9-10 THE BANNED

16-17 MICRO BUS

23-24 MINDSPIN

30-1 Avery Hill

Avoid succumbing to a persuasive salesperson. Stick to a resolution.
SCORPIO (Oct. 24-Nov. 21). Keep in touch with the past; the connections are key reasons for great success. When you ask interesting questions, you'll find out more than you wanted to know about the origin of a lover's angst. Enjoy career breakthroughs.

SAGITTARIUS (Nov. 22-Dec. 21). Relocation might be necessary, but you will return. Embark on educational journeys for the fun of it; taking everything too seriously can sap the joy out of life. You could easily sneak into a higher income bracket.

CAPRICORN (Dec. 22-Jan. 19). Put a skilled colleague to work on a complicated project. Long hours on the job leave spouse or lover feeling ignored, unless you make a special effort. Your best bet for lasting love are Gemini and Taurus.

AQUARIUS (Jan. 20-Feb. 18). Make your desires known to higher-ups, and requests are granted. It's not too late to start a thorough search for something that is lost. News that involves a former lover is better left unexplored. Expert advice is costly.

PISCES (Feb. 19-March 20). You may pull off a brilliant coup at a social event. A co-worker is receptive to romantic overtures, but consider the effect it may have on your everyday working life. Domestic change is approving, but are worth it in the long run.

At 62, this big talker remains a unique TV personality. And as the art of TV interviewing submitted to gibberish and irony, a specialty show successor, Craig Kilborn, Snyder's self-described "old, fuddy-duddy, dinosaur show" never lost its voice.

Now his time and talk are just about over. And yet Snyder leaves with one former fan disappointed not so much that he's leaving, but that he's leaving. Because, during an interview a year ago, Snyder chose to flat-out lie when asked how much longer he would stay on his CBS show.

He could have said "I can't discuss that" or "I'll let you know" or "Nice try." Instead, he inventively, elaborately stretched out a reply that likened doing his show to having dinner in a restaurant. As for calling for the check, "I don't see it yet."

Truth was, Snyder's departure — and his successor, who was named Tom Snyder — were a long time coming. That's because, during an interview a year ago, Snyder chose to flat-out lie when asked how much longer he would stay on his CBS show.

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Groups ask for investigation in Edwardsville home incident

By Paul Mackie
Staff writer

An independent watchdog group has asked several law enforcement agencies to investigate a death at an Edwardsville nursing home being threatened with termination of its Medicare and Medicaid benefits.

A state representative agreed late last week to try to protect the home, but another Edwardsville home now is facing termination of its benefits.

Nursing Home Monitors of Godfrey has given compiled evidence to the Edwardsville Police Department and the criminal division of the U.S. Department of Justice to investigate the death of 62-year-old Jo Wanous last August.

Wanous had been a longtime resident of SunRise Care and Rehabilitation, 1095 University Drive, when he allegedly was taken to the hospital with a temperature of 107 degrees just hours before his death.

SunRise currently has an order of protection against the U.S. Health Care Financing Administration, which has

threatened to terminate the facility's benefits because of 41 citations during the past six months. Such a termination likely would cause the facility to close.

"I'm making as much noise about (Wanous' death) as possible because when else are we going to get so much evidence? Everyone knew he was sick, and no one did anything," said Violette King, director of Nursing Home Monitors.

On the other hand, Rob Hoff of Edwardsville, whose father lives at SunRise, said he knows people who ate dinner with Wanous the night before his death and said he was fine.

"I'd like to know what (King) has to throw all these charges around," Hoff said. Edwardsville Director of Police Bennett Dickmann could not be reached for comment, but King said Sgt. Scott Evers, the police department's chief investigator, appeared interested in pursuing criminal charges through the Madison County State's Attorney's Office.

King said Sun Healthcare Group, which owns the home,

can't be held liable for the death. However, she said a nurse and an administrator may face criminal charges.

King and her group were notified about the case when Grace Lohagen, Wanous' stepmother, filed complaints on behalf of Wanous with the Illinois Department of Public Health for sexual abuse and inadequate care.

"It's very difficult (for the company to comment) because we are bound by strict patient confidentiality issues," said Karen Gilliland, a spokeswoman from Sun Healthcare.

"(Wanous had been) very sick for a number of days. He died a horrible, painful and unnecessary death of urosepsis," King said. "These places just become death camps."

Meanwhile, more bad news has hit Sun Healthcare. Its department's chief investigator, SunRise Care and Rehabilitation at 401 St. Mary Drive, now faces a possible termination of benefits, as well.

The facility is in an enforcement cycle."



Contributed photo

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Forgotten details revisited in Gray rape case

By Dennis Grubaugh
Staff writer

Long-forgotten details from a 21-year-old crime are being revisited in the state's attempt to keep a convicted rapist from getting a new trial.

The Madison County State's Attorney's Office has filed a legal brief with the Illinois 5th District Appellate Court in Mount Vernon, challenging a local judge's decision to give David A. Gray of Alton a new trial.

In the brief, the state challenges Gray's notion that he is entitled to a new trial because DNA testing excluded him from evidence obtained at the scene of a rape, armed robbery and attempted murder on Belle Street in Alton on March 29, 1978.

The more pertinent issues, the state says, are that the victim and her neighbor placed Gray at the scene, and that a fellow inmate testified that Gray admitted the crime to him while behind bars.

Gray was sentenced to 60 years in prison. He served more than 20 years and faced another 10 years when Associate Judge Ann Callis of Madison County Circuit Court granted him a new trial and ordered his conviction and sentences vacated in October.

The state immediately appealed the decision but did not file its reply to Gray's own brief until last week. The state is seeking the right to argue the case orally. State's Attorney Bill Haine said, but a date for such argument has not been set.

Gray, 46, is out on bond and living with his mother in the 900 block of Riley Avenue in Alton. The appellate court recently ruled that he could be taken off electronic monitoring pending the outcome of the case. Three weeks ago, Gray said he is looking for a job and anxious to be able to prove that he is innocent of the crimes.

Gray is basing his pleadings on a state law adopted in 1997 that allows convicted criminals to take advantage of new

developments in DNA and fingerprint analysis to prove their innocence.

However, the state's brief points out that the law is intended to exonerate individuals only when the evidence is so conclusive that it would change a conviction upon retrial, which the state maintains would not happen in Gray's case.

DNA testing shows that seminal fluid taken from a bed sheet was not Gray's or the victim's husband's, but the state contends that doesn't exclude Gray from being the assailant.

The semen was never an issue at trial largely because the victim identified Gray as the assailant, the state says.

Gray's brief says the evidence against him was of "mixed nature." But the state contends that the "evidence was overwhelming," noting that it was sufficient enough in 1978 to convince the appellate court to let the original trial verdict stand.

"The (appellate court) rejected the defendant's challenge to the sufficiency of the evidence, pointing out that the victim had the opportunity to observe her assailant on two separate occasions and that her positive identification of the defendant as her assailant was corroborated by her neighbor, Lyman Wallendorf, and by James Legate, to whom the defendant bragged about committing the crimes," the state's brief says.

"On the day of the attack, the victim was in close contact with her assailant for more than one hour while he feigned interest in purchasing a motorcycle, while he pretended to use her telephone, while he attacked and raped her, while he dragged her through the house searching for valuables and while he stabbed her more than 30 times. She had also seen the man a week earlier when he came to her door," the brief says.

Gray maintains he never was at the scene. "The victim, who died in 1995, identified Gray during the trial, saying, 'I'm positive he's the one. I'm absolutely positive.'"

Wallendorf, the neighbor, corroborated the identification, testifying that when he viewed a photo lineup he thought the photograph of Gray "looked a little like him" and looked "pretty familiar."

Gray's brief points out that Wallendorf could not provide positive identification, but the state counters that there was no explanation why Gray would look familiar to Wallendorf other than the defendant was, in fact, the man Wallendorf had seen visiting the neighborhood a week before the crime.

Gray allegedly came by to look at a motorcycle for sale at the victim's home and stopped to ask about a Chevrolet Nova that was for sale at the same time at Wallendorf's home, according to Assistant State's Attorney Jim Buckley. One week later, he allegedly returned to the victim's home on the pretext of again seeing the motorcycle.

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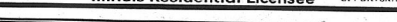


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Fear of mishandling prompts new chicken rules

By Michael Penrod
Staff writer

Following some recent criticism it received, the University of Missouri Extension Service has issued a series of letters to teachers volunteering to take part in its Embryology Project.

The letters highlight techniques and guidelines the teachers should employ when caring for the newborn chickens hatched in classrooms as an educational tool for students. Recently the program has received some criticism from former volunteers and the Missouri Humane Society, claiming the chicks are frequently mistreated while in the care of the students.

The program, now in its 25th year, offers elementary school students the opportunity to learn about the cycle of life by hatching live chickens in the classroom. The students then spend a few days caring for the chicks after they are hatched.

Roxanne Miller, Extension Service spokesperson, said the program has always provided detailed literature regarding the care of the

chicks. But she added that the university has always worked to ensure the animals' safety.

"We're trying to emphasize the care of the chicks by adding a letter from the program's regional director, Bud Reber," Miller said.

In the letter, addressed to teachers, Reber states that teachers need to pay particular attention to the living environment of the animals as well as the types of foods given to the chicks. He states that chicks born in the wild benefit from a widely varied diet, and that teachers need to ensure that their chicks are well fed and well cared for.

"Young birds in your classroom do not have access to these many different dietary food sources; they are completely dependent on you and your students to meet their every need for life," Reber stated. "This fact can be an integral part of the learning experience."

In his letter, Reber also states that the Humane Society of Missouri was consulted by the Outreach and Extension Program regarding the care of the chicks.

Suzanne Gassner, Humane Society director of education, said the Humane Society appreciates the effort the UM Extension Service has put into ensuring the baby chicks are well cared for through the Embryology Project.

"We are pleased about the willingness the Outreach Program has shown to get students and teachers to think about what will happen to the chicks before they even begin the project," Gassner said.

Gassner said the Humane Society understands the educational value of the Embryology Project, but adds that attention must be paid to the well being of the chicks.

"When you take chicks out of their natural environment and place them in an artificial environment you must assume a great deal of responsibility for the care of those animals," Gassner said.

Miller said this year's Embryology Project will reach nearly 16,000 students throughout the St. Louis area.



Deborah Richards, a former Edwardsville resident who now lives in Europe, will present a piano recital at Southern Illinois University-Edwardsville Friday night. Richards has been acclaimed throughout Europe for her piano stylings.

Acclaimed local pianist comes home for Friday night recital

By Curtiss A. Hartley
Staff writer

Though she calls Cologne, Germany and Amsterdam, Netherlands, her home now, a world-renowned pianist enjoys coming home to Edwardsville to perform at recitals and to see her family.

Deborah Richards (of the Richards Brick Company family) is in town this week to perform at Southern Illinois University at Edwardsville Friday night. The concert is at 7:30 p.m. in the Lovejoy Library Auditorium.

Richards spends her time between Cologne and Amsterdam performing live concerts and recitals, recording piano solos, lecturing and teaching about music. "I always intended to come back to the States," Richards said. "But I never succeeded in building up the musical connections here."

She went to Edwardsville high school, and then went on to study at the Eastman School of Music in Rochester, N.Y. Through her German teacher, she learned of an opportunity to study in Cologne with an exchange program.

Then a Fulbright grant made it possible for her to continue, she said.

"Cologne is considered one

"I always intended to come back to the States. But I never succeeded in building up the music connections here."

Deborah Richards
Edwardsville pianist

of the centers for new music," Richards said.

After World War II, when much of the culture was destroyed, Cologne set about to rebuild, she said. Now the climate encourages music and art, she said.

"Radio station WDR was a key element," Richards said. "Their activities were a breeding ground for composers. They have a huge collection of electronic equipment to broadcast live concerts, or to record them to replay later."

"They produced a lot of music themselves as well," Richards said.

Richards remembers her father's huge recording collection as a major influence on her interest in music. Also, it seemed that everyone in her family played a musical instrument, she said. Her own talent began to develop when an old piano was given to them by her grandmother.

"We had it fixed up, and when I was old enough I took lessons," she said. As a youth, she didn't plan on a career in music, she said. Besides piano, she also played the clarinet for most of her junior high school years, and sang a lot, she said. She played in a Dixieland band, and also played the organ for St. John's United Methodist Church in downtown Edwardsville.

In high school, Richards turned to a more serious focus, singing in the choir and

accompanying other soloists. She hadn't yet chosen a career in music.

"I think it was when I was forced to make a decision at the end of high school," she said. "I never thought of myself as having a career, but I just kept on, doggedly."

And she made the decision that led her to Rochester, and then Europe.

These days, she performs at home in Europe on a piano built for her by Monica May that is a copy of one made by Anton Walter, in Vienna, circa 1795. Her preferred modern instrument is the Bösendorfer, a large grand, but she also likes Steinways, she said.

"But I prefer the Hamburg version to the New York one; it's a different sound," she said. "The New York sound is really brilliant; the Hamburg is more mellow."

Richards' career has spanned nearly 30 years, and she has toured with ensembles and as a soloist throughout most of Europe, North America, Japan and Hong Kong. She enjoys her association with experimental music in Cologne. Richards serves on the board of the Music Council for the state of North Rhine, Westphalia, Germany.

Lambert radar system malfunctions

By Michael Penrod
Staff writer

For the first time in its 25th year of use, the portion of Lambert Airport's radar system that identifies incoming aircraft malfunctioned last week.

Delays of up to three hours were reported, but Lambert Airport spokesman Mike Donatt said the malfunction presented no danger to travelers.

The malfunction occurred

with the Mode-S operation of the radar system. The

operation translates the electronic signals emitted by approaching aircraft into the identifiable visual blips seen on radar screens.

FAA spokesperson Tanya Wagner said the Mode-S operation, installed at every airport across the nation in 1993, is considered as a sort of secondary radar to the airport's surveillance radar system.

"The transponders on

aircraft give out information that identifies the aircraft and gives the aircraft's position," Wagner said.

"What Mode-S does is take that information and make it available to the air traffic controllers,"

Denis Cornell, FAA air traffic manager at Lambert, said the airport began noticing problems with the Mode-S operation at about 5:30 a.m. Wednesday.

Cornell said the airport was still able to track aircraft by using the surveillance radar system. But he said the malfunction prevented air traffic controllers from identifying which plane was which. He said the problem reduced the efficiency of the airport as well.

"It affected our ability to run simultaneous approaches during the low-ceiling conditions (Wednesday)," Cornell said.

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Madison County officials forming juvenile justice council

By Paul Mackie
Staff writer

Madison County officials are taking steps to form the first juvenile justice council in the state.

Representatives from the state's attorney's office, sheriff's department, probation department and county board met Thursday to discuss the council, which would take on the task of curbing juvenile delinquency.

"This is a new, creative approach," said Associate Judge Lola Maddox. "Programs that have never had money thrown at them for kids with no leadership, supervision and who never went to school now have that chance."

The Madison County Board's Legislative and Health Institutions Committees unanimously agreed to recommend formation of the council at this month's board of the whole meeting.

If approved, Madison will be the first county to introduce the council, which was made possible by an amendment to the Illinois Juvenile Court Act of 1987 that became effective Jan. 1.

County Board member Steve Stobbs, R-Godfrey, introduced the resolution earlier this week after discovering that Madison County State's Attorney William Haine and his assistant, Amy Maher, are interested in the project.

Various county officials would appoint council members ranging in profession from police chiefs to community organizations' members to school representatives.

"The intent of the

amendment to the (state legislative) bill is to include members of the community. Nobody else has one of these councils up and running yet," Maher said.

The council would not affect programs already in place in the county, such as juvenile probation and the detention home, but could enhance services and introduce programs to deter juvenile crime, County Administrator James Monday said.

While Legislative Chairman

Alan Dunstan, D-Troy, said he favors bringing more money to the county, other committee members were concerned about increasing the County Board's role.

"Are we forming another layer of bureaucracy?" asked board member Wayne Bridgewater, D-Roxana.

But officials responded that all council members would be volunteers, and community groups would apply for grants and loans. The applications then would be reviewed by the

council, the County Board and the Illinois Criminal Justice Authority.

"We can give our OK to the programs or withdraw our support," Maher said. "There shouldn't be any cost for the county."

"We're going to act more like a pass-through agency," Dennis Dubbelde, D-East Alton, a member of the Legislative Committee, pointed out.

Bridgewater asked how the council would do a better job

of keeping juveniles out of trouble than the system already in place.

"Is there some kind of mystical formula for creating a better atmosphere for these kids?" he asked.

"I think the council can take that up at its first meeting," Stobbs replied. "Doing nothing is an option."

Dunstan said gathering a council around a meeting table on a regular basis has the potential to spark good ideas.

The bill classifies juveniles as adults if they commit "adult crimes." Maher said she saw the need for additional educational resources to help deter juveniles from committing such crimes and contributed to the drafting of the amendment.

She said people in the community who wish to become involved in the council may call the state's attorney's office at 692-6280.

Parties seeking TIF dispute settlement

By Paul Mackie
Staff writer

Glen Carbon officials are attempting to resolve a dispute over the Tax Increment Financing District 2 out of court.

In September, the Glen Carbon Fire Protection District filed a lawsuit in Madison County Circuit Court against the Village Board over the addition of 144 acres to the TIF2 district along Main Street.

John Raffaele, a Glen Carbon attorney representing the fire district, claims the village is diverting tax revenues from the district.

"The TIF2 amendment is being used for the unlawful purpose of subsidizing private development instead of the lawful purpose of reducing or eliminating blight," he said.

Village Trustee Ben Maliszewski said the TIF district doesn't "divert" property tax funds from taxing districts but rather "freezes" these funds for the life of the TIF agreement.

Meanwhile, the fire district trustees and Raffaele had scheduled a meeting Wednesday night to review an offer from the Village Board.

"We're looking at (the offer) to see if it's acceptable or not," said Tom Dustman, a trustee for the fire district.

"We won't likely have an agreement (by Thursday) but we're probably closer to one now."

Glen Carbon Police Chief David Bradford presented the board's offer to the district trustees Tuesday night.

Under the agreement, the board would pay for the fire district's \$21,000 portion of the \$121,000 EmergITech computer system expected to be installed soon throughout village offices.

The board is offering other incentives, but fire district officials also want real-estate taxes to be distributed to their district in the same manner that the Edwardsville School District receives TIF funds throughout the life of the TIF, which will last about 20 more years.

"That's where (the board has to) draw the line and say no," Maliszewski said. "(The fire district) wants to be reimbursed as if the TIF wasn't even in place."

The school district, which relies heavily upon real-estate taxes, is the only district with a contract to receive incremental funding during the life of the TIFs.

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Secretary of State's office ends driver information sales

The Illinois Secretary of State's Office no longer sells consumer information to marketing businesses that solicit through bulk mailings. As of last year, the Appeals Court overturned a lower court ruling that had forced this office to sell information collected about Illinois citizens through its drivers licensing services to commercial vendors for solicitation purposes.

For a few years in the mid-to late 1990s, University of

Illinois Extension urged consumers to participate in the Opt-Out program, removing their name from the list, thereby protecting their privacy. As many as 14,000 drivers had requested that service.

Since the ruling, the Secretary of State's Office has stopped all drivers information sales, according to Katherine Reuter, University of Illinois Extension consumer and family economics educator. Consumers don't have to

worry about the state government selling private information, but still they may want to take action to keep businesses, organizations and magazines from selling this information.

To remove your name from mailing lists and phone lists, write to the Direct Marketing Association. The Direct Marketing Association is a national trade association of membership of companies that market to consumers directly. The association is not the

source of a company's mailing lists. They do not compile, maintain, or list any information on a company's telephone and/or mailing lists.

For removing your name from mailing lists, write the Direct Marketing Association, Mail Preference Service, P.O. Box 9008, Farmingdale, NY, 11735-9008. Requests for help must be in writing. You must provide your name, address and signature on the request. For removing your name from telephone lists, write the

Direct Marketing Association, Telephone Preference Service, P.O. Box 9014, Farmingdale, NY 11735-9014. Requests for help must be in writing. You must provide your name, address, phone number, an signature on this request.

Consumers must allow 90 days to notice any reduction in calls and unwanted mail. The Direct Marketing Association used to require a yearly renewal, but now consumers can write them every five years to renew the removal of

their name from mailing lists and telephone lists.

By writing the Direct Marketing Association, consumers will reduce the number of calls and junk mail they receive from commercial and direct marketing organizations. This service may not totally get rid of specific companies.

The Direct Marketing Association will not handle removal of your name, address, and phone number from specific companies. Reuter suggests contacting nonprofit agencies, magazines, and catalog companies by mail or phone to request that your personal information be removed from their mailing lists.

County teens seek smoking ordinance

By Curtiss A. Hartley
Staff writer

Local teens want to close a loophole in a law that prohibits minors from buying cigarettes, yet allows them to go ahead and "smoke 'em if they've got 'em."

The three-year-old Madison County Youth Board has set its sights on persuading the county board to support countywide ordinances banning teen smoking. The board is using an existing East Alton ordinance, the only one in the county, as a model.

The goal, board members said, is not to punish teens who smoke, but to cut down on the number of teens who do. "Decisions made by our peers about whether to use tobacco or not have lifelong consequences," said Terry Swalley, who represented the youth board at a news conference in East Alton. Swalley, 15, is a sophomore at Triad High School and the activities coordinator for the youth board.

"Tobacco is a gateway drug, meaning it leads to experimenting with other drugs," Swalley said. "Teen smoking is also associated with crime, abuse, job loss, truancy and other risky behaviors," he said.

"Today, we are asking every community in Madison County to consider adopting a teen smoking ordinance like the one in East Alton," Swalley said. "Many communities, including the one where we stand today, continue to allow teen smoking with virtually no restrictions," he said.

Amy Yeager is an adult sponsor of the youth board; she said she draws on the success of the East Alton ordinance as proof that it works.

"They stopped a kid on the street for smoking, and before they had a chance to tell him why they stopped him, he started admitting to a lot of other petty crimes they would have otherwise not been able to solve so easily," she said. "Since (tobacco) is a gateway drug, this kind of ordinance can be really important."

The five-year-old East Alton ordinance provides penalties for youths caught with tobacco products. Youths can be stopped by the police and issued a summons to appear in court. First-time offenders can be fined up to \$75. A second offense could carry a fine of up to \$100.

Major Darren Carlton, DARE officer on the East Alton Police Department, was an original sponsor of the ordinance in East Alton. He was asked to attend meetings with the youth board to help them organize their effort.

Carlton believes the ordinance does make a difference. "We don't have kids standing outside our school smoking now," he said. "We're not naive enough to believe that they're not smoking — just not in public," he said.

"I can't say for sure that it's cut down on teen smoking, but I'd like to think it did," Carlton said. He hopes it will cause teens to be concerned about a police record, and wait until the age of 18 to try smoking, he said.

"We probably have a few second- or third-time offenders," he said, "but it's very rare that they get caught again."

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APRIL 1-15

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APRIL 10 & 11

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Experts: Seek every way to reduce farm costs

Due to the current low prices, many experts are recommending that producers look for ways to reduce their production costs. While this sounds good, what costs can already efficient producers cut? Most of the fixed costs of land and machinery can only be reduced by selling assets. Cash rent can be negotiated and capital purchases may be delayed, but otherwise these are hard to reduce.

Overhead costs of insurance and interests are almost impossible to reduce or may actually increase risk. The only production costs producers can really reduce are the operating inputs of seed, fertilizer, and chemicals and maybe hired labor.

Reducing input costs may not always be good advice. If

you have been following soil test recommendations, it may be hard to reduce fertilizer costs without reducing yields. Trying to reduce chemical costs can result in more weed pressure and lower yields. Sometimes machinery repairs can be delayed but you risk down time and delayed planting.

Yields can suffer if you try to reduce production resulting in more production loss than cost saved. Cost per acre is only part of the profit equation. Production and price are also part of the equation. Cost per bushel is more important than total cost per acre when it comes to selling for a profit.

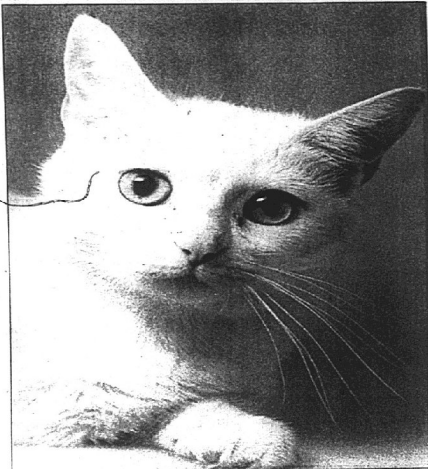
Another suggestion has been to plant soybeans this year since they cost less than corn

to produce. While costs per acre are important, can you sell your production at a profit? What is the market currently offering? Central Illinois new crop corn bids average \$2.20 and soybeans are \$4.75. The University of Illinois crop budget suggest operating costs are \$230 for corn and \$158 for soybeans.

Average yields have been 155 bushels for corn and 48 bushels for soybeans. These assumptions will use \$111

return over operating costs for corn and \$70 for soybeans. Use your own numbers. Look for market signs, such as higher corn prices in relationship to soybeans.

There are other considerations, such as dry weather or the market loan rate, which favors soybeans. However, currently supply and demand fundamentals appear to favor corn. Income and profit potential depends on profitable yields.



John Swistak Jr. photo

Pet of the week

Snow, a white 1-year-old domestic shorthair, is among many homeless animals available for adoption from the Metro East Humane Society. She is spayed and has one green eye and one blue eye. To adopt Snow (Card G109), apply in person at the shelter, 8495 Illinois 143, Edwardsville, or call 656-4405. Shelter hours are 11:30 a.m. to 5 p.m. Monday through Saturday and noon to 4 p.m. Sunday.

Edwardsville students walk a mile for diabetes research

By Curtiss A. Hartley
Staff writer

Glenna Loch's daughter, Kayla, came home from Columbus School last week excited because she gets to help raise funds for the American Diabetes Association. Kayla was diagnosed with juvenile diabetes a year ago.

Columbus students were given sign-up sheets before spring break. Today, they will take turns walking a mile in the school gymnasium and then collect donations from those who sponsored their walk.

Linda Posner, physical education teacher at Columbus School, came up with the plan to encourage not only physical fitness among her students, but social conscience as well.

"Last year at another school, we did a Jump-rope For The Heart fund-raiser, and the kids raised \$800," she said.

Posner, who lives in

Pocahontas, has taught in the Edwardsville school district for 25 years. She has been at Columbus School for the last eight years.

"Just as I was talking to our principal at Columbus, I received some literature from the American Diabetes Association," Posner said, "and I thought this would be much more personal."

Besides Kayla, there is at least one other student at Columbus with juvenile diabetes, she said.

Loch was as excited as her daughter about the opportunity to raise funds for diabetes research.

"What a great thing for a teacher to do," she said, "to help with the education of the students, and raise money for diabetes too."

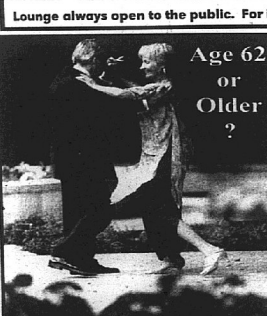
"The school has been really supportive of these diabetes," Loch said. "It's like, 'OK, so they have diabetes. So what? We're just glad to have them here,'" she said.



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Church

GENERATION Jesus YOUTH GROUP, led by the youth minister, 5 to 8 p.m. every Sunday at Nameeki United Methodist Church, 1900 Pontoon Road.

JESUS EVERY THURSDAY (JETS), led by the music director, is for kids 3 to 11 years old. Meets from 7 to 8 p.m. Thursdays. Music, Bible study and fun at Niedringhaus United Methodist Church, 20th and Delmar. Mom's Bible study and share group meet at the same time at Niedringhaus. For more information, call 877-4555.

TEMPLE BAPTIST Church Adventure Club, an after school activity for grades 4-6, Thursdays, 4-5 p.m. Tuesdays at the church, 1500 Harris St. For more information, call 452-0273.

Community

MADISON COMMUNITY ACTION GROUP meets at 7 p.m. every Wednesday. For more information, call Dan at 452-2336 or Diane at 876-1360.

EAGLES AUXILIARY 1126 BINGO every Sunday at the Nameeki Bingo Center, 1126 Bingham p.m., with 22 games, two color raffles, pull tabs, Speedballs, Computers and bonuses.

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday at the Nameeki Bingo Center. Enjoy fellowship. For more information and/or location of meetings call 951-2039.

NAVY MOTHERS CLUBS OF AMERICA, meet at 7:30 p.m., second Thursday of each month, at the Veterans of Foreign-Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to attend. For more information, call 931-2292 or 876-2209.

TOASTMASTERS INTERNATIONAL meets from 7 to 9 p.m. the first, third and fifth Tuesday of the month at Shoney's, Highway 157 (44 commercial) in Granite City. Come join us for better communication and leadership skills. For more information call 692-6226 or 344-2893.

WTHE JOLLY QUILTERS, 9 a.m. to 2 p.m., every Thursday at the Social Center, 905 Thorsgate Drive in Madison.

GRANITE CHAPTER 686 ORDER OF THE EASTERN STAR meets at 7:30 p.m. the second Friday of each month at the Mountie Tulpie, 2901 Street and Cleveland Boulevard in Granite City.

GRANITE CITY COMMUNITY BAND meets at 8 p.m. the first and third Thursday, St. John United Church of Christ, 2901 Nameeki Road, Granite City, 931-0426.

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY, 8 p.m., second Friday of each month, Granite City, 876-7715.

KNIGHTS OF COLUMBUS, 4TH DISTRICT, meet at 8:00 p.m. the third Tuesday of each month, 4225 Old Alton Road, 877-4259.

GRANITE CITY KIWANIS meet at 7:30 p.m. every Tuesday at Shoney's.

Seniors

PONTON BEACH SENIOR CITIZENS meets at 7 p.m. the third Tuesday of each month at 3910 Highway 111, Pontoon Beach.

PONTON BEACH SENIOR CITIZENS meet at 11:30 a.m. every Wednesday, 3910 Highway 111, Pontoon Beach.

EAGLE PARK

EAGLE PARK meets from 10 a.m. to 12 p.m. every Tuesday at 10210 Hill Street (near, Eagle Park Acres, Madison.

FREE SENIOR CITIZEN EXERCISE CLASS meets at 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards St.

FRIDAY AFTERNOON PINOCCHIO CLUB for seniors 55 and over meet at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

Support Groups

PROSTATE CANCER SUPPORT GROUP, 3 to 4:30 p.m., third Sunday of each month, at the First Baptist Church, 2020 Johnson Road, Granite City. The group, men only, will meet in the church's Terrace Room, enter through the Fellowship Hall door on the east side of the building. For more information, call 877-0350. For more information phone Roger Zollner, any evening, at 650-5438.

LUPUS RHEUMATOIDISM SUPPORT GROUP, 7 to 8 p.m., every Tuesday, Lupus Foundation, 7:30 p.m., third Tuesday of each month. Memorial Hospital, 2000 Edwards, Suite 2337. 770-5800, extension 5860.

PARENTS OF MURDERED CHILDREN, St. Louis Chapter, 8 to 10 p.m., the second of each month, at the American Cancer Society Building, 4201 Lindell Blvd., St. Louis. For more information call 452-2143 or (314) 391-2230.

SPOUSE SUPPORT GROUP, sponsored by Nameeki United Methodist Church, meets at 7 p.m. the second of each month. For meeting time and place, call the church at 877-1935.

THE CHURCH OUTREACH INC. meets at 7 to 9 p.m. every Wednesday night at the Fellowship Missionary Church, 1644 Third St. in Madison. The church has a support program designed to support its community in the struggle with mental illness. For more information, call 877-TRUE.

THE COHEARTS (Commitment to Healing Emotions) is a Recovery Through Support Survivors of Suicide Support Team. One of our members is at risk of suicide. The group keeps all information confidential. We are a safe place to express our thoughts and feelings openly. Meetings are at 7 p.m. every Tuesday in the basement of the church, 337 E. Ferguson in Wood River. For more information call 251-4077.

PULMONARY SUPPORT GROUP, 11 a.m. to 12 p.m. every Wednesday, 11 a.m. to noon every Wednesday in the Doctors' Association, 2112 E. 12th St. Call 258-3019.

ALANON, 9:30 a.m. every Monday, 2116 Edison (side door) in Granite City. Call 463-2429.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m. every Wednesday, 2116 Edison, Granite City, 463-2429. (800) 307-6600.

ALANON ADULT CHILDREN meets at 7 p.m. every Wednesday at St. Elizabeth Medical Center, 2100 Madison Ave., in the Kettler Center Conference Room A. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m. every Wednesday, St. Elizabeth School's Noah's Ark Day Care, Fort Leonard Road, Granite City. The meetings are closed except for the last Wednesday of the month.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m. every Wednesday, noon and 8 p.m. every Friday at 2116 Edison, Granite City, (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m. every Thursday, Presbyterian Church, Mitchell, (800) 307-6600.

ALANON, 7 p.m. every Thursday, St. Elizabeth Medical Center, 2100 Madison Ave., in the Kettler Center Day Care Room C. Call 463-2429.

See CALENDAR, Page 14E

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Sexual assault victims have a voice with Collinsville group

By Bethany Behrhorst
Staff writer

You may think he took everything from you. But you still have a voice.

Those words appear on a poster in the waiting area at Sexual Assault Victims First in Collinsville.

That is the message conveyed by employees and volunteers at SAV-1st, a crisis center for victims of sexual assault, rape and incest. The lobby area where clients come for help and guidance is filled with teddy bears and dolls, children's books, a boardroom table and a plush couch.

The atmosphere is one that promotes comfort.

"That's one of our primary goals, as well as to provide quality services, counseling, medical and legal advocacy," said Sharon Ward, executive director of the crisis center. Since its inception five years ago, those involved with the organization have worked tirelessly to facilitate changes in the legal system and to dispel negative myths about victims. Pamphlets on the dangers associated with drug use, AIDS information and brochures about acquaintance rape fill a metal stand in a corner of the room.

Five women — Ward; Shirley Thomas, advocacy coordinator; Halimah Abdullah, prevention specialist; Susan Klein, counselor; and Christina

Taylor, counselor and advocate — work together with a team of 25 volunteers to offer around-the-clock counseling and intervention for victims through the center.

Volunteers must go through 40 hours of training, required by the state, to answer telephone calls and assist employees with helping clients. "We couldn't survive without the volunteers," Klein said. The prevention specialist at the center said the organization hopes to educate the public about the problem of sexual abuse and work toward its eradication by holding workshops at area schools, colleges and universities, as well as for police departments and medical professionals.

"That's something we'd like to do more of," Abdullah said. She said statistics show 90 percent of sexual abuse and rape cases go unreported in the United States each year. But legislation passed during the last year allowing for confidentiality within crisis centers in Illinois makes victims feel less inhibited and more likely to come forward.

"Their records cannot be subpoenaed to use in court, which makes the client feel more comfortable," Klein said.

Elderly sexual abuse and date rape drugs have taken the spotlight over the last year. Legislation making it mandatory for certain professionals to report

The services provided through the center are free to victims, as well as individuals seeking resources to become educated about ways to help loved ones who have been victimized.

suspected or confirmed elder abuse was passed in January, and government officials throughout the state are lobbying for the mandatory testing of date rape drugs in suspected cases.

The women agree more barriers need to fall before further progress can be made for victims.

They also unanimously applaud new legislation in Illinois passed last year requiring convicted child molesters to register with the state's attorney's office in the counties where they reside after they complete their jail terms. The program helps keep offenders away from children and makes their names available to the public. The services provided

through the center are free to victims, as well as individuals seeking resources to become educated about ways to help loved ones who have been victimized.

Funding for the center is provided by grants from the Illinois Coalition Against Sexual Assault, Target Stores, Sam's Club, Alton Women's Home Association and a prevention grant through the United Way Partnership. Public and private donations also pay for furthering the endeavors of the organization.

For more information about programs available through the organization, call 344-0609, the 24-hour hot line at 344-0605 or the toll-free number for the Rape, Abuse and Incest National Network toll-free at (800) 656-HOPE.

"That's one of our primary goals (giving help to sexual assault victims), as well as to provide quality services, counseling, medical and legal advocacy."

Sharon Ward
Executive Director
Collinsville Sexual Assault Victims First

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our thoughts to some springtime activities. The lawn is one of them. If your lawn is in need of replacement, now's the perfect time to do it. And we have some tips to help things go smoothly.

The following tips apply whether you plan on sodding or seeding.

The first step is to prepare the soil. Have it tested or pick up a test kit at Frank's. Add what's necessary to the soil.

Your next step is to get rid of the current lawn. The best way to go about it is to use Roundup*, a non-selective vegetation killer. This will clear your yard of everything that's growing, weeds, grass and all. Naturally, care should be exercised in its use.

Once the product has done its job, rake up all the debris, and you'll have a nice, clean surface for your new lawn. But don't get too anxious. Read the label and wait the recommended time. The effects of the vegetation killer need to wear off first. Seed or sod planted too soon won't stand a chance.

Roto-till a 2-inch layer of organic material such as peat, compost or cow manure into the soil, loosening it to a depth of 6 to 8 inches. Then level everything with a rake, removing any stones, boards or other debris.

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In the past, after sowing the seed, gardeners waged war on the birds that came to feast. And the gardeners usually lost. That's changed, too. This new type of seed has declared a truce between humans and birds. The unnatural color of the seed doesn't attract birds. Provide an alternate food source and so much the better.

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SHREWSBURY	125 Koenig Plaza Dr. (314) 962-8878
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Community Calendar

Continued from Page 13B

ALCOHOLICS ANONYMOUS, 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 692-0079.

ALANON, 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

THE CIRCLE OF HOPE, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. every Tuesday at the King's House on North 9th Street in Belleville. For more information, call 234-0291.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave.,

24-hour hot-line 398-9409.

NARCOTICS ANONYMOUS, Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

NARCOTICS ANONYMOUS open meetings are held at St. Elizabeth Medical Center, 2100 Madison Ave., on the following days and times: 8 p.m. Sundays in Pascal Hall; 8 p.m. Tuesdays in the Kettler Center, Room A; 8 p.m. Thursdays; 8 p.m. Fridays in the Kettler Center; and 8 p.m. Saturdays in Pascal Hall. For more information, call the 24-hour hot-line, 398-9409.

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Today's Food

Chocolate

Charms



A slice of Macadamia Nut Chocolate Swirl Cake holds rich flavor in every bite.

Choice chocolate invites taste buds to say 'Wow!'

By Janice Denham
Staff writer

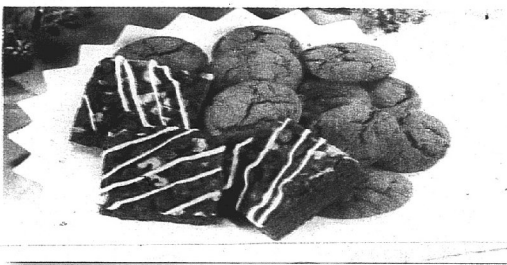
According to American artist and cartoonist John G. Gullius, "Nine out of 10 people like chocolate. The 10th person always lies." This is the kind of person who consumes the entire body of a chocolate bunny, not just its ears, at one sitting. The world's mad rush for chocolate began long ago. The Aztec Indian ruler Montezuma every day drank more than 50 portions of chocolatl, a beverage made of cocoa beans.

Bring back the chocolate from Switzerland or Belgium and lucky souvenir recipients notice a big difference in style

and flavor. Although these imports are considered among the "finest" worldwide, even an informal test by Consumer Reports for a story in its March publication found staffers mixed on their preferences.

Americans like chocolate sweeter, milkier and less dark than Europeans.

While it may not fill a chocoholic's agenda, an occasional indulgence of chocolate can be part of a healthy eater's enjoyment of delicious variety. Most people don't care, but its fat comes from cocoa butter, which is composed of a variety of types of fatty acids. There is good news. One of the saturated fats has a



Chocolate lovers treasure the sensation of the flavor in lightened fare, too.

See CHOCOLATE, Inside TODAY'S FOOD Page 2

Wise Ways
Pick and choose
pepper by color
for egg salad
See Page 2

Food & Nutrition

Hearty Bites

Tofu, member in good standing of healthy soy family, absorbs surrounding flavors.
INSIDE

Blue Ribbon Cook

Strawberries and spinach lead fresh ingredients in colorful salad dressed with raspberry vinegar.
INSIDE

Test Run

Toastable pastries offer new range of flavors.
INSIDE

Micro Raves

Tea time aids state of mind for a short, late-afternoon respite from the world.
INSIDE

Lively Taste

Cannellini salad is full-flavored. Core and cut 1 pound fresh tomatoes, held at room temperature until fully ripe, into chunks (about 3 cups). Combine with 1 can (19 ounces) cannellini (white kidney) beans, rinsed and drained; 3/4 cup chopped onion; 2 tablespoons chopped fresh parsley; and 1/3 cup Italian salad dressing. Toss until well coated. Marinate, covered, 15 minutes. Top with 1/4 to 1/2 cup diced feta cheese. Serve over romaine lettuce. Makes 4 servings; 286 calories and 14 g fat each, using 1/2 cup feta.

Health & Fitness

Medicine Chest

Antibiotics should be taken for the full course of therapy. This means all tablets or capsules should be taken. It is never a good idea to "save a few" for the next time you feel bad. In the long run, the original infection does not clear-up and you might be helping the bacteria learn how to resist the drug.

Fresh Picks

The weather can determine how vegetables are cooked. Grill them on a warm and sunny day; broil or roast them if the season seems overcast. Cut yellow squash, eggplant, red onion, bell pepper or zucchini in large chunks, then marinate them in Italian, red wine vinaigrette or Oriental salad dressing 15 minutes. Grill or roast vegetables, brushing often with more dressing, until lightly browned.

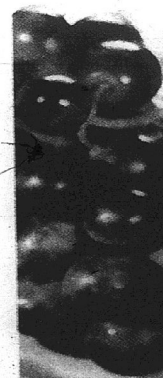
Big Fat Tip

It is hard to pass up sales on regular ground beef. A 3-ounce pan-fried hamburger or slice of meatloaf made from regular ground beef has 17 to 19 grams fat. The same portion made from 90 percent-lean ground beef has about 9 grams fat, a difference of about 2 pats of butter. Cooking on a rack so fat drips out or blotting meat on paper towels reduces fat a little, while rinsing meat cooked in crumbles can reduce fat enough to bring regular beef to as low in fat as 90 percent lean beef. It is not just price per pound, but total cost to consider. Sometimes what seems like a large difference comes out to about 20 cents a serving, which may mean buying a few other foods on sale, switching another night's meal to meatless or cutting back on serving size. There also is less solid meat in a pound of ground beef than in a pound of ground round, because the fat drips away.

Future Shop

Early this year Hostess Twinkies gave limited release to a version of its classic treat with banana creme filling. Banana creme filled the oblong cakes from their inception in 1930 until World War II, when a country-wide banana shortage forced a change to the more familiar vanilla filling. A billboard ad in St. Louis for Twinkles' Future Shop inspired its name. Two of them cost a nickel.

VERY BERRY GRAPE CRUMBLE



Super-size purple-black grapes are among the fruits coming to market this time of year from the summer harvest in South Africa. The grapes are tagged "Cape" because they come from a fertile region in the Cape of Good Hope. Like with produce in the Northern Hemisphere's summer later this year, fruits follow a natural progression of harvest. Grapes are available until the end of April, then pears and then a few apples come to North American markets.

The few seeds in each grape help them grow to jumbo size. They are easy to eat straight from the stem or can be used in any kind of dish, including dessert or Very Berry Grape Crumble.

Toss 3 cups black grapes, halved and seeded, with 2 teaspoons cornstarch. Stir in 1/3 cup apricot preserves. Place in greased 8-inch square baking dish.

Combine 2/3 cup flour, 1/3 cup packed brown sugar and 1/2 teaspoon ground ginger with 1/3 cup soft butter or margarine, cut in pieces. A

food processor makes easy crumbs of this, but it is a good project for small hands to pummel and squeeze when ingredients are placed in a sealed plastic bag.

Sprinkle the crumbs over the fruit. Bake in preheated 350 degree oven 30 to 35 minutes until crumbs are golden and the filling is bubbly.

This recipe comes from a booklet, "Kitchen CAPERS: Recipes Your Children Will Love to Make and Eat," with

about 75 recipes for Cape fruit. To receive one, send name, address and \$2 for shipping costs to: Cape Fruit, Lisa Ekus Public Relations Co., 57 North St., Hatfield, Maine 01033.

Kids' Cuisine

Today's Food

Eggs survive nutrition chart

By Cynthia Fauser
Correspondent

Perhaps there are still a few Easter eggs in the fridge. Hard-cooked eggs can be kept safely up to a week in the refrigerator, so now is

WISE WAYS the time to use them up. Using them assumes they have been handled properly up to now.

Hard-cooked eggs require the same care given any other perishable, high-protein food, so the "two-hour rule" applies. That means they must not be left at room temperature more than a total of two hours, including time for coloring, hunting, displaying and serving.

Eggs are wonderfully versatile. Inexpensive and easy to prepare in minutes, they can be breakfast, lunch, dinner or dessert any time of year. They offer high-quality protein, vitamins and minerals.

In spite of previous directives, there is no reason to avoid eggs on a heart-healthy diet. Even cholesterol-lowering diets allow moderate amounts of whole eggs.

Dr. Wanda Howell and her colleagues at the University of Arizona conducted a statistical analysis of 224 dietary studies carried out over the last 25 years representing more than 8,000 subjects. Her analysis showed saturated fat, not dietary cholesterol, was the biggest factor in raising blood cholesterol.

Registered dietitian Cynthia Fauser is nutrition specialist for University Extension (University of Missouri system) in St. Louis County.

PECK O' PEPPERS SALAD

- 1/2 cup bottled reduced-fat vinaigrette salad dressing
- 1 tsp. salt
- 2 1/2 cups chopped green, red and/or yellow bell pepper
- 1/4 cup finely chopped onion
- 2 cups cooked, small pasta shells (5 to 6 oz. uncooked)
- 6 hard-cooked eggs, cut in wedges
- 6 whole medium green, red, and/or yellow bell peppers

In large bowl, stir together dressing and salt. Toss with chopped pepper and onion. Toss until evenly coated with dressing. Gently stir in pasta and eggs. Cover. Chill to blend flavors.

Cut tops off whole peppers. Remove seeds. If desired, cut edges in scallop or sawtooth design. Fill each pepper with about 1 cup salad mixture.

Makes 6 servings; 188 calories, 6 g fat, 213 mg cholesterol, 19 g carbohydrate, 9 g protein and 527 mg sodium each.

Chocolate

Continued from page 1C. neutral effect on cholesterol levels.

Some people don't stand in line for candy bars. They prefer their chocolate hit by the cake, pudding, pie, cookie, muffin or bag of chips and sprinkles. They add more flavors — like marshmallow, nut, caramel or mint. They are like a 2-year-old who looks beyond a simple flavor like peanut butter to the entire world as a complement.

These recipes are for them. The Macadamia Nut Chocolate Swirl Cake is part of World's Finest Chocolate's 50th birthday celebration as a company. This is the company that allowed groups to raise money by selling 1 candy bars with the organization's name on them.

Its chocolate products also are available directly from the Chicago factory by mail order. For information about the chocolate or its cookbook, "Something's Chocolate," call toll-free (888) 821-8452 and mention the anniversary phrase "WFC is 50."

Hershey's lightened the chocolate snack cake and chewy cookies. A combination of lower-fat ingredients, including chocolate syrup and cocoa powder, provide chocolate sensations with fewer calories. Its web site is www.hersheys.com.

MACADAMIA NUT AND CHOCOLATE SWIRL CAKE

- 1 cup (2 sticks) unsalted butter
- 2 cups granulated sugar
- 1 cup buttermilk
- 4 eggs, separated
- 2 tsp. vanilla
- 2 1/2 cups flour
- 1 tsp. baking soda
- 1 tsp. baking powder
- 1/4 tsp. salt
- 1/2 cup toasted macadamia nuts, coarsely chopped
- 2 oz. semisweet chocolate, coarsely grated (1/2 cup)

Preheat oven to 350°. Thoroughly grease and flour 2-quart tube or fluted pan.

In medium bowl, beat butter and sugar until light

SUNRISE BEEF HASH

In large nonstick skillet over medium-high heat, heat 2 tablespoons oil. Add 3 cups frozen potatoes O'Brien, 1

and fluffy. Blend in buttermilk, egg yolks and vanilla until mixture is creamy and lemon-colored. In small bowl, combine flour, baking soda, baking powder and salt.

In clean metal bowl, beat egg whites until stiff but not dry. Blend buttermilk mixture with dry ingredients until just combined. Stir one-fourth beaten egg whites into batter, then fold in remaining whites. Fold in nuts.

Spoon half the batter into prepared baking pan. Carefully spoon grated chocolate over batter, keeping chocolate away from side of baking pan. Spoon remaining batter on top of chocolate and gently spread to conceal chocolate completely.

Using long skewer or knife, make spiraling cuts through layers to swirl chocolate; do not scratch floured surface of baking pan. Bake cake in preheated oven 50 to 60 minutes until cake tester inserted in center of cake comes out dry.

Cool on rack 10 minutes. Unmold cake carefully. Serve warm or let cool completely before wrapping. If desired, dust with confectioner's sugar before serving.

Makes 12 servings.

TRIPLE CHOCOLATE SNACK CAKE

- 1/2 cup (1 stick) margarine or butter (60 percent oil preferred), softened
- 3/4 cup sugar
- 1 can (16 oz.) chocolate syrup (do not use lite syrup)
- 2 eggs
- 1 egg white
- 1 cup flour
- 1/4 cup cocoa powder
- 1 cup reduced-fat semisweet chocolate chips
- 1/4 cup chopped nuts
- 1/4 cup Quick Vanilla Drizzle

Preheat oven to 350°. Coat 13-by-9-inch baking pan with nonstick cooking spray.

Beat spread and sugar in bowl until well blended. Add syrup, eggs, egg white, flour and cocoa. Beat well.

small green or red bell pepper and 1 small onion, both chopped. Cook 10 to 15 minutes, stirring occasionally, until potatoes are browned and crisp. Add 3 cups coarsely chopped (1/4-inch pieces)

Pour batter into prepared pan. Sprinkle chips and nuts on top.

Bake in preheated oven 30 to 35 minutes until cake springs back when touched gently in center. Cool completely in pan on wire rack.

Drizzle Quick Vanilla Drizzle over top. Quick Vanilla Drizzle: Stir together 1/2 cup confectioner's sugar and 2 to 3 teaspoons nonfat milk until desired consistency. Makes about 1/4 cup icing. Makes 15 servings, 290 calories and 9 g fat each.

CHEWY CHOCOLATE AND CINNAMON COOKIES

- 6 tbsp. margarine, softened
- 3/4 cup packed light brown sugar
- 3 tbsp. plus 1/4 cup granulated sugar
- 1 egg
- 1 tsp. baking soda
- 1/4 cup light corn syrup
- 1 tsp. vanilla
- 1 1/2 cups flour
- 1/2 cup cocoa powder
- 1/4 to 1/2 tsp. cinnamon

Preheat oven to 350°. Coat cookie sheet with nonstick cooking spray.

Beat margarine until creamy. Add brown sugar and 3 tablespoons granulated sugar. Beat until blended. Add egg, baking soda, corn syrup and vanilla. Beat well.

Stir together flour and cocoa. Beat into margarine mixture. If batter becomes stiff, use wooden spoon to stir in remaining flour. Cover. Refrigerate short time, if necessary, until batter is firm enough to shape.

Shape dough into 1-inch balls. Roll balls in combined 1/4 cup granulated sugar and cinnamon. Place 2 inches apart on prepared cookie sheet.

Bake in preheated oven 9 to 10 minutes until cookies are set and tops are cracked.

Cool slightly. Remove from cookie sheet to wire rack. Cool completely. Makes 40 cookies, 64 calories and 2 g fat each.

cooked beef roast. Season with salt and pepper, if desired. Carefully stir in 1/4 cup beef gravy. Cook 2 to 3 minutes longer until heated through.

Makes 4 servings.

Breakfast pastries treated warmly without toaster

Makers of grab-and-go breakfast seem to have a gold mine in toaster pastries. The mother lode was never sweeter than with some new entries. Testers tried several.

TEST RUN

Those tested from Shop 'n Save were Entenmann's Fruit-Tarts (blueberry, 5 to package for \$2.60); Kellogg's

Pop-Tarts (low-fat, frosted, brown sugar and cinnamon, 8 to package for \$1.85, and cheese Danish, 5 to package for \$2.29); Nabisco Kool Stuff (strawberry, 8 to package for \$1.69). All testers were adults.

One of the pastries' fans called them "a good breakfast or late night snack."

The one that gathered the most endorsements was Entenmann's blueberry.

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By Sandra Corcoran

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Afternoon snack custom Americans could adopt fits break time to a tea soy for healthy routine

By Sandra Hounsom
Correspondent

Tea was introduced into Britain in the 1650s, brought from the East in Dutch ships and first sold in London coffee houses. Tea offered a refreshing alternative to ale.

MICRO RAVES

Some claimed tea had beneficial effects against headaches, lassitude (listlessness), fevers, colds, dropsy and scurvy. Skeptics believed habitual drinking of tea accounted for the skin pigmentation of the Chinese.

At first tea consumption was thought a luxury. Rich folk in the 1660s found tea fashionable to drink after meals.

When entertaining, the women would retire to the drawing room with their tea, while the men remained at the table to drink port. Some call this "tea and scandal," an opportune start of feminine gossip.

In the 19th century, social habits, including meal times, changed. Breakfast was around 9:30 a.m., dinner — the main meal —

was at 4 or 5 p.m. and another light meal was served at 10 p.m. When dinner was delayed a couple hours, luncheon was introduced and the late supper began to disappear.

As dinner migrated progressively later, the gap in the afternoon between meals lengthened.

The Duchess of Bedford came up with the idea of filling the gap with tea and cakes. She invited friends to her boudoir around 5 and offered them a delicate meal to quell the pangs of hunger.

From that beginning, afternoon tea became proper, with prescribed menus and procedures.

Servants set up a folding tea table in the drawing room or a spacious hall, in the garden in summer, and placed a linen tablecloth on top. The teapot, slop bowl, sugar bowl and milk jug, cups and saucers were placed on a table by the hostess's chair. A silver teakettle with a spirit lamp underneath kept the beverage warm.

Side plates, knives and all the food were laid out on another table within easy reach of guests. A hostess made and poured the tea

herself, so no servants were needed, while male guests passed sandwiches or biscuits.

Today the ritual of tea time can be a welcome, civilized break in a busy day, even for an individual. In the late afternoon, stop whatever you're doing and steal half an hour for yourself.

Brew a fragrant pot of tea. Even with only a microwave oven to use, it is possible to brew a delicious mixture of a favorite tea.

Place 3 cups water in a 4-cup measure. Microwave on high power 5 minutes. Add 4 tea bags. Remove when the desired strength is achieved.

Arrange some light sandwiches or a cookie or a small cake on a pretty plate. Carry your plate to your favorite place — a window seat, a sofa in front of the fireplace, a corner in the garden — or to a secluded corner of the office indoors or outside as the weather warms.

Relax and enjoy the moment. Close your eyes. *Home Economist Sandra Hounsom specializes in microwave cooking.*

By Erica Sachs
Correspondent

Acclaimed the "most potent cholesterol-lowering dietary factor yet discovered" by the New England Journal of Medicine, soy was hailed in recent months for its ability to ease the symptoms of menopause and to stop cancer cells from dividing and spreading.

HEART-Y BITES

Perhaps the form of soy that is the most versatile, most loved (by vegetarians), yet most feared (by meat eaters), is soyfood or tofu. Health testimonials should put it high on Americans' healthy hit parade, but Americans are reluctant to give this unfamiliar food, a staple of the Asian diet, a chance.

Soft and bland in its basic form with little flavor of its own, tofu acts like a sponge to absorb other flavors from marinades and adding to a stir-fry or salad, to silken

salad dressing or dessert a creamy texture. For those who want to sample prepared tofu before christening a new recipe, health food stores and many supermarkets now carry baked tofu marinated with Mexican, Thai, Oriental or Italian flavor. It can be cubed and added to a vegetable stir-fry or simply sliced and incorporated into a tasty sandwich.

Merely substituting

soymilk for cow's milk on morning cereal brings a host of health benefits. Soymilk comes in various flavors, as well as in low- or no-fat versions. A delicious smoothie can be made with carob- or vanilla-flavored soymilk plus a banana and some frozen strawberries. Even fruit-flavored soy yogurt exists. Almost every dairy product has an alternative made with soy.

Here is another simple, delicious way to incorporate soy. Used in salad, it again demonstrates tofu's versatility.

Erica Sachs is a member of the nutrition committee of the American Heart Association, St. Louis

Chapter.

TOFU SALAD A LA GREQUE

- 2 tbsp. olive oil
- ¼ cup balsamic vinegar or lemon juice
- 1 clove garlic, minced
- Salt and pepper, if desired
- 1 tbsp. chopped fresh or 1 tsp. dried basil
- ½ tsp. chopped fresh or ½ tsp. dried oregano
- 1 large cucumber, peeled, cubed
- 1 cup cherry tomatoes, halved
- 1 small red onion, diced
- ¼ cup chopped Greek olives
- 1 oz. feta cheese, crumbled
- 1 lb. firm tofu, drained, cubed
- Spinach or romaine lettuce, cut in serving-size pieces

In large bowl, whip together olive oil, vinegar, garlic, basil and oregano. Season with salt and pepper. Add tofu. Marinate 1 hour.

Spring freshness flavors salad winner

Tina Palank, Imperial, wins this week's recipe contest for Colorful Spinach-Strawberry Salad. Her prize is dinner

COLORFUL SPINACH STRAWBERRY SALAD

- 1 cup vegetable oil
- 1 cup raspberry vinegar
- ½ cup sugar
- 1 tsp. salt
- 1 tsp. Worcestershire sauce
- ½ small onion, chopped
- 1 lb. fresh spinach leaves, well washed and dried
- 4 oz. strawberries, sliced
- 4 oz. bean sprouts, washed and dried

certificates at the Pasta House Co.

She uses this recipe all summer with fresh spinach, strawberries, bean sprouts

8 oz. red grapes, cut in half
1 lb. bacon, fried until crisp, drained, broken in pieces

Mix together oil, vinegar, sugar, salt, Worcestershire sauce and onion. Shake or whip well. Refrigerate at least 30 minutes. Shake again before using.

Combine spinach, strawberries, bean sprouts, grapes and bacon. Just before serving, add well-mixed dressing.

Note: Amount of bacon can be reduced, if desired.

and red grapes. This family favorite serves more than a small family, so she uses it for all kinds of occasions, get-togethers because it attracts those who like interesting flavors.

BLUE RIBBON COOK

Muffins are the subject

of this month's contest. They can be sweet or savory, served for breakfast, a snack or along with dinner.

A single recipe should be postmarked by April 30 and sent to: Muffin Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis 63131. It also can be e-mailed to westnews@primary.net.

Each Wednesday in May a winner will be chosen on the basis of taste and eye appeal, as well as originality, although the recipe need not be original. That means there will be four winners. As usual, the history of the recipe will be considered part of the entry. If possible, name the recipe's source.

Type or print the recipe legibly on one side of the paper. Include name, address and telephone number on the entry. Name the Journal you receive.

Double-check the recipe as it is written for both amounts and directions. Include any variations that make this dish special. Winners are notified by mail.

Recipe

HONEY MANDELNBROT

- 3 eggs, separated
- ¼ cup (½ stick) margarine, softened
- 1 cup matzo cake meal
- ¼ cup honey, heated
- 1 tsp. grated orange peel
- ¾ cup whole almonds

Preheat oven to 350°.

Grease baking sheet.

Beat egg yolks until light.

Beat in margarine until blended. Stir in cake meal,

¼ cup honey and orange peel.

Beat egg whites until stiff but not dry. While beating,

slowly pour remaining honey in thin stream into egg whites.

Fold egg white mixture

into yolk mixture until blended. Stir in almonds. Divide batter between two 8-by-5-inch loaf pans.

Bake in preheated oven 30 to 35 minutes until wooden pick inserted in center comes out clean. Remove loaves from pans. Slice ½-inch thick. Place cut-side up on prepared baking sheet. Return to oven.

Reduce oven temperature to 250°. Bake 25 to 30 minutes longer until lightly browned.

Cool completely before serving. Store in airtight container.

Makes about 32 cookies; 71 calories, 2 g protein, 4 g fat, 8 g carbohydrate, 25 mg cholesterol and 23 mg sodium each.

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The luncheon will be held on Monday, May 3, 1999 at the Ritz Carlton in Clayton at noon. Tickets are \$30 each with seating at tables of ten. Reserved tickets will be distributed at the door the day of the event. Please indicate whom you would like to be seated. We will try our best to honor your request.

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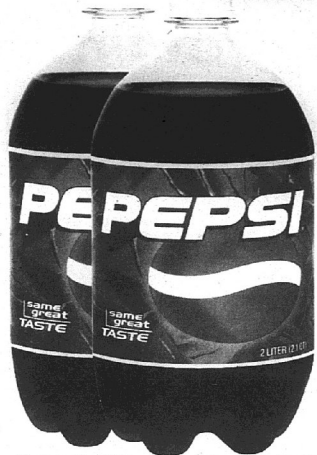


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FOOD FOR LESS

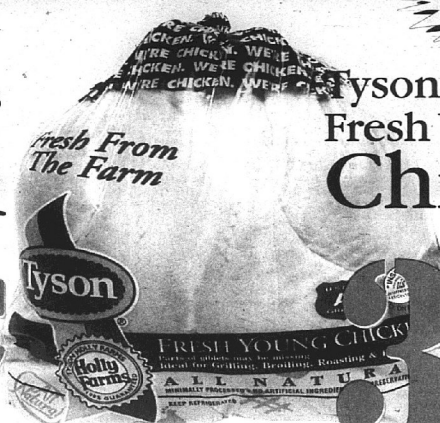
WESTERN UNION MONEY TRANSFER
The fastest way to send money worldwide.

Welcome
National Shoppers
We look forward to
serving you!



2 liter
Assorted Varieties

Pepsi
59¢



Tyson Holly Farms
Fresh Young Whole
Chickens

39¢
lb.

Limit 4 with additional \$10 purchase excluding liquor & tobacco

Limit 3 with additional \$10 purchase excluding liquor & tobacco

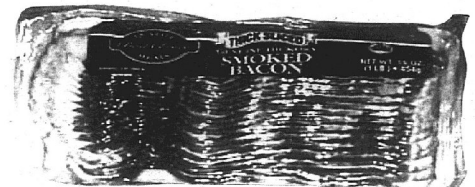
OUR NAME SAYS IT AND OUR PRICES PROVE IT!

Washington
Extra Fancy
Red or Golden
Delicious
Apples
38¢
lb.



1 Roll
**Always
Save
Towels**
Limit 3

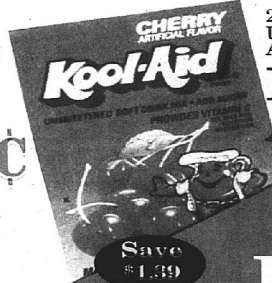
25¢



16 oz. pkg.
**Best Choice
Bacon**

98¢
Limit 2

Best Choice
4 lb.
**Best Choice
Sugar**
99¢
Limit 1



2 qt
Unsweetened
Assorted Varieties
Kool-Aid

**Buy 6
Get 6
FREE**



Gallon
2% Reduced Fat
**Farmcrest
Milk**

189¢

MEAT & PRODUCE

12 oz. pkg. Seitz Hot Dogs 78¢	12 oz. pkg. Seitz Lunchmeats 128¢	12 oz. pkg. Red Ripe Whole Seedless Watermelon 28¢ lb.	12 oz. pkg. Extra Large Green Peppers or Bunch Green Onions 4/\$1
12 oz. pkg. Whole Center Cut Boneless Pork Loin 198¢ lb.	16 oz. Roll Assorted Varieties Best Choice Sausage 98¢	12 oz. pkg. Johnsonville Bratwurst or Italian Sausage 298¢	12 oz. pkg. Red, Green or Romaine Leaf Lettuce 68¢ each

GROCERY • DAIRY • FROZEN

20 lb. Bag Kingsford Charcoal 499¢	12 inch Original Thin Light Tombstone Pizza 3/\$9 2/\$8	24 Pack 12 oz. Cans Assorted Varieties Pepsi-Cola 488¢
24 oz. Bunny Sandwich Bread 99¢	12 inch Oven Rising or Double Top Revelly Lite Ice Cream 189¢	12 Pack 12 oz. Cans Assorted Varieties Coca-Cola 239¢
16 oz. Spaghetti, Linguine, Angel Hair Best Choice Pasta 2/109	1 lb. Quarters Imperial Margarine 2/\$1	12 Pack 12 oz. Cans Assorted Varieties Milwaukee's Best Beer 409¢
12 Roll Angel Soft Bath Tissue 299¢	15 oz. Assorted Varieties K.C. Masterpiece Barbecue Sauce 2/\$3	10 oz. Assorted Varieties Fritos or Chee-tos 3/\$5

UNIVERSITY CITY

8000 OLIVE STREET, MOBILE MON. - SAT. 7:00 AM - 8:00 PM, SUN. 8:00 AM - 8:00 PM

JENNINGS

8800 JENNINGS ROAD, RIVER ROADS SHOPPING CENTER, MON. - SAT. 7:00 AM - 8:00 PM, SUN. 8:00 AM - 8:00 PM

MADISON

1127 MADISON AVENUE, MON. - SAT. 8:00 AM - 9:00 PM, SUN. 8:00 AM - 7:00 PM

HIGH RIDGE

2713 HIGH RIDGE BLVD. MON. - SAT. 8:00 AM - 9:00 PM, SUN. 8:00 AM - 8:00 PM

Prices Effective 4-7-99 thru 4-13-99

Wed 7, Thur 8, Fri 9, Sat 10, Sun 11, Mon 12, Tue 13

* Personal checks Welcome With valid drivers License or State ID • State Lottery • Food Stamp Welcome • Manufacture Coupons Welcome • Western Union Money Orders Available • Visa Reserve This Right To Limit Quantities and Correct All Printing Errors • Some Items May Not Be Available At All Locations

BONELESS PORK CUTLETS..... **99¢** L.B.
MATROSE JUMBO FRANKS..... **99¢** L.B.
CHICKEN DRUMS OR THIGHS..... **79¢** L.B.
KORN KING 12 OZ. BACON..... **99¢** L.B.

U.S.D.A. BONELESS CHUCK ROAST..... **99¢** L.B.
LEAN 10 LB. BAG GROUND CHUCK..... **\$1.19** L.B.

WHOLE CHICKEN BREAST..... **89¢** L.B.
USDA BONELESS CHUCK STEAK..... **\$1.59** L.B.
BONELESS BEEF SHORT RIBS..... **\$1.49** L.B.
COVERED WAGON BACON 10 LB. BOX..... **\$6.90**

BUTT CUT COUNTRY RIBS..... **99¢** L.B.

SLICED WHOLE BUTT PORK STEAK..... **89¢** L.B.

LEROY'S SAUSAGES ITALIAN CAJUN GARLIC LOUISIANA..... **\$1.69** L.B.

SHOP EARLY, SOME SUPPLIES LIMITED WE RESERVE THE RIGHT TO LIMIT PRICES GOOD 4089 Pontoon Rd. 931-1213
APRIL 7 THRU APRIL 13, 1999

LEROY'S

LIPTON 24 CT. BOX FAMILY SIZE TEA BAGS..... **\$1.29**
CRISCO 48 OZ. BOTTLE OIL..... **\$2.19**
HIDDEN VALLEY 16 OZ. BOTTLE DRESSING..... **2/\$5**
CAPRI SUN 16 CT. BOXES DRINKS..... **2/\$5**

KINGSFORD CHARCOAL..... **\$3.99** 20 LB. BAG LIMIT 1

FOLGERS 34-32 OZ. CAN COFFEE..... **\$5.99**
STRONHEART 13.3 OZ. CAN DOG FOOD..... **3/\$8.99**
BEST YET PAPER TOWEL SINGLE ROLL..... **2/\$1**
32 OZ. BOTTLE GATORADE..... **99¢**

K.C. MASTERPIECE BBQ SAUCE..... **89¢** 16 OZ. BOTTLE
 LIMIT 2 WITH \$15.00 PURCHASE

PEPSI COLA OR COKE..... **99¢** 2 LITER BOTTLE

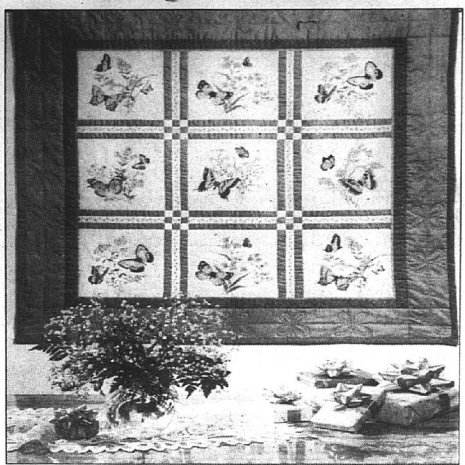
KELLOGG'S HONEY CRUNCH FROOT LOOPS CORN FLAKE & RAISIN BRAN..... **99¢** 15 OZ. BOX
 LIMIT 2 PLEASE

FROZEN & DAIRY
PATIO MEX. VARIETIES DINNERS 13-13.5 OZ...... **99¢**
MICHELINAS ENTREES 10 OZ. PKG...... **2/\$3**
PRAIRIE FARMS SKIM PLAIN LABEL MILK..... **\$1.99** GAL. JUG
PRAIRIE FARMS 2% PLAIN LABEL MILK..... **\$2.19** GAL. JUG
PRAIRIE FARMS ORANGE JUICE 1/2 GAL...... **3/\$4**

PRODUCE
VINE RIPE TOMATOES 6 PAC/\$1.39
RED POTATOES 10 LBS./\$1.69
WATERMELON SLICES..... **49¢**

THIS WEEK'S PRICE BREAKERS
BEST YET BLEACH 59¢ WITH 1 BOOK
BEST YET HAM OR HOT DOG BUNS 49¢ WITH 1 BOOK
BEST YET PAPER TOWEL 9¢ WITH 1 BOOK
BEST YET SPREAD 49¢ WITH 1 BOOK

Today's Food



A quickly-made, hand-stitched quilt designed in nine patches holds a bouquet of flowers for butterflies and others to admire.

Time-efficient quilts warm spirit year-round

Homemade quilts are useful for snuggling, as well as for decorating. Mother and grandmother would painstakingly piece and stitch together all the colors and materials that added up to year-round warmth for their effort. If today's fast-paced lifestyle and full schedules make traditional pastimes seem unrealistic, a new, 192-page guidebook, "Quilting for People Who Still Don't Have Time to Quilt," can produce a new mindset. The book features more than 50 step-by-step bed quilts and wall hangings designed specifically for quilters with limited time. Based on quick and easy strip-quilting techniques, the projects start with a basic quilt and build new skills with each subsequent quilt. Detailed general instructions make it easy to start — and finish — each quilt. Each project includes specific step-by-step instructions, a complete materials list, construction diagrams and color photos of the finished quilt. Designs range from the traditional "floral bouquet nine patch" and "Burgoyne surrounded" to the whimsical "where's Elvis?" and "fenced-in chickens." There is a design suited to everyone's taste and the best part is there is actually time for quilting this quick and easy way. The "Quilting for People Who Still Don't Have Time to Quilt" guidebook, No. AN4183, is \$27.95. For a more traditional technique to work in a hurry, a 21-page guidebook, "Learn to Do Hand Piecing in Just One Day," No. AN4174, is available for \$9.95. Prices include postage and handling for delivery in three to four weeks. For delivery in seven to 10 days, add \$1 per item, up to \$3 mil. about 3 minutes. To order by mail, clip this article and send it with a check or money order to: U-Bild Features, c/o Suburban Journals of Greater St. Louis, P.O. Box 2383, Van Nuys, Calif. 91409. To order by credit card, call 1-800-828-2453. U-Bild's web site is www.ubild.com.

Recipe

ORANGE CHICKEN AND LINGUINE

8 oz. uncooked linguine or fettuccine
 12 oz. skinless, boneless chicken breast, cut in bite-size strips
 1 large red bell pepper, coarsely chopped
 1 tbsp. olive oil or vegetable oil
 2/3 cup frozen orange juice concentrate, thawed
 1/2 cup chicken broth
 4 tsp. cornstarch
 Up to 1/8 tsp. ground red pepper
 2 tbsp. sliced green onion, if desired

CHICKEN QUESADILLAS

1 cup (8 oz.) shredded, cooked chicken breast
 1 tsp. Mexican seasoning
 4 (8 inch) flour tortillas
 1 cup (4 oz.) light Mexican cheese shreds
 1/2 cup picante sauce
 1/4 cup light sour cream, if desired
 1 tbsp. finely chopped fresh cilantro
 Preheat oven to 450°. Combine chicken and Mexican seasoning. Lightly coat one side of

Cook pasta according to package directions. Drain. Keep warm.
 In large skillet, cook chicken and red bell pepper in hot oil about 3 minutes until chicken is no longer pink.
 In small bowl, stir together juice concentrate, chicken broth, cornstarch and ground red pepper. Add to skillet. Cook and stir until thickened and bubbly. Cook and stir 2 minutes longer.
 Serve chicken mixture over pasta. Sprinkle with green onion.
 Makes 4 to 6 servings; 442 calories, 26 g protein, 68 g carbohydrate, 7 g fat, 45 mg cholesterol, 109 mg sodium and 3 g dietary fiber each.

each tortilla with nonstick cooking spray. Place tortillas spray-side down on baking sheet. Top half of each tortilla with 1/4 cup chicken, 1/4 cup cheese and 2 tablespoons picante sauce; fold other half over top. Bake in preheated oven 6 to 7 minutes until tortillas are crisp and cheese is melted. Remove from oven. Let stand 5 minutes. Cut each in 4 pieces.
 Garnish quesadillas with sour cream and cilantro.
 Yields 4 servings; 308 calories, 6 g fat, 51 mg cholesterol and 578 mg sodium each.

Shop 'n Save®



**GREAT
VALUES.
GREAT
PRODUCTS**



15.1 OZ. HONEY CRUNCH CORN FLAKES,
15-OZ. FRUIT LOOPS, 20-OZ. RAISIN BRAN
OR 19-OZ. BITE SIZE MINI WHEATS
Kellogg's Cereal

2/399



**Heinz
Ketchup**

99¢
28-OZ. BTL.



ORIGINAL, CHURN STYLE OR LITE
**Shedd's Spread
Country Crock**

2/295
3-LB. BOWL



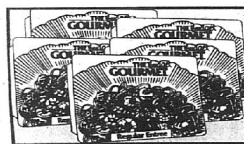
ASSORTED VARIETIES
**Kool-Aid
Packets**

9/99
MAKES 2 QUART



CHEEK POWDER OR
LIQUID OR POWDER
**Tide Ultra
Laundry Detergent**

547
92 TO 105-OZ. PKG.



ASSORTED VARIETIES
**Budget Gourmet
Entrees**

5/495
8.7-10-OZ. PKG.



CRISPERS, TATOR TOTS
OR CRISPY CROWNS
**Ore-Ida
Potatoes**

3/495
10-OZ. PKG.

ASSORTED VARIETIES
FARM FRESH
**Bird's Eye
Vegetables**

4/\$5
14.18-OZ. PKG.



ASSORTED VARIETIES
**Grower's Pride
Orange Juice**

177
64-OZ. CTE.

**Pevely Chocolate
Milk**

189
32-OZ. BOTTLE

ASSORTED VARIETIES
**Jack's
Original Pizza**

4/995
14.18-OZ. PKG.



PRE-PRICED \$1.99
INDIVIDUALLY WRAPPED
SINGLES OR
**Borden BIG
American Cheese**

3/\$5
1.99-OZ. PKG.

ASSORTED VARIETIES
**Dawn Ultra
Dish Liquid**

187
32-OZ. BOTTLE

ASSORTED VARIETIES, POWDER
OR LIQUID, DISHWASHER
**Cascade
Detergent**

2/395
45.36-OZ. PKG.



LIQUID, BOTTLE OR REFILL
**Downy Fabric
Softener**

2/695
40-OZ. PKG.

ASSORTED VARIETIES
**Bounce Fabric
Softener Sheets**

ASSORTED VARIETIES
**Swanson
Pot Pies**

5/249
1.99-OZ. PKG.

ASSORTED FLAVORS
**Prairie Farms
Ice Cream**

399
4-QUART PKG.

BEER, LIQUOR, WINE & CORDIAL **Values**



**Budweiser or
Bud Light**

1297
24/12-OZ. CANS



REGULAR, LIGHT OR ICE
Milwaukee's Best

697
24/12-OZ. CANS



SELECTED VARIETIES
Franzia

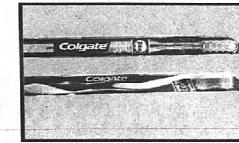
637
5-LTR. BOX

HEALTH & HOME **Values**



24-CT. CAPLETS, TABLETS,
GEL CAPS OR 20-CT. LIQUID-GELS
Advil

179



**Colgate
Total or Wave
Toothbrushes**

188
EACH

LIQUOR PRICES GOOD AT ILLINOIS STORES ONLY. SOME ITEMS NOT AVAILABLE AT ALL STORES

Tequila.....**499**
1.99-LTR. BTL.

**Natural
Light**.....**797**
24/12-OZ. CANS

GENUINE DRAFT LIGHT
**Genuine Draft
or Miller Lite**.....**617**
1.99-LTR. BTL.

REGULAR, LIGHT
OR DRAFT
Hamms.....**697**
1.99-LTR. BTL.

REGULAR, LIGHT,
ICE OR DRY
Keystone.....**397**
12/12-OZ. CANS

EXTRA OR LIGHT
Corona.....**467**
12/12-OZ. CANS

REGULAR OR LIGHT
Schaeffer.....**397**
12/12-OZ. CANS

OUR LOW SALE PRICE \$12.97
**Seagram's
7-Crown**.....**1147**
AFTER \$1.50 OFF MAIL-IN REBATE AVAILABLE IN ILLINOIS

ASSORTED VARIETIES
**DeKuyper
Schnapps**.....**648**
1.99-LTR. BTL.

SELECTED VARIETIES
Paul Masson**3/999**
1.99-LTR. BTL.

REGULAR, LIGHT OR ICE
Milwaukee's Best

697
24/12-OZ. CANS

EXTRA OR LIGHT
Corona.....**467**
12/12-OZ. CANS

CARENET SAUVIGNON,
CHARDONNAY
OR MERLOT
Vendange.....**599**
1.99-LTR. BTL.

ASSORTED VARIETIES
**Carlo
Rossi**.....**649**
1.99-LTR. BTL.

ASSORTED VARIETIES
**Seagram's
Wine Coolers**.....**2/\$5**
4-PACK

**Smirnoff
Vodka**.....**1457**
1.99-LTR. BTL.

**Mr. & Mrs. T's
Mixers**.....**2/\$5**
1.99-LTR. BTL.

SELECTED VARIETIES
**Riunite
Wine**.....**2/\$7**
1.99-LTR. BTL.

MEAL
**Slim Fast on
The Go Bars**.....**4/\$3**
1.99-OZ. PKG.

ULTRA NOSE STRIPS OR
**Blot Facial
Cloths**.....**479**
6-CT. PKG.

3/4" SHEER OR PLASTIC
DOES NOT INCLUDE FLEX
Curad Strips.....**99¢**
10-CT. PKG.

2-CT. C OR D OR 1-CT. B-VOLT
**Sony
Batteries**.....**149**
1.99-LTR. BTL.

AA OR AAA
**Sony
Batteries**.....**149**
1.99-LTR. BTL.

**Gold Bond
Medicated Lotion**.....**279**
8-OZ. BTL.

EXTRA OR LIGHT
Corona.....**467**
12/12-OZ. CANS

Dexatrim.....**399**
30-CT. PKG.

DOES NOT INCLUDE GEL
**Men's or Ladies
Speedstick**.....**147**
1.99-LTR. BTL.

15-OZ. POWDER, BATH WASH,
LOTION, SHAMPOO OR 14-15-OZ. OIL
**J&J
Baby Toiletries**.....**239**
1.99-LTR. BTL.

AAA
**Sony
Batteries**.....**149**
1.99-LTR. BTL.

AA OR AAA
**Sony
Batteries**.....**149**
1.99-LTR. BTL.

**Gold Bond
Medicated Lotion**.....**279**
8-OZ. BTL.

EXTRA OR LIGHT
Corona.....**467**
12/12-OZ. CANS

**Please Be
Responsible.
Don't Drink
& Drive**

Celebrate

30 YEARS OF HEROES Special Olympics



Kimberly-Clark



**Keep Their Dream Alive
When you Purchase the Products You Trust.**

Special Olympics is an international program that provides the opportunity for more than one million persons with mental retardation to train and compete year-round in Olympic-Type sporting events.



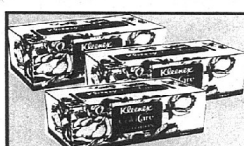
BUNDLE PACK
Hi Dri
Paper Towels

2/598
6-ROLL
PKG.



DOUBLE 6 ROLL OR ULTRA
Kleenex Cottonelle
Bath Tissue

2/597
12-ROLL
PKG.



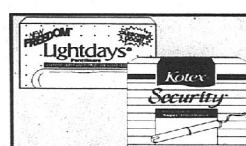
ASSORTED VARIETIES
Kleenex
Facial Tissues

3/\$4
144-250 CT.
PKG.



Kleenex
Dinner Napkins

119
45-CT.
PKG.



ASSORTED VARIETIES
New Freedom or
Kotex Feminine Care

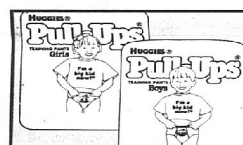
197
14-24 CT.
PKG.

**Help Support
Special Olympics By
Purchasing These
Kimberly-Clark
Products**



ORIGINAL OR NATURAL CARE
Huggies
Baby Wipes

2/495
80-CT.
PKG.



GOODNITES OR
Huggies
Pull-Ups

629
9-17 CT.
PKG.



ASSORTED VARIETIES, ULTRA THIN
Huggies
Supreme Diapers

1199
36-68 CT.
PKG.

**Save Even More
WITH THE SHOP 'N SAVE LABEL!**

DUTCH FARMS GRADE "A"
18-Count
Medium Eggs

49¢
LIMIT 3
OVER THE LIMIT \$1.19

Behold the power
of Cheese.™

www.dovecheese.com ©1995 America's Dairy Farmers



LOW FAT
Shop 'n Save
1/2% Milk

159
GALLON

Shop 'n Save
Shredded Cheese

2/\$3
8-OZ.
PKG.

Shop 'n Save
Spread Bowl

99¢
3-LB.
BOWL

REDUCED FAT
Shop 'n Save
2% Milk

199
GALLON

ORIGINAL OR NATURAL
Shop 'n Save
Apple Sauce

129
50-OZ.
JAR

CONCENTRATED
Shop 'n Save
Orange Juice

88¢
12-OZ.
CAN

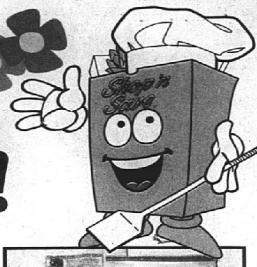




FAMILY PACK
Center Cut
Pork Steaks

97¢
lb.

**Spring
Cookout
SALE!**



ASSORTED VARIETIES
Kraft Barbecue
Sauce

3/99
18-OZ. BTL LIMIT 6



Hickory River
Charcoal Briquets

2/\$5
20-LB. BAG



USDA CHOICE
CORN FED BEEF
Boneless
Shoulder Roast

137
lb.



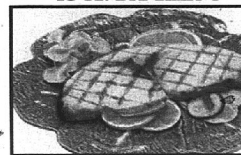
FAMILY PACK
USDA CHOICE CORN FED BEEF
Boneless Charcoal
Steaks

179
lb.



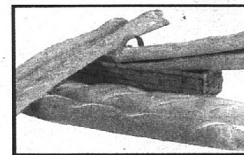
ALL NATURAL CHICKEN
Hudson
Whole Fryers

67¢
lb.



FROZEN
Tenderbird
Chicken Breast

577
3 POUND
BAG



BAKERY DEPARTMENT
BAKED FRESH DAILY
French Bread

79¢
18-OZ. LOAF

FAMILY PACK
Pork
Cutlets.....

199
lb.

Hillshire Farms
Smoked Sausage

179
1-LB. Pkg.

CHOPPED HAM, HAM & CHEESE
OR COMBO PACK
Oscar Mayer
Lunchmeats.....

219
1-LB. Pkg.

COUNTRY
Tennessee Pride
Pork Sausage....

179
1-LB. ROLL

CHUNK
Kahns
Braunschweiger

169
1-LB. Pkg.

GROUND
Jennie-O
Turkey.....

89¢
1-LB. ROLL

ALL BEEF
Holten Thick N
Juicy Patties.....

359
3-LB. BOX

MAPLE FLAVOR
Surrey Farms
Bacon.....

179
1-LB. Pkg.

FARMLAND JUMBO
Deli Franks.....

99¢
1-LB. Pkg.

ASSORTED VARIETIES
Buddig
Sliced Meats

2/99
12-OZ. Pkg.

ASSORTED VARIETIES
Oscar Mayer
Lunchables.....

4/\$5
4.5-OZ. Pkg.

LINKS
Oscar Mayer
Pork Sausage.....

299
lb.

SEAFOOD DEPARTMENT
GREAT ON THE GRILL FROZEN
Swordfish
Steaks.....

399
lb.

SEAFOOD DEPARTMENT
FLASH FROZEN
Shrimp.....

399
lb.

SEAFOOD DEPARTMENT
FLASH FROZEN
Clamper
Fillets.....

399
lb.

DELI DEPARTMENT
BUTTERBALL
Butterball
Turkey Breast...

499
lb.

BAKERY DEPARTMENT
Hamburger or
Hot Dog Buns

99¢
1-Pkg.

BAKERY DEPARTMENT
Glazed
Donuts.....

2/\$5
1-Pkg.

DELI DEPARTMENT
MESQUITTE
Ember's
Roast Beef.....

499
lb.

DELI DEPARTMENT
ALL MEAT, GARLIC OR BEEF
Eckrich
Bologna.....

299
lb.



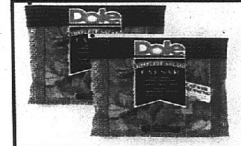
U.S. NO. 1
Russet
Baker Potatoes

38¢
lb.



FLORIDA
Sweet
Yellow Corn

198
5-PACK



REGULAR OR FAT FREE
Dole Complete
Salads

2/\$3
8-10 OZ.
BAG



12-PACK, SPRITE
Coca-Cola Classic
or Diet Coke

2/488
12-OZ.
CANS



Pepsi, Diet Pepsi
or Mountain Dew

67¢
24-CAN CUBE, 12-OZ. CANS 5.59
ORIGINAL OR REDUCED FAT
1810.00 PURCHASE

Fresh
Mangos.....

2/98

113-CT. SIZE
Sunkist
Navel Oranges

5/98

113-CT. SIZE
WASHINGTON STATE
Red or Golden
Delicious Apples

78¢
lb.

CELLO BAG
Fresh
Baby Spinach.....

2/\$3
10-OZ. BAG

Try These Exotic Varieties!
NOT AVAILABLE AT ALL STORES

FRESH
Sno Peas.....

198
lb.

FRESH
Napa.....

98¢
lb.

FRESH
Gallon.....

148
lb.

FRESH
Radicchio.....

248
lb.

FRESH
Cilantro.....

98¢
lb.

BUNCHES
Fresh Green
Onions.....

3/98

SWEET
Yellow
Onions.....

48¢
lb.

DI-HURK
Sweet
Yellow Corn.....

4/98

ROASTED OR SALTED
Gary's
Peanuts.....

198
10-OZ. BAG

6-PACK 1/2 LITER COKE 2/64.88
ASSORTED VARIETIES
Ruffles
Potato Chips

2/395
13.25-OZ.

ASSORTED VARIETIES
Taco Bell
Salsa.....

99¢
1-Pkg.

DELI BROWN OR SQUEEZE
French's
Mustard.....

109
19.11-OZ. BTL.

Wildfire Charcoal
Briquets.....

2/\$7
20-LB. BAG

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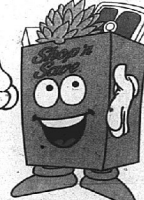
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Automotive

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BMW's 318ti Sport Hatchback is one fun ride

By Tom Strongman

BMW's truncated 318ti is easy to overlook as not being a "real" BMW because it has a four-cylinder engine and looks like an economy hatchback. Yet, my recent test drive in a 318ti Sport proved to be both entertaining and enjoyable.

Even though the 3-series sedan is all-new, the 318ti is a carry-over model that uses the old-style bodywork. The 318ti Sport is the only model sold, and it will be available only in limited numbers. Its price has been reduced by \$1,030 to \$23,300.

The Sport package consists of an aggressive front spoiler like the M3, 16-inch wheels, sports seats, a three-spoke steering wheel and tighter suspension tuning.

Gripping tires and a lack of body roll endow this diminutive coupe with the reflexes of its bigger, six-cylinder sibling and encourage you to skip the freeway and take the back road whenever possible in hopes you will encounter some twisting two-lane pavement.

While its racetrack performance may be hurt slightly by its semi-trailing arm rear suspension, in most everyday driving its cornering behavior is rock solid and loads of fun.

In keeping with BMW's tradition of building

cars with excellent road behavior, the 318ti has powerful and well-balanced brakes, which increase the driver's confidence. All Season Traction limits wheel spin in slippery conditions, and the four-wheel disc brakes have standard anti-lock.

While the other 3-series BMWs have six-cylinder engines, this two-door hatchback still has a 16-valve, dual-overhead-cam (DOHC), 1.9-liter four-cylinder with 138 horsepower.

Although 138 horsepower is not a lot, the closely spaced five-speed manual transmission provides more than adequate acceleration. High-speed cruising gets a bit noisy because the engine turns fairly high rpm in fifth gear, a trade-off that results from a fairly low overall drive ratio.

Shifting is enjoyable because the clutch take-up is smooth and the short gear lever has a direct linkage that moves only a short distance between each shift.

Deeply contoured seats with adjustable under-thigh support are part of the Sport package, and their firm padding makes a significant contribution to overall vehicle comfort. Of course, the back seat is so small it is essentially useless for adults, but it does fold flat to create a load area easily accessed by the rear

hatchback. Large, simple gauges dot the instrument panel and give the driver critical information at a glance. Less successful, however, are the controls for the radio and climate control, which are mounted on an angled panel in the center of the dash. This extra panel is canted slightly toward the driver, but it also faces down just enough to require an extra glance when you want to change radio stations or adjust the cabin temperature.

A small center console runs between the seats and has two small cup holders that look like they were added at the last minute. German car companies have only recently figured out how to do cup holders well, because they do not like them in the home country.

Night driving reveals mediocre headlights, which is most unusual for BMW. The beam pattern was too diffused and the level of light output was adequate at best.

True Bimmerphiles may look askance at the 318ti because of its radical shape and four-cylinder engine, but all in all, I found it appealing because of its affordable price and fun-to-drive personality.

The base price of our test car was \$23,300. Standard equipment included power windows, power mirrors, cruise control, central locking, AM/FM stereo cassette and air conditioning. Add destination charges of \$570 and the sticker price is \$23,870.

The warranty is for four years or 50,000 miles.



Early days of driving were constant adventure

By Rick Stoff

The heroic, golden age of the automobile was, as it turns out, dusty, muddy and often dark.

At the turn of the century, when motoring was a new and exciting adventure, roads were mostly unpaved.

Motoring drivers spent much of their time under their cars and struggling to make repairs after midnight in hopes of someday returning home.

For years after the car became a commercial product, its technology

remained at the level of a home-built gadget. Just starting the car was a lengthy process requiring the skills and knowledge of a professional mechanic.

A typical start-up routine might have gone something like this: "Check petrol and water tanks, turn on tap to carburetor, switch on the accumulator, engage brake, disengage clutch, place speed-change lever in neutral, open throttle, retard ignition, tickle carburetor float, insert crank and pull up against compression."

Authors Raymond Flower and Michael Wynn Jones described the procedure in their book "100 Years on the Road: A Social History of the Car" (McGraw-Hill Book Company). Often the process didn't work, despite laborious hand-cranking by the frustrated motorist.

Flower and Jones wrote that a driving textbook at the time offered the advice, "It may be, however, that the handle will be turned for a considerable time and yet the engine will not start. In this case it is no use to go on working oneself into a heat at the handle, and it is better to look around and see whether something has not been overlooked."

After the car started and hit the road, the challenges tended to loom larger. Tires were as sturdy as sponge cake, and most roads were littered with nails shed by generations of horseshoes. It took a while for anyone to think of equipping cars with spare wheels and tires, so each flat necessitated at least half an hour of gritty, sweaty repair work and hand air pumping. Each drive could generate two or three flats.

Every part of the car was a failure in

waiting. Those early motoring books advised drivers to carry a store's worth of parts on their journeys.

"Not less than two oiler tire covers should be carried as well as, say, half a dozen inner tubes, bolts and nuts of every size and shape; two spare inlet and exhaust valves, sparking plugs (six) if the ignition is high tension, and a complete magneto; a spare battery fully charged; for high-tension ignition, plenty of insulated wire, copper wire, rubber tubing of the same gauge as the copper piping of the water system; a spare water pump; belting for the fan (if belt-driven)."

And you don't want to know what it was like to drive a car with hard, skinty, treadless tires on city streets "where a light rain had soot-fuped the layers of horse manure."

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Miniature room

Granite City's Charlotte Ervin takes some pride in a creation she made during a Bellville Area College Saturday Experience class at BAC's Granite City Campus. Ervin turned a cigar box into a miniature room, complete with wallpaper, carpet and furniture. The class is one of many offered at BAC campuses each spring.

SLU student government takes, approves no-confidence vote

By Sonia Ahuja
Staff writer

Differences between students and the administration at Saint Louis University climaxed last week, with students taking a "no-confidence" vote against their administration.

The Student Government Association Wednesday voted 25-9 in favor of the measure. It comes just two weeks after SLU officials announced a parking fee increase for students, faculty, staff and visitors.

The fee increase takes effect July 1. Students who currently pay \$200 a year will now pay \$330, for example.

The increase has led to student and faculty protests, and a plea for more involvement by students, faculty and staff in the university's decision-making process.

A vote of "no confidence" — the strongest statement an elected student body can make — means students do not support the administration, said Joseph Hodes, SGA president. He said Wednesday's vote was the first time in SLU's history that students even voted on a no-confidence measure.

"Parking is really a minor issue," Hodes said. "It has gotten a lot of attention, because it affects the pocketbook. What we are really objecting to is the way the university makes its decisions."

The SGA has opposed the fee increase and is requesting seats for students, faculty and staff on the university's President's Coordinating Council (PCC) and its Board of Trustees. It also is seeking to publicize the representation issue.

Students aren't the only ones who want more representation. The Faculty Senate Tuesday voted to reject the parking fee increase and to approve a request for seats for students, faculty and staff on the PCC. It tabled a no-confidence vote.

"Shared governance has been talked about for years at the university, but it has not actually existed," said Lyn Amine, Senate president.

Prior to Wednesday's vote, the SGA had hoped SLU officials — namely the Rev. Lawrence Biondi, president, and James Kimmey, vice president — would respond favorably to the request for increased representation.

Hodes said Biondi's response, issued Monday in a memo, was unsatisfactory to most SGA members. In the memo, Biondi said he would ask the trustees to consider allowing a student to sit on their board.

"Father Biondi did not say he would support our request for a seat on the board," Hodes said.

In the memo, Biondi did not mention the SGA's request for seats on the PCC but said students, faculty and staff may present their views to the PCC on a regular basis.

Hodes said he hopes the administration will be able to settle the differences.

"It would take a reversal of the parking fee increase as it now stands and increased

presence of students, faculty and staff at the decision-making table to repeal the no-confidence vote," he said.

Biondi's office is attempting to arrange a meeting next week with Biondi and representatives of the SGA and the Faculty Senate, said Sandra Johnson, university provost, on Thursday.

Some students are already seeking alternatives to parking on campus, Hodes said. Some students pay for permits to park in nearby non-university lots such as the Fox Theatre on Grand Boulevard and the Masonic Temple on Lindell Boulevard, for example.

"Parking is really a minor issue. It has gotten a lot of attention because it affects the pocketbook. What we are really objecting to is the way the university makes its decisions."

Joseph Hodes
SLU Student Body President

Cardinals' famed logo subject of Ferguson center display

By Greg Uptain
Staff writer

As Cardinals fans prepare for the smell of hot dogs and the crack of the bat, they can grow nostalgic about the team's legendary uniform logo through a local display.

The Ferguson Residential Resource Center, 108 Church St., is hosting a display featuring memorabilia of the late Allie May Keaton, a Ferguson resident who designed the Cardinal-birds-on-a-bat logo that has prominently perched on the team's uniform every year but one since 1922.

"We needed to come up with a trivia question about Ferguson, and we found it (a picture of Keaton) in the old book the Historical Society has," said Theresa Carper, director of the resource center. The items were loaned to the Ferguson Residential Resource Center by a relative of Keaton. Keaton died in 1977.

The glass case features such things as: Keaton's original birds design; a Cardinal hood

ornament she had on her car; Cardinal decals given to Keaton by team members; a Cardinal book; a picture of Keaton pointing to the Cardinal design on Stan Musial's uniform; a ball with players' names; a picture of Keaton's childhood home at 37 N. Clark Ave., now home to the Oak Knoll Nursing Rehabilitation Center; and a guestbook from a March 1944 dinner at Keaton's home featuring the signatures of players like Musial, Marty Marion, Walker Cooper and Pepper Martin.

"She was a big baseball fan, a big Cardinals fan," Carper said. "She really enjoyed baseball."

The logo came about because of a meeting of the civic organization, Men's Brotherhood, that took place Feb. 16, 1922, at the First Presbyterian Church of Ferguson. That meeting featured Cardinals Vice-President Branch Rickey as one of the speakers. Keaton was commissioned by her father, Edward

Schmidt, a commercial artist who designed an addition to the old Sportsman's Park, to come up with the decorations for the meeting. One snowy day she saw some Cardinal birds flying around, creating a beautiful red and white image and used that for the meeting decorations.

Rickey fell in love with the idea of using the birds as a logo, because, up until that time, the Cardinal nickname had only symbolized the color of the team's socks.

The team used the birds on the uniform for the first time during the 1922 season. The Cardinals finished in a tie for third place that year, which tied the highest finish any of the previous Cardinal teams could muster in this century.

But, the team soon took off after that, reeling off six world championships in the next 21 years.

Cardinals fans howled in protest when then-general manager Frank Lane took the Redbirds off the uniform shirt in 1956. He put it back on in 1957.

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One-time Soldiers Memorial USO volunteers organizing reunion

By Kim Wright
Staff writer

The United Services Organization was a way of life for one St. Louis family following the Korean War and during the one in Vietnam. For volunteers Nick and Grace Skibinski and Anthony and Lena Indelicato, the service members and volunteers who frequented the Soldiers Memorial USO from 1958 until 1970 were like family members.

To honor Nick and Anthony, who have since died, and her still living mother, Lena, Grace Skibinski would like to organize a Soldiers Memorial USO reunion.

"We felt close to the boys and gals that came in," said

Skibinski, of Black Jack. "I would love to see some of these people again."

Any service member or junior and senior volunteer who was a part of the Soldiers Memorial USO during the late 1950s, 1960s and early 1970s can contact Grace Skibinski during the evenings at (314) 688-0098.

The Indelicatos, Skibinski's parents, were instrumental in keeping the USO going after the Korean War. Her parents were honored by the USO for their services during that period.

Skibinski became involved with the USO after her parish priest suggested she join as a junior volunteer. After joining she would come home and tell her mother that there wasn't

coffee or food for the service members who came in.

"In '58, when I started, things were not all that active," Skibinski said. "She (Lena) would give me things to bring down to the USO."

Shortly after, her mother became involved as a volunteer, and her father, Anthony, followed suit when he realized he would never see his daughter and wife unless he became a volunteer.

Anthony and Lena soon became known as mom and dad or Mr. and Mrs. I.

"We went all out to make this a home away from home," Skibinski said.

The family invited the service members into their home so often that eventually it became a Friday night

ritual.

"They were good kids and wanted to be off the streets," she said. "They knew they were welcome in our home."

Many service members had been drafted and weren't happy about being in St. Louis and away from home, she said.

After just a few months of coming in contact with us and the volunteers at the USO they were really excited because we made them feel at home," she said. "My parents were dedicated to helping to relieve the stress the guys went through."

While at the USO Skibinski and her parents helped organize dances, dinners, picnics and field trips. But it wasn't just what they gave to

the service members but what the service members gave back to them.

"We just had so much fun," she said.

Skibinski met her husband Nick at the USO. After he returned from Vietnam he also became a volunteer. Their baby, Sharon, became the USO baby and her pictures could be found in the USO flyer.

The Indelicatos' dedication to the armed forces began before their service to the USO.

Anthony, a barber from Italy, was a naturalized citizen. During World War II he wanted to serve but was told he was too old. Instead he served by building ships.

Lena had three brothers and one brother-in-law in the

service during World War II. During that time she religiously wrote letters to each of her brothers. She also traveled to visit each one before they shipped over seas.

"They both had a strong dedication to the Armed Forces," Skibinski said.

To honor the memory of all the hard work and dedication her family put in at the USO, Skibinski wants to bring in all the volunteers and service members who frequented the Soldiers Memorial USO.

"I think it will be a wonderful thing to bring together old friends," she said. "It's a labor of love for what they did for us."

St. Ann family shares \$ 8 million Illinois Lottery Lotto prize check

By Kim Wright
Staff writer

More than 15 years of persistence has paid off big for one St. Ann family.

Marianne Kreckel, 70, has traveled across the Mississippi River for more than a decade to play the same six numbers in the Illinois lottery. It finally paid off recently when she, her husband and youngest daughter were the sole winners of the \$8-million pot.

"I thought she was going to

have a heart attack," said her 74-year-old husband, Milford. "She just sat hugging the couch and couldn't wait for our daughter to come home."

Although she had the winning numbers Feb. 13, Marianne waited to bring in the winning ticket until she had everything straightened out, she said.

"We were worried about getting the ticket to Illinois," she said.

The family was awarded its commemorative check March

25.

The couple and their daughter Annette, 39, will share their winnings with the family's other five children.

"The children are all very happy," Marianne said. "They never had allowances, and I figure this will take care of it."

"We always dreamed that it would be nice if we won \$7 million," Milford said. "Now we will have eight equal shares."

The day after the ceremony,

Marianne received an abundance of phone calls from old friends, media and acquaintances.

"My wife finally got to be queen for a day," said Milford, a retired serviceman with 13 and a half years in the Navy and a half in the Air Force.

She was so busy with her phone calls that she didn't even have time to drink her coffee while it was hot, she said. So later that night they went to a restaurant where so

many people approached her that she had cold coffee and food, she said.

"One of the best things to come out of this is I had an old friend call who I've lost contact with and haven't spoke to in years," she said.

With their newfound wealth the Kreckels plan to fix things around the house.

"We've been here since '57 and it needs repairs," Marianne said.

Other than the repairs, the Kreckels say the money won't

change their lives. Marianne will continue to religiously play bingo as well as the Missouri and Illinois lotteries.

"We will live a little nicer," Marianne said. "But, I've lived this way all my life, and nothing is going to change."

The Kreckels know what it's like to pinch their pennies. When Milford was in the service, Marianne stayed at home with six children, no car and no driver's license.

"God was watching over us, and we have been lucky."

Fields honored for improving St. Louis city health office, conditions

By Clayton Berry
Staff writer

Communicable disease rates were high and immunization rates were low.

The St. Louis Department of Health and Hospitals was in need of its own emergency care less than two years ago. That's when newly-elected Mayor Clarence Harmon appointed a new director for the department, Dr. Larry Fields.

Some 18 months later, the Missouri Department of Health

is recognizing the city health department, Fields and other key officials for their efforts to put the system on the road to recovery.

Dr. Maureen E. Dempsey, director of the Missouri Department of Health, wrote Harmon a letter which outlined the improvements. On April 5, Harmon awarded certificates to representatives of several health department programs.

When he came into office in 1997, Harmon said the city was receiving failing grades in several areas of health,

including immunization and communicable disease. He said those trends are being reversed.

Harmon thanked Dempsey for her letter saluting the progress the city has made and for acknowledging the priority the administration has placed on public health and health care.

Health has to be a major priority in any administration," Harmon said. "We cannot effectively move the city forward ... if the people of our city are

suffering."

When Fields was brought in, the health department was in a state of disarray. While he's not yet ready to give the department a totally clean bill of health, Fields had no doubts that improvements could be made.

"That was, and continues to be, my conviction," Fields said.

However, Fields was not ready to take credit for the turnaround. He said there are dozens of staff members that had the dedication and the

knowledge base to make it happen.

"It took a lot of hard work and true commitment from the employees," Fields said.

"(The improvements) had a positive impact on the collective public health."

Dempsey pointed out several areas of marked improvement:

- Childhood immunizations. Among the population the health department serves, the rate of immunization jumped dramatically among children under age 2. The rate was only

6.9 percent in 1992. Several years ago, the rate hung at 30 percent. At the end of 1998, the rate was 93.5 percent.

Richelle S. Clark, assistant health department director, said immunization is one of the first lines of defense to protect the public from many diseases.

"Once we knew we had this population immunized, then we did not have to be as concerned about an epidemic breaking out and then having to spend many more hundreds of thousands of dollars to protect the community."

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Notre Dame sisters still help recovery from Hurricane Mitch

By Janet Stanford
Staff writer

The School Sisters of Notre Dame were serving in Honduras 43 years before Hurricane Mitch devastated the country last October, and they are still there, using their skills, knowledge, resources and most of all, their devotion, to help the people there who they struggle to rebuild their lives.

"We didn't know where the next bowl of beans would come from, but we knew it would come," Sister Leetta Hammack said of the days following the hurricane.

She has been serving in Honduras since 1955. A School Sister of Notre Dame for 36 years, she came to St. Louis in February for respite and to participate in provincial elections at the order's motherhouse in Lemay.

"It was a hard time to leave," Sister Leetta said.

She since returned to Honduras at the end of March. Sister Leetta has served in Las Mercedes, a local parish in El Progreso, a town in the department of Yoro, similar to a state in the United States. "I left a lot of my friends

unsettled and in shelters, a lot of projects started," she said.

Sister Leetta serves in women's pastoral care — education, the understanding and protecting of human rights and the economic betterment of households.

The sisters have had a lot of help as they address the needs in Honduras. Ten 40-foot trailers, filled with school supplies, household items, furniture, clothes, food, toys, health supplies, bicycles and tools, have been shipped to Honduras by the school Sisters of Notre Dame, and \$1.1 million has been donated for the relief effort there.

"The response to the SSND Honduran Relief Fund has overwhelmed me," said Sister Luanne Boland, resource development director for the order's St. Louis Province.

"There is no middle man, no administrative cost," she said. "All the funds donated will go to the people who have need there."

"The funds are deposited directly into an account in Honduras, where the sisters can gain direct access the money in dollars."

Tens of thousands of boxes filled with donations were

shipped.

"You could see the love that was put in each package," Sister Leetta said. "When we opened the boxes, everything was clean, neatly packed and folded."

She said items such as lotions were packed in plastic bags, so if they spilled, they would not damage other items. Sister Leetta's eyes brimmed with tears as she spoke of "the gratitude we feel to all the Notre Dames and all the people who are a part of the greater Notre Dame family."

Donations came from all over the country and the world, in addition to the greater St. Louis area.

"They are people who cling to a little piece that will give them hope," Sister Leetta described the Hondurans. "A bag of beans means food tomorrow. They don't need a lot to be satisfied."

Now the School Sisters of Notre Dame are collecting "used, but usable" bikes, as well as supplies for the now-reopening schools. Bicycles have always been an important means of transportation in Honduras, but are especially so now due to limited roadways.



Contributed photo

A joyful noise

Bethel African Methodist Episcopal Church's choir from Madison entertains a gathering at the recent Belleville Area College Gospel Fest '99, which was held at Granite City Campus. The event was part of Black History Month observances at the school and was sponsored by the Minority Transfer Center.

National Markets' folding leaves shopping void in area communities

By Journal Staff

The loss of National Markets will leave a void in North County with its empty buildings and loss of employment, local officials say.

National filed Chapter 7 bankruptcy Friday and was closed for the weekend. The stores were to reopen Tuesday and will be open until 7 p.m. today, said Maxine Goldstein, spokesperson for the bankruptcy trustee, Kathy Suratt-States.

All items, other than pharmacy, will be discounted

at 25 percent, Goldstein said. "It was a surprise to all of us," said Mayor Marty Rudloff of Bellefontaine Neighbors.

The city is actively trying to get a replacement.

The Bellefontaine Neighbors National store, 10223 Lewis and Clark Blvd., will mean a loss of jobs for the community, Rudloff said. It also means a limited choice of grocery stores in the area.

"The shoppers now have a choice of our own Riverview Dairy on Chambers Road or Schnucks in Sierra Vista," Rudloff said. "We all thought National was doing fine."

Another North County location affected by the news of National's bankruptcy filing is at Parker and New Halls Ferry roads. The store lies in unincorporated North County, just outside the Florissant city limits.

Even though the store does not lie within the city, Florissant Mayor James Eagan said the city would still feel the impact if the store

closed.

"I was sorry to learn about National closing the site at Parker and New Halls Ferry roads," Eagan said. "It's very sad because so many good people are going to lose their jobs as a result of the closing."

In concern for the National employees, Schnuck, Dierbergs and Shop 'n Save chains will

hold interviews with employees from National today beginning at 9 a.m. at the local office, 300 Weidman Road, according to information on the hotline operated by Local 655 of the United Food and Commercial Workers Union.

All health claims made by National employees will be paid until the end of May, according to information on the Local 655 hotline.

Bankruptcy Trustee, Kathy Suratt-States, with the Clayton-based law firm of Ziercher & Hocker, P.C. filed the bankruptcy papers. Paul Lerman of Atec Inc. is serving as the liquidator.

Staff writers Kim Wright, Don Scales and Greg Uptain contributed information to this article.

Attorneys: Education key to stopping domestic violence

By Nancy L. Ide
Staff writer

Education is a key factor in helping stop family violence, three local attorneys believe.

Leigh Joy Carson, Marta J. Papa and Jody H. Wolff, all of whom specialize in family law, have organized a symposium on family violence. The program will educate professionals and others about resources and services available to victims or families affected by domestic violence.

"I handle a lot of protection order cases," Papa said. "Unfortunately, I often don't see victims of abuse until they have been suffering for a very long time. They wait until the abuse has become so violent that they have the bruises to prove it, then they contact a lawyer."

Victims often don't know their rights or how the legal system works, Papa said. She said battered women often reach out to a counselor or a person from the religious community first. These professionals need to know about available help, she said.

The symposium will be held from 9:15 a.m. to 12:15 p.m. April 13 at Washington University School of Law. The

program is free and open to the public, although preregistration is required. For more information, or to register, call Marta Papa at 862-0202.

Each of the organizers had a unique role in developing the symposium.

Carson was in charge of letting local clergy know about the program; Wolff contacted administrators of local employee assistance programs; and Papa publicized the symposium among psychologists, social workers and marriage and family counselors.

The panel of speakers at the symposium will include: Judge Thomas Frawley, administrative judge of the family court in St. Louis; Dee Joyce-Hayes, circuit attorney for the city of St. Louis; and Ron Henderson, St. Louis police chief. These officials will be joined by experts on abuse-prevention programs and from the Missouri Coalition Against Domestic Violence.

The symposium also will include a "Silent Witness" exhibit — silhouettes of women who were killed due to domestic violence. Each of the women holds a shield.

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Agood scroll saw is essential for every home hobbyist

You've probably noticed how many craft and project plans call for intricate scroll cuts. That's why many experienced hobbyists and home craftspeople know it's essential to have a good scroll saw. For every project and craft, from holiday knickknacks to elaborate gun racks, using a scroll saw is the best way to achieve the detailed, curved cuts these projects require.

There are now variable speed scroll saws available that combine professional features and a low price. These saws provide craftspeople and hobbyists the added versatility of cutting a wide range of work materials from metals and plastics to all kinds of wood.

Variable speed scroll saws are so valuable to hobbyists because many of today's craft and hobby projects require cutting several different types of materials. These different materials call for different cutting speeds. For example, wood needs a higher saw speed than that for metal or plastic.

Using a variable speed scroll saw is easy,

but it helps to know some of the basics. To match the blade and speed to the project, several variables must be considered. Material type, workpiece thickness, material feed rate, blade type and teeth-per-inch, and most importantly, saw speed, are critical to achieve good results. With most projects, factors such as material type and thickness are dictated to the craftsman by the project being worked on. By combining the right blade and blade speed, a smooth cut requiring no additional finish work can be made every time, all with just one tool.

First, match the proper blade to the project. When selecting a blade, consider the type of material to be cut and what type of cut is desired, such as a straight, bevel or intricate scroll cut. For projects requiring fine cuts in many different directions, use a spiral blade.

This type of blade has teeth all around and can cut in any direction without turning the workpiece. For projects requiring metal cutting, use a metal piercing blade. Pin-end blades are very durable multipurpose blades,

while plain-end blades are best for extremely intricate cuts because the blade has a very narrow width and thickness. Most scroll saws on the market accept either pin or plain-end blades, but not both.

Once a blade has been selected, the craftsman should match the correct cutting speed with the material. Different project materials have different densities and properties that require a range of saw speeds and material feed rates. Ignoring these differences will only result in damaged work materials, broken blades and a poor finished edge.

Selecting the proper saw speed can sometimes be a tricky process. It's logical to think that soft woods and plastics would require the same blade speed, because each is easy to cut. Just the opposite is true. When cutting plastics, a slower speed — around 300 to 350 strokes per minute — should be used. Higher blade speeds melt the plastic, allowing it to weld back together behind the blade.

Because softwoods are quite porous, faster speeds of around 1,600 to 2,000 SPM can be

used.

When working on projects requiring metal cutting, blade breakage can become a problem. Too fast a blade speed causes the blade to heat up, lose its hardness and break prematurely. The variable speed scroll saw solves this problem. With a blade speed of about 500 to 750 SPM, craftspeople can cut metal without breaking blades.

A similar problem when cutting hardwoods also is caused by blade heatup. By cutting hardwoods with too high a saw speed, the blade heats up, causing burns to the workpiece. With the variable speed scroll saw, the patient craftsman lets the blade work its way through the dense material at a saw speed of 1,200 to 1,400 SPM.

Today's variable speed scroll saws offer a range of price and features that make them excellent tools for weekend do-it-yourselfers and home workshops. For example, one of the best buys is Dremel's Model 1088 Variable Speed Scroll Saw. Priced at around \$260, it offers many of the features you would expect to find on saws costing twice as much.

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NEW LISTING

BRICK RANCH with attached 2 car garage, newer roof, thermo-paneled windows, built-in kitchen with dish washer, range oven and refrigerator. School district 70's. \$1355

BACK ON THE MARKET - FINANCING FILL THROUGH Spacious Brick Ranch home. 4 BR, 2 1/2 bath, large living room, large kitchen, \$1718

GREAT PRICE REDUCTIONS

PRICE REDUCED! OWNER SAYS "SELL QUICK" Large two bedroom ranch home. New roof, fenced and updated beautifully. Family size kitchen, lots of storage, garden full of fruit & much more, one owner. Low \$205 \$155

THE EASTER BUNNY SEZ - THIS IS A BLDG. PRICED REDUCED Approx. 1 1/2 miles to the airport to be largest industrial park in the Midwest. Brick, 1980's, well equipped parking. Easy access to all major interstates. Motivated seller. \$1527

EASTER GIG YELLOW New deck, roof, newer furnace & A/C. Interior completely remodeled. Full basement. Let us price in the low \$200's. \$1535

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RESIDENTIAL

PRIVATE DOCK! Three bedroom ranch on a lake! Priced to sell this lovely home offers 1 1/2 baths, storage, full kitchen, motion light, alarm system, ceiling fans, large 2 car garage, first floor laundry, sliding doors to comfortable deck, new roof and much more. Call for your chance to see this price. \$1699

CHARMING BRICK COTTAGE close to the park. Two story colonial style, cheerful dining room, a full basement and full bathroom. Clean and clean, just move right in. \$1599

GREAT 2 BEDROOM HOME with a nice front porch. Newly redecorated with wallpaper and carpet. Back off kitchen and fenced back yard. One car detached garage. Full basement. Priced for you in the \$50's. \$1545

LOOK AT THIS INVESTMENT OPPORTUNITY! A 2 bedroom home with all new carpets and floor tile, lots of attractive kitchen cabinets, stove and refrigerator. This great home has a big front lawn, partially fenced yard, 1 car garage, and basement priced to sell in the mid \$20's. Call for more information. \$275

REDUCED This lovely 3 bedroom ranch has a large kitchen with lots of cabinets. Nice size rooms, one year homeowner warranty. Priced in the lower \$50's. \$1771

DOLL HOUSE! This darling 3 bedroom ranch has a 2 car garage, new siding, windows, roof, there's an above ground pool and is zoned for commercial use. Must see! Won't last! \$1600

OWNER LOOKING for a quick sale and this home is priced to sell! This 2 bedroom with a nice fenced yard can be yours. \$50's

COMMERCIAL

GREAT COMMERCIAL LOCATION with large 2 car garage, full basement with attached garage area. Paved parking lot. Call for details. \$145

REDUCED! REDUCED! PRICED TO SELL! Commercial property with over 1000 sq. ft. of space. Great parking and lots of room for expansion. Call for details. \$145

CONVENIENT TO INTERSTATE 3 3 BR, 2 1/2 bath w/2 car attached garage. Large living room, open floor plan for kitchen, medium new carpet, fenced rear lawn. \$1495

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LIKE NEW 3 BEDROOM RANCH, very nicely decorated. Large great room with vaulted ceiling and piano shelves. Fully finished back yard and beautiful landscaping. \$249,900

NEWLY UPDATED DOULHOUSE, 2 BR, 1 1/2 bath, full kitchen, full bathroom, detached oversized garage. Vinyl siding, new roof. Won't last long! \$64,950

THIS HOME HAS LOTS TO OFFER! 2 bedrooms, 1 1/2 bath laundry, 1 car detached garage. Needs some work. \$4185

IDEAL RENTAL, newer roof, 2nd amp electric, 1st floor laundry, 1 car detached garage. Needs some work. \$4185

COMBINE SMALL BUSINESS WITH LIVING! Two story 388 spacious home. Large living room, full kitchen, full bathroom, plenty of parking. Take a look. \$499

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